



**Public Health**  
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**Meeker McLeod Sibley**  
**Community Health Services**

# **2023 Community Health Survey Results Hispanic Sample**

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## **Introduction**

In 2009, Meeker McLeod Sibley Community Health Services (MMS) began receiving funding from the Minnesota Department of Health through the Statewide Health Improvement Partnership (SHIP). SHIP aims to improve the health of Minnesotans by reducing tobacco use and obesity through policy, systems and environmental change strategies. MMS has continued to receive funding through each subsequent funding cycle to date. In 2013-14, funds also became available through SHIP to conduct a community health survey to gather county level surveillance of adults on behavioral health risk factors and overall health. However, the Hispanic population was underrepresented in this survey at 1.1% (unweighted), compared to 5.3% Hispanic in the overall population in the three counties in 2012. Similarly, when the survey was repeated in the fall of 2018 and the Hispanic population was similarly underrepresented, the survey was also translated into Spanish and MMS staff worked with community health workers and MMS Community Health Equity Coalition to recruit Hispanic residents to complete this survey in early 2019. Then it was repeated with the Hispanic population in the spring of 2023 after the 2022 iteration of the general population survey, which was administered in the fall. This report contains results from the Hispanic residents who completed the survey (n=95) in 2023 along with results from the Hispanic residents who completed the survey (n=102) in 2019, the general population results from 2018 and 2022. It is important to note that while the general population survey was designed and analyzed to be representative of the entire adult population in the tri-county region using scientific rigor, Hispanic residents were recruited through convenience sampling, i.e. not random. Therefore, comparisons should not be made between the data points for the general population and Hispanic population, but both are provided as an initial point of reference to assist in planning public health initiatives. Additionally, MMS staff are using this information to then plan qualitative data collection to further understand the needs of the Hispanic population in the tri-county region.

## **Survey Methodology**

### **Survey Instrument**

The survey instrument used for the project was adapted from a survey conducted in 2014 in Meeker, McLeod and Sibley counties. Staff from the public health agencies revised the survey content in partnership with local health care partners and with technical assistance from the Minnesota Department of Health Center for Health Statistics. The survey was offered in Spanish and English languages. It was translated by native Spanish speakers and language was adapted to be culturally appropriate in both the English and Spanish version. The survey was formatted by the survey vendor, Survey Systems, Inc. of Shoreview, MN, as a scannable, self-administered English and Spanish-language questionnaire.

### **Survey Administration**

Participants were recruited through MMS community health workers and partners. Participants were given the option to complete an English or Spanish version of the survey on paper or online (thru Survey Monkey). They were offered a \$50 gift card as a thank you for completing the survey. Names or other identifying information of survey participants was not tracked.

## Limitations

The sample completed by Hispanic residents was not designed to be representative of the entire Hispanic population in the three counties. As such, these data should not be compared to the overall population data. It is important to highlight there are key demographic differences between the sample that is representative of the MMS general population and the MMS Hispanic convenience sample, which is younger, has less formal education, lower household income and a higher percent of respondents who identify as female (see page 67-68). It is well documented in the scientific literature that differences in these demographic variables (age, education, income, gender) are associated with differences in health outcomes and behaviors, including many of the ones measured in this survey.

These results are subject to several limitations including several types of bias. As mentioned above the survey sample is a convenience sample and those who participated could be different from the overall Hispanic population in the three counties, potentially leading to selection bias. Also, all data are self-reported so rely on participants ability to accurately recall and not exaggerate information. Further, participants may be subject to social desirability in responding, which is a tendency to answer questions in a way that will be viewed favorably by others.

## Reading the Data Tables

The tables are organized based on the order that questions were asked in the actual survey. The table headings contain the English version of the question as asked in the survey and the corresponding question number, except when the variable was calculated based on one or more survey questions. In these instances, it is noted in the table heading that the table variable is calculated.

Most tables include responses for one question. The response options for the questions are listed in the top row; however, each option is not always included as a separate column in the table, sometimes they were combined because of small cell counts or to align with SHIP requirements or Centers for Disease Control and Prevention (CDC) recommendations.

Most questions were asked of all survey respondents, but some were asked of a subset of the survey sample based on response to a previous question; often the sample size for these variables is much smaller. These differences in sample size can be compared by the *n* number reported at the top left corner of each table – this is the *n* for the 2023 Hispanic sample. This number indicates the actual number of survey respondents from the Hispanic sample and is not weighted. Other variations in this number are due to respondents not answering all the questions on the survey. Response percents were not included for any question with an  $n < 20$ .

