

Breastfeeding Resource Guide

Crow River Area Breastfeeding Coalition



Public Health
Prevent. Promote. Protect.

Meeker McLeod Sibley
Community Health Services

LOCAL
public
health



LOCAL
hospitals



TELEPHONE
support

BREASTFEEDING &
prenatal
classes



McLeod County
320-864-3185

Meeker County
320-693-5370

Sibley County
507-237-4000

Glencoe Regional Health
OB Unit and CLC on staff.
320-864-7713

Hutchinson Health Birthcare
IBCLC on staff.
320-484-4620

Meeker Memorial
Breastfeeding Clinic and
IBCLC on staff.
320-373-3028

Infant Risk Center
Questions about medications
and breastfeeding.
M-F, 8am-5pm CST
806-352-2519
[Online](#)

Hutchinson Health
Registration available [online](#) or
call 320-484-4513.

Glencoe Regional Health
Registration available [online](#) or
call 320-864-7824.

New Ulm Medical Center
Call the OB Unit at
507-217-5333.



Breastfeeding support is offered through postpartum newborn home visits to all women. The Women, Infants, and Children (WIC) program and WIC's peer breastfeeding support program offer additional support. CLC/CLS trained nurses and Registered Dietitians.

New Ulm Medical Center
IBCLC on staff.
507-217-5333

**Ridgeview Medical
Lactation Department**
IBCLC on staff.
952-777-4658

**Office of Women's Health
National Breastfeeding
Resource Line**
Phone lines staffed 8am-5pm,
English and Spanish.
800-994-9662
[Online](#)

Meeker Memorial
Registration available [online](#) or
call 320-693-4590.

Ridgeview Medical Center
Registration available [online](#) or
call 952-777-4646.

BREASTFEEDING supplies & pumps



ONLINE resources

COMMUNITY GROUPS & local doulas



Hutchinson
Adapt Health
320-234-5110

Thrifty White
320-587-2509

Litchfield Breastfeeding Clinic
Meeker Memorial offers outpatient prenatal and postpartum appointments available. Dispense insurance breast pumps, sizing of breast pump flanges, and the ability to test breast pump suction level.
320-373-3028

Milk Moms
www.milkmoms.com

NEB Doctors of MN
www.nebdr.com

La Leche League International
FAQ's, breastfeeding information, find a group.
www.llli.org

Work and Pump
Back to work basics, boosting milk supply, topics A-Z.
www.workandpump.com

Minnesota Breastfeeding Coalition
Links to resources, laws, and events.
www.mnbreastfeedingcoalition.org

MN Milk Bank for Babies
Donate breast milk for babies in need.
www.mnmilkbank.org

Stanford Medicine Newborn Nursery
Video clips and resource listing.
www.med.stanford.edu/newborns

TLC - The Lactation Corner
Search Facebook "The Lactation Corner" to join the support group. Call or text Meg at 320-296-8003 for virtual and in-person meeting information.

Doula Julia LLC
Birth Doula Julia Aho
doulajulia.aho@gmail.com
612-358-1556

World Breastfeeding Week Event
Hosted annually in August.
Like our Crow River Area Breastfeeding Coalition [Facebook](#) page for info.



New Ulm
Adapt Health
507-217-5585

Waconia
Ridgeview Medical Center
952-777-4658

Willmar
Rice Home Medical
320-235-8434
[Online](#)

**No endorsement of service or quality is being implied or promoted.*

Minnesota Department of Health Pumping and Workplaces
Know your rights when returning to work and pumping breast milk.
www.health.state.mn.us

KellyMom
Breastfeeding information, common concerns, message boards and forums.
www.kellymom.com

Breastfeeding Made Simple
Common concerns, benefits of breastfeeding, and video clips.
www.breastfeedingmadesimple.com

Low Milk Supply
Support for mothers experiencing low breast milk production.
www.lowmilksupply.org

Online Resource Guide
Search "Your Guide to Breastfeeding".
www.womenshealth.gov

Bonded by the Womb Doula Services
bondedbythewombdoulas@gmail.com
320-510-4128

Tiny Crow Doulas
katerikormann@gmail.com
313-600-0368

Sweet Pea Doula Services
sweetpeadoulamn@gmail.com
507-237-6426

For more information, call 507-237-4018 or scan the QR code to view our website.

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For most recent resource guide, please see our website.

