# Breastfeeding Resource Guide

Crow River Area Breastfeeding Coalition



### public health







### **McLeod County**

320-864-3185

**Meeker County** 320-693-5370

**Sibley County** 507-237-4000

### Glencoe Regional Health

OB Unit and CLC on staff. 320-864-7713

### **Hutchinson Health Birthcare**

IBCLC on staff. 320-484-4620

### **Meeker Memorial**

Breastfeeding Clinic and IBCLC on staff. 320-373-3028

### **Infant Risk Center**

Questions about medications and breastfeeding. M-F, 8am-5pm CST 806-352-2519 Online

### **Hutchinson Health**

Registration available <u>online</u> or call 320-484-4513.

### Glencoe Regional Health

Registration available <u>online</u> or call 320-864-7824.

### New Ulm Medical Center

Call the OB Unit at 507-217-5333.



Breastfeeding support is offered through postpartum newborn home visits to all women. The Women, Infants, and Children (WIC) program and WIC's peer breastfeeding support program offer additional support. CLC/CLS trained nurses and Registered Dietitians.

### **New Ulm Medical Center**

IBCLC on staff. 507-217-5333

### Ridgeview Medical Lactation Department

IBCLC on staff. 952-777-4658

### Office of Women's Health National Breastfeeding Resource Line

Phone lines staffed 8am-5pm, English and Spanish. 800-994-9662 Online

### **Meeker Memorial**

Registration available <u>online</u> or call 320-693-4590.

### **Ridgeview Medical Center**

Registration available <u>online</u> or call 952-777-4646.





## COMMUNITY GROUPS &



### Hutchinson

Adapt Health 320-234-5110

### **Thrifty White**

320-587-2509

### Litchfield Breastfeeding Clinic

Meeker Memorial offers outpatient prenatal and postpartum appointments available. Dispense insurance breast pumps, sizing of breast pump flanges, and the ability to test breast pump suction level. 320-373-3028

### Milk Moms

www.milkmoms.com

### **NEB Doctors of MN**

www.nebdr.com

### La Leche League International

FAQ's, breastfeeding information, find a group. www.llli.org

### **Work and Pump**

Back to work basics, boosting milk supply, topics A-Z. www.workandpump.com

### **Minnesota Breastfeeding Coalition**

Links to resources, laws, and events. www.mnbreastfeedingcoalition.org

### MN Milk Bank for Babies

Donate breast milk for babies in need.

www.mnmilkbank.org

### **Stanford Medicine Newborn Nursery**

Video clips and resource listing. www.med.stanford.edu/newborns

### TLC - The Lactation Corner

Search Facebook "The Lactation Corner" to join the support group. Call or text Meg at 320-296-8003 for virtual and in-person meeting information.

### Doula Julia LLC

Birth Doula Julia Aho doulajulia.aĥo@gmail.com 612-358-1556

### World Breastfeeding Week Event

Hosted annually in August. Like our Crow River Area Breastfeeding Coalition Facebook page for info.

### New Ulm

Adapt Health 507-217-5585

### Waconia

Ridgeview Medical Center 952-777-4658

### Willmar

Rice Home Medical 320-235-8434 Online

\*No endorsement of service or quality is being

### Minnesota Department of Health **Pumping and Workplaces**

Know your rights when returning to work and pumping breast milk. www.health.state.mn.us

### KellyMom

Breastfeeding information, common concerns, message boards and forums. www.kellymom.com

### **Breastfeeding Made Simple**

Common concerns, benefits of breastfeeding, and video clips. www.breastfeedingmadesimple.com

### Low Milk Supply

Support for mothers experiencing low breast milk production. www.lowmilksupply.org

### Online Resource Guide

Search "Your Guide to Breastfeeding". www.womenshealth.gov

### Bonded by the Womb Doula Services bondedbythewombdoulas@gmail.com

320-510-4128

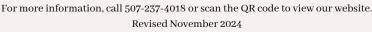
### **Tiny Crow Doulas**

katerikormann@gmail.com 313-600-0368

### **Sweet Pea Doula Services**

sweetpeadoulamn@gmail.com 507-237-6426





For most recent resource guide, please see our website.