## Results – Data Tables

1. In general, would you say that your health is excellent, very good, good, fair or poor?

n=93		Poor	Fair	Good	Very good	Excellent
Hispanic	2023	3.2%	12.9%	39.8%	26.9%	17.2%
	2019	6.1%	23.5%	45.9%	19.4%	5.1%
Overall	2022	0.6%	8.3%	35.4%	43.6%	12.1%
	2018	1.8%	8.4%	35.4%	41.8%	12.6%

2a. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? High blood pressure/hypertension or pre-hypertension

n=93		No	Yes	Yes, but only during pregnancy
Hispanic	2023	81.7%	16.1%	2.2%
	2019	67.7%	31.4%	1.0%
Overall	2022	60.7%	37.5%	1.8%
	2018	63.7%	34.9%	1.3%

2b. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Diabetes or pre-diabetes

n=90		No	Yes	Yes, but only during pregnancy
Hispanic	2023	80.0%	16.7%	3.3%
	2019	70.6%	25.5%	3.9%
Overall	2022	83.9%	14.6%	1.4%
	2018	82.3%	15.9%	1.8%

2c. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Overweight

n=95		No	Yes
Hispanic	2023	58.9%	41.1%
	2019	55.1%	44.9%
Overall	2022	59.2%	40.9%
	2018	59.7%	40.3%

2d. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Cancer

n=93		No	Yes
Hispanic	2023	96.8%	3.2%
	2019	97.0%	3.0%
Overall	2022	90.6%	9.4%
	2018	89.3%	10.7%

2e. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Chronic lung disease

n=95		No	Yes
Hispanic	2023	93.7%	6.3%
	2019	93.1%	6.9%
Overall	2022	95.3%	4.7%
	2018	95.2%	4.9%

2f. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Heart trouble or angina

n=94		No	Yes
Hispanic	2023	93.6%	6.4%
	2019	92.0%	8.0%
Overall	2022	91.9%	8.1%
	2018	89.4%	10.6%

2g. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Stroke or stroke-related health problems

n=95		No	Yes
Hispanic	2023	95.8%	4.2%
	2019	97.0%	3.0%
Overall	2022	95.6%	4.4%
	2018	96.3%	3.7%

2h. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? High cholesterol or triglycerides

n=93		No	Yes
Hispanic	2023	82.8%	17.2%
	2019	70.3%	29.7%
Overall	2022	69.0%	31.0%
	2018	71.4%	28.6%

2i. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Arthritis

n=94		No	Yes
Hispanic	2023	88.3%	11.7%
	2019	79.2%	20.8%
Overall	2022	76.6%	23.4%
	2018	74.3%	25.7%

2j. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Depression

n=94		No	Yes
Hispanic	2023	80.9%	19.1%
	2019	70.3%	29.7%
Overall	2022	77.1%	22.9%
	2018	79.2%	20.8%

2k. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Anxiety or panic attacks

n=94		No	Yes
Hispanic	2023	78.7%	21.3%
	2019	73.3%	26.7%
Overall	2022	78.5%	21.5%
	2018	80.2%	19.8%

2l. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Other mental health problems

n=94		No	Yes
Hispanic	2023	94.7%	5.3%
	2019	89.1%	10.9%
Overall	2022	93.3%	6.7%
	2018	96.1%	3.9%

2m. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Obesity

n=94		No	Yes
Hispanic	2023	75.5%	24.5%
	2019	74.3%	25.7%
Overall	2022	85.7%	14.4%
	2018	83.2%	16.8%

2n. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Asthma

n=		No	Yes
Hispanic	2023	87.0%	13.0%
	2019	85.0%	15.0%
Overall	2022	88.8%	11.2%
	2018	90.3%	9.7%

**3. What kind of place do you usually go to when you are sick or need advice about your health? (Mark ALL that apply):**

n=92		Doctor's office/clinic	Urgent care/walk-in clinic	Online or virtual visit	Alternative health care setting	Emergency room	Other
<b>2023</b>	Hispanic	<b>66.3%</b>	<b>21.8%</b>	<b>5.4%</b>	<b>1.1%</b>	<b>8.7%</b>	<b>3.3%</b>
2022	Overall	87.0%	40.5%	12.1%	4.7%	10.5%	3.4%

	A doctor's office	A clinic	Some other health center	An emergency room	An urgent care clinic	No usual place	Some other place
2019 Hispanic	32.7%	53.1%	0.0%	6.1%	2.0%	6.1%	0.0%
2018 Overall	36.9%	52.2%	1.6%	0.7%	5.9%	3.3%	4.5%

Different response options in 2018. Also question instructions did not say *mark all that apply*, but some respondents checked more than one response.

