Breastfeeding Resource Guide

Meeker, McLeod, Sibley - Community Health Services

PUBLIC HEALTH

McLeod County
320-864-3144

Meeker County
320-693-5370

Sibley County
507-237-4000

MINNESOTA WIC

The Women, Infants, and Children (WIC) program and WIC's peer breastfeeding support program offer additional support. All staff are CLC/CLS trained nurses and Registered Dietitians.

HOSPITALS

Glencoe Regional Health
OB Unit and CLC on staff.
320-864-7713

Hutchinson Health Birthcare
IBCLC on staff.
320-484-4620

Meeker Memorial
Breastfeeding Clinic and IBCLC on staff.
320-373-3028

New Ulm Medical Center
IBCLC on staff.
507-217-5333

Ridgeview Medical Lactation Department
IBCLC on staff
952-777-4658

TELEPHONE SUPPORT

Office of Women's Health National Breastfeeding Resource Line
Phone lines staffed 8am-5pm, English and Spanish.
800-994-9662
Online

Infant Risk Center
Questions about medications and breastfeeding.
M-F, 8am-5pm CST
806-352-2519
Online

BREAST-FEEDING & PRENATAL CLASSES

Hutchinson Health
Registration available online or call 320-484-4513.

Glencoe Regional Health
Registration available online or call 320-864-7824.

New Ulm Medical Center
Call the OB Unit at 507-217-5333.

Meeker Memorial
Registration available online or call 320-693-4590.

Ridgeview Medical Center
Registration available online or call 952-777-4646.

BREASTFEEDING SUPPLIES & PUMPS

Adapt Health- Hutchinson
320-234-5110

Waconia
Ridgeview Medical Center
952-777-4658

Willmar
Rice Home Medical
320-235-8434
Online

Milk Moms
www.milkmoms.com

NEB Doctors of MN
www.nebdr.com

*No endorsement of service or quality is being implied or promoted.

FLANGE REPLACEMENT & PUMP SUPPORT

Some breast pump manufacturers offer complimentary flange replacements or sizing assistance. Contact your pump manufacturer directly to learn about available programs.

Hygeia
1-714-442-7809 Ext: 2
or
1-888-786-7466
customer.service@hygeiababy.com

Motif Medical
1-844-272-8390
hello@motifmedical.com

Zomee
1-888-662-7159
support@zomee.com

COMMUNITY GROUPS & DOULAS

World Breastfeeding Week Event
Hosted annually in August during World Breastfeeding Week.
Follow the event page on Facebook for information and updates

Minnesota Doula Registry
https://www.health.state.mn.us/facilities/providers/doula/registry.html

ONLINE RESOURCES

La Leche League International
FAQ's, breastfeeding information, find a group.
www.llli.org

Stanford Medicine Newborn Nursery
Video clips and resource listing.
www.med.stanford.edu/newborns

Online Resource Guide
Search "Your Guide to Breastfeeding".
www.womenshealth.gov

KellyMom
Breastfeeding information, common concerns, message boards and forums.
www.kellymom.com

Minnesota Department of Health Pumping and Workplaces
Know your rights when returning to work and pumping breast milk.
www.health.state.mn.us

Breastfeeding Made Simple
Common concerns, benefits of breastfeeding, and video clips.
www.breastfeedingmadesimple.com

Minnesota Breastfeeding Coalition
Links to resources, laws, and events.
www.mnbreastfeedingcoalition.org

MN Milk Bank for Babies
Donate breast milk for babies in need.
www.mnmilkbank.org

Low Milk Supply
Support for mothers experiencing low breast milk production.
www.lowmilksupply.org

Work and Pump
Back to work basics, boosting milk supply, topics A-Z.
www.workandpump.com

Scan the QR code to view our website.

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For most recent resource guide, please see our website:
https://mmspublichealth.org/current-initiatives/crow-river-breastfeeding-coalition/