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**4a. When was the last time you had a flu shot?**

n=93		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	39.8%	24.7%	12.9%	9.7%	12.9%
	2019	54.9%	27.5%	7.8%	3.9%	5.9%
Overall	2022	58.9%	8.0%	6.9%	15.7%	10.6%
	2018	56.6%	7.8%	6.7%	12.0%	16.8%

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**4b. When was the last time you had a dental exam or your teeth cleaned?**

n=93		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	47.3%	21.5%	8.6%	8.6%	14.0%
	2019	48.0%	27.0%	13.0%	8.0%	4.0%
Overall	2022	76.2%	10.6%	7.8%	5.2%	0.3%
	2018	76.5%	9.5%	7.3%	6.4%	0.4%

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**4c. When was the last time you had a hearing test?**

n=91		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	28.6%	7.7%	16.5%	17.6%	29.7%
	2019	30.0%	11.0%	21.0%	15.0%	23.0%
Overall	2022	20.0%	13.4%	16.3%	36.2%	14.1%
	2018	22.8%	15.5%	16.2%	33.1%	12.4%

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**4d. When was the last time you had an eye exam?**

n=94		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	39.4%	17.0%	16.0%	6.4%	21.3%
	2019	45.1%	23.5%	13.7%	9.8%	7.8%
Overall	2022	63.4%	18.8%	10.4%	6.5%	0.9%
	2018	57.0%	20.9%	11.8%	8.9%	1.3%

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**4e. When was the last time you had your blood pressure checked?**

n=93		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	69.9%	10.8%	3.2%	3.2%	12.9%
	2019	76.2%	13.9%	4.0%	2.0%	4.0%
Overall	2022	91.8%	4.9%	1.8%	1.5%	0.1%
	2018	89.4%	5.6%	2.2%	2.5%	0.3%

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**4f. When was the last time you had your cholesterol checked?**

n=94		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	44.7%	14.9%	8.5%	3.2%	28.7%
	2019	56.4%	16.8%	9.9%	4.0%	12.9%
Overall	2022	60.3%	16.0%	8.4%	7.8%	7.6%
	2018	58.3%	16.1%	10.2%	6.5%	9.0%

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**4g. When was the last time you had your blood sugar checked?**

n=90		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	46.7%	17.8%	8.9%	6.7%	20.0%
	2019	52.9%	15.7%	9.8%	3.9%	17.7%
Overall	2022	60.1%	14.0%	7.8%	8.7%	9.4%
	2018	57.4%	13.8%	10.2%	6.6%	12.0%

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**4h. When was the last time you had any screening for skin cancer?**

n=93		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	6.5%	3.2%	2.2%	4.3%	83.9%
	2019	5.9%	2.9%	4.9%	4.9%	81.4%
Overall	2022	18.3%	8.5%	12.2%	6.3%	54.8%
	2018	17.3%	9.3%	6.1%	7.1%	60.2%

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**4i. When was the last time you had screening for colon cancer?**

n=86		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	8.1%	4.7%	2.3%	8.1%	76.7%
	2019	5.9%	9.9%	3.0%	5.0%	76.2%
Overall	2022	15.8%	11.4%	17.0%	9.8%	46.1%
	2018	14.9%	11.1%	16.4%	8.7%	48.8%

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**4j. When was the last time you had a prostate exam? (calculated for males only)**

n=35		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	5.7%	2.9%	2.9%	5.7%	82.9%
	2019	7.1%	25.0%	0.0%	0.0%	67.9%
Overall	2022	23.4%	9.6%	9.9%	13.9%	43.3%
	2018	21.9%	13.2%	11.2%	6.8%	46.9%

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**4k. When was the last time you had a Pap test? (calculated for females only)**

n=30*		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	30.0%	23.3%	20.0%	3.3%	23.3%
	2019	31.8%	33.3%	9.1%	10.6%	15.2%
Overall	2022	30.9%	23.7%	20.5%	21.6%	3.3%
	2018	33.7%	26.4%	18.3%	17.5%	4.2%

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\*Due to an error in the printed survey, this question was not asked of all respondents who completed the Spanish language version of the survey.

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**4l. When was the last time you had a mammogram? (calculated for females only)**

n=45		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Hispanic	2023	28.9%	17.8%	4.4%	0.0%	48.9%
	2019	14.5%	20.3%	7.3%	7.3%	50.7%
Overall	2022	43.9%	8.9%	8.2%	5.4%	33.7%
	2018	45.9%	11.6%	5.3%	6.2%	31.1%

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**4m. When was the last time you had a routine checkup?**

n=94		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
<b>Hispanic</b>	<b>2023</b>	<b>48.9%</b>	<b>16.0%</b>	<b>7.5%</b>	<b>8.5%</b>	<b>19.2%</b>
	2019*	60.2%	22.5%	9.2%	4.1%	4.1%
<b>Overall</b>	<b>2022</b>	<b>67.4%</b>	<b>14.0%</b>	<b>9.3%</b>	<b>7.8%</b>	<b>1.5%</b>
	2018*	70.0%	13.8%	7.6%	6.4%	2.2%

\*Asked slightly different in 2018/9: When was the last time you had a general health exam?

**5. If you have not had a routine checkup within the past 1 to 2 years, why not? (Mark ALL that apply):**

n=33		I do not speak English	Could not get an appointment	Had transportation problems	I was too nervous or afraid	COVID-19 concerns	It cost too much	I did not have insurance	My insurance did not cover it	Provider wouldn't accept my insurance	Did not know where to go	Didn't think it was serious enough	Other reason
Hispanic	2023	12.1%	6.1%	9.1%	9.1%	6.1%	18.2%	45.5%	0.0%	0.0%	15.2%	24.2%	9.1%
	2019		3.7%	3.7%			29.6%	33.3%	7.4%				37.0%
Overall	2022		0.2%	0.5%	4.8%	6.6%	21.8%	3.9%	1.9%	0.1%	2.1%	41.4%	16.4%
	2018		0.1%	1.4%			17.4%	2.9%	9.0%				69.3%

Additional response options added in 2022. Rows for 2014 and 2018 show data for only the response options include in those survey years.

6. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

n=94		Yes	No
Hispanic	2023	24.5%	75.5%
	2019	31.3%	68.7%
Overall	2022	22.6%	77.4%
	2018	26.8%	73.2%

**7. (Of those that delayed getting medical care) Why did you not get or delay getting the medical care you thought you needed? (Mark ALL that apply):**

n=23		I do not speak English	Could not get an appointment	Had transportation problems	I was too nervous or afraid	COVID-19 concerns	It cost too much	I did not have insurance	My insurance did not cover it	Provider wouldn't accept my insurance	Did not know where to go	Didn't think it was serious enough	Other reason
Hispanic	2023	21.7%	17.4%	17.4%	0.0%	17.4%	39.1%	47.8%	4.3%	0.0%	21.7%	13.0%	13.0%
	2019		5.9%	8.8%			32.4%	55.9%	11.8%			26.5%	17.7%
Overall	2022		20.0%	1.6%	4.9%	10.0%	45.5%	1.7%	20.8%	0.4%	0.7%	28.8%	12.3%
	2018		15.5%	2.6%			32.7%	4.4%	14.2%			55.6%	13.8%

Additional response options added in 2022. Rows for 2018 show data for only the response options include in those survey years.

8. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

n=95		Yes	No
Hispanic	2023	45.3%	54.7%
	2019	34.7%	65.3%
Overall	2022	19.2%	80.8%
	2018	18.8%	81.2%

**9. (Of those that delayed getting dental care) Why did you not get or delay getting the dental care you thought you needed? (Mark ALL that apply):**

n=42		I do not speak English	Could not get an appointment	Had transportation problems	I was too nervous or afraid	COVID-19 concerns	It cost too much	I did not have insurance	My insurance did not cover it	Dentist wouldn't accept my insurance	Did not know where to go	Didn't think it was serious enough	Other reason
Hispanic	2023	14.3%	16.7%	14.3%	7.1%	14.3%	57.1%	40.5%	7.1%	7.1%	39.1%	7.1%	9.5%
	2019		7.1%	11.9%	7.1%		42.9%	42.9%		16.7%	14.3%		19.1%
Overall	2022		8.0%	0.6%	17.5%	6.1%	55.8%	17.6%	18.6%	6.7%	3.7%	17.5%	19.9%
	2018		5.0%	1.6%	15.5%		57.6%	36.0%		9.7%	6.2%		20.1%

Additional response options added in 2022. Rows for 2018 show data for only the response options include in those survey years.

**10. How many days during the past 30 days was your mental health not good?**

n=84		0 days	1-9 days	10-19 days	20-29 days	All 30 days
Hispanic	2023	54.8%	32.1%	9.4%	1.2%	2.4%
	2019	44.4%	24.4%	16.7%	8.9%	5.6%
Overall	2022	49.2%	35.6%	9.8%	2.3%	3.1%
	2018	50.5%	33.4%	9.2%	5.2%	1.9%

**11. During the past 12 months, did you talk with or seek help from a health professional about mental health issues such as stress, depression, excessive worrying, troubling thoughts or emotional problems?**

n=92		Yes	No
Hispanic	2023	21.7%	78.3%
	2019	20.2%	79.8%
Overall	2022	17.6%	82.4%
	2018	14.4%	85.6%

**12. (Of those who sought help from a mental health professional in the past 12 months) About how many days did you have to wait for an appointment with this mental health professional?**

n=20		0-3 days	4-6 days	7-14 days	15-28 days	29-45 days	More than 45 days
Hispanic	2023	25.0%	25%	20.0%	10.0%	5.0%	15.0%
	2019	40.0%	20.0%	20.0%	5.0%	5.0%	10.0%
Overall	2022	30.0%	10.7%	18.5%	24.6%	2.6%	13.6%
	2018	33.9%	16.5%	14.4%	16.8%	5.0%	13.4%

**13. (Of those who sought help from a mental health professional in the past 12 months) How far did you have to travel to get to the appointment(s)?**

n=20		0-9 miles	10-29 miles	30-49 miles	50 miles or more	Virtual visit*
Hispanic	2023	60.0%	5.0%	15.0%	5.0%	15.0%
	2019	35.0%	35.0%	25.0%	5.0%	
Overall	2022	26.1%	37.4%	9.1%	5.8%	21.6%
	2018	33.2%	28.2%	29.2%	9.3%	

\* New response option in 2022.

**14. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues but did not go, or delayed talking with someone?**

n=93		Yes	No
Hispanic	2023	24.7%	75.3%
	2019	15.0%	85.0%
Overall	2022	14.4%	85.6%
	2018	12.3%	87.7%

**15. (Of those that delayed seeking help for mental health issues) Why did you not get or delay getting the mental health care you thought you needed? (Mark ALL that apply):**

n=24		I do not speak English	Could not get an appointment	Had transportation problems	I was too nervous or afraid	COVID-19 concerns	It cost too much	I did not have insurance	My insurance did not cover it	The mental health provider wouldn't accept my insurance	Did not know where to go	Didn't think it was serious enough	Other reason
Hispanic	2023	16.7%	8.3%	8.3%	4.2%	20.8%	25.0%	16.7%	4.2%	0.0%	33.3%	12.5%	20.8%
	2019		*	*	*		*	*	*		*		*
Overall	2022		22.8%	0.5%	12.3%	3.1%	35.5%	16.5%	7.0%	3.6%	18.8%	32.8%	6.7%
	2018		13.1%	0.5%	23.1%		29.9%	5.4%	8.8%		22.6%	54.6%	30.6%

Additional response options added in 2022. Rows for 2018 show data for only the response options include in those survey years.

16a. How much do you agree or disagree with this statement? Treatment can help people with mental illness lead normal lives.

n=94		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	55.3%	39.4%	5.3%	0.0%
	2019	48.5%	45.5%	5.0%	1.0%
Overall	2022	45.9%	51.2%	2.1%	0.8%
	2018	43.2%	55.0%	1.4%	0.4%

16b. How much do you agree or disagree with this statement? People are generally caring and sympathetic to people with mental illness.

n=91		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	18.7%	50.6%	27.5%	3.3%
	2019	17.2%	46.5%	34.3%	2.0%
Overall	2022	3.8%	59.5%	33.6%	3.1%
	2018	5.0%	56.7%	37.2%	1.2%

16c. How much do you agree or disagree with this statement? I am more comfortable helping a person who has a physical illness than I am helping a person who has a mental illness.

n=91		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	11.0%	39.6%	38.5%	11.0%
	2019	9.1%	23.2%	36.4%	31.3%
Overall	2022	3.8%	44.7%	43.4%	8.1%
	2018	6.1%	48.5%	40.0%	5.5%

**16d. How much do you agree or disagree with this statement? People with mental illness do not try hard enough to get better.**

n=88		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	9.1%	25.0%	47.7%	18.2%
	2019	3.1%	13.3%	39.8%	43.9%
Overall	2022	1.2%	17.9%	60.2%	20.7%
	2018	2.1%	14.1%	64.0%	19.8%

**16e. How much do you agree or disagree with this statement? I feel compassion for a person with mental illness.**

n=91		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	39.6%	52.7%	5.5%	2.2%
	2019	51.5%	40.6%	4.0%	4.0%
Overall	2022	34.3%	63.8%	1.1%	0.8%
	2018	29.2%	66.7%	3.6%	0.4%

**17. Are you aware of any programs or campaigns in your community that help raise awareness about mental illness?**

n=90		Yes	No
Hispanic	2023	15.6%	84.4%
	2019	16.8%	83.2%
Overall	2022	35.2%	64.8%
	2018	32.6%	67.4%

**18a. How much do you agree or disagree with this statement? If I had a mental illness I would be reluctant to see help.**

n=91		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	12.1%	27.5%	39.6%	20.9%
	2019	14.9%	21.8%	38.6%	24.8%
Overall	2022	2.6%	36.8%	50.1%	10.6%
	2018	5.0%	38.3%	46.9%	9.8%

**18b. How much do you agree or disagree with this statement? If I had a mental illness I would tell my friends.**

n=94		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	43.6%	41.5%	9.6%	5.3%
	2019	11.0%	55.0%	24.0%	10.0%
Overall	2022	5.6%	47.6%	41.5%	5.3%
	2018	7.7%	48.5%	38.6%	5.3%

**18c. How much do you agree or disagree with this statement? If I had a mental illness I would see myself as weak if I could not fix it myself.**

n=90		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	11.1%	33.3%	40.0%	15.6%
	2019	5.1%	29.3%	35.4%	30.3%
Overall	2022	2.8%	28.0%	50.4%	18.9%
	2018	4.2%	31.9%	49.5%	14.5%

**19. Have you ever considered attempting suicide? (Mark ALL that apply.)**

n=94		No	Yes, during the last year	Yes, more than a year ago
Hispanic	2023	88.3%	3.2%	8.5%
	2019	83.0%	9.0%	9.0%
Overall	2022	86.3%	2.5%	9.3%
	2018	86.0%	3.0%	8.8%

**20. Are you aware of the 988 Suicide & Crisis Lifeline?**

n=93		Yes	No
Hispanic	2023	23.7%	76.3%
Overall	2022	50.7%	49.3%

New question in 2022.

**21. Are you in a relationship where you are (or have ever been) physically hurt, threatened or made to feel afraid?**

n=94		Yes	No
Hispanic	2023	6.4%	93.6%
	2019	5.9%	94.1%
Overall	2022	3.1%	96.9%
	2018	2.8%	97.2%

**22. How often are you in a situation where you feel unaccepted, unvalued or unwelcomed?**

n=93		Never	Once a year or less	A few times a year	Once or twice a month	At least once/ week	Daily
Hispanic	2023	46.2%	7.5%	15.1%	12.9%	9.7%	8.6%
Overall	2022	53.4%	15.5%	16.9%	6.9%	6.5%	0.9%

New question in 2022.

**22A. (Of those who are ever in situation where they feel unaccepted, unvalued or unwelcomed)**  
**Why do you feel unaccepted, unvalued or unwelcomed? (Mark ALL that apply.)**

n=44		Discrimination	Racial difference	Not friendly	Social-economic difference	Recent COVID-19 diagnosis	Other
Hispanic	2023	36.4%	36.4%	29.5%	31.8%	6.8%	18.2%
Overall	2022	9.1%	2.3%	51.6%	24.8%	0.4%	26.9%

New question in 2022.

**23. Who do you turn to during unexpected hardships? (Mark ALL that apply.)**

n=95		Family	Friends	Coworkers	Neighbors	Faith community	I don't have anyone to turn to
Hispanic	2023	84.2%	37.9%	8.4%	3.2%	15.8%	5.3%
Overall	2022	89.9%	62.0%	18.3%	7.7%	22.2%	2.8%

New question in 2022.

**24. To what extent do people in your community know, trust and support each other?**

n=92		Never	Seldom	Some of the time	Most of the time
Hispanic	2023	7.6%	22.8%	50.0%	19.6%
Overall	2022	1.4%	11.6%	49.3%	37.7%

New question in 2022.

25a. For each of the following statements, please mark which is the closest to how you have been feeling over the last 2 weeks. I have felt cheerful and in good spirits.

n=94		At no time	Some of the time	Less than half of the time	More than half of the time	Most of the time	All of the time
Hispanic	2023	2.1%	3.2%	3.2%	19.2%	48.9%	23.4%
Overall	2022	0.5%	3.8%	6.5%	17.2%	61.9%	10.1%

New question in 2022.

25b. For each of the following statements, please mark which is the closest to how you have been feeling over the last 2 weeks. I have felt calm and relaxed.

n=85		At no time	Some of the time	Less than half of the time	More than half of the time	Most of the time	All of the time
Hispanic	2023	1.2%	8.2%	7.1%	18.8%	38.8%	25.9%
Overall	2022	0.7%	5.0%	8.8%	21.7%	56.2%	7.7%

New question in 2022.

25c. For each of the following statements, please mark which is the closest to how you have been feeling over the last 2 weeks. I have felt active and vigorous.

n=93		At no time	Some of the time	Less than half of the time	More than half of the time	Most of the time	All of the time
Hispanic	2023	2.2%	8.6%	14.0%	19.4%	38.7%	17.2%
Overall	2022	2.1%	7.5%	17.2%	25.9%	41.1%	6.2%

New question in 2022.

25d. For each of the following statements, please mark which is the closest to how you have been feeling over the last 2 weeks. I woke up feeling fresh and rested.

n=93		At no time	Some of the time	Less than half of the time	More than half of the time	Most of the time	All of the time
Hispanic	2023	6.5%	7.5%	8.6%	22.6%	37.6%	17.2%
Overall	2022	4.1%	10.4%	17.2%	24.5%	37.6%	6.4%

New question in 2022.

25e. For each of the following statements, please mark which is the closest to how you have been feeling over the last 2 weeks. My daily life has been filled with things that interest me.

n=94		At no time	Some of the time	Less than half of the time	More than half of the time	Most of the time	All of the time
Hispanic	2023	1.1%	4.5%	8.5%	22.3%	37.2%	23.4%
Overall	2022	0.7%	6.2%	8.5%	19.5%	51.4%	13.7%

New question in 2022.

25a-e. WHO (Five) Well-Being Index (calculated variable)

n=94		50 or less*	51-60	61-70	71-80	81-100
Hispanic	2023	16.0%	17.0%	13.8%	34.0%	19.1%
Overall	2022	17.0%	14.5%	14.0%	41.8%	12.7%

New question in 2022. A score of 50 or less indicates poor wellbeing and suggests further investigation for symptoms of depression.

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**26. Currently have health insurance**

n=70		Currently uninsured	Currently insured
Hispanic	2023	12.9%	87.1%
	2019	13.5%	86.5%
Overall	2022	2.4%	97.6%
	2018	2.4%	97.6%

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**27. In the past 12 months, has your household had health care costs (including prescriptions) that have made it difficult for you to pay other bills or afford necessities such as food, transportation or housing?**

n=91		Yes	No
Hispanic	2023	28.6%	71.4%
	2019	35.6%	64.4%
Overall	2022	11.1%	88.9%
	2018	16.0%	84.0%

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**28-29. Total servings of fruit eaten yesterday (calculated variable based on total servings of solid fruit and fruit juice servings combined)**

n=93		0 servings	1-2 servings	3 -4 servings	5 or more servings
Hispanic	2023	9.7%	40.9%	30.1%	19.4%
	2019	10.8%	37.3%	30.4%	21.5%
Overall	2022	21.1%	50.1%	24.3%	4.4%
	2018	18.1%	50.3%	25.4%	6.3%

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**30. How many servings of vegetables did you have yesterday?**

n=92		0 servings	1-2 servings	3 -4 servings	5 or more servings
Hispanic	2023	28.3%	45.6%	19.6%	6.5%
	2019	9.6%	46.8%	21.3%	22.3%
Overall	2022	15.1%	61.8%	20.6%	2.5%
	2018	13.6%	61.7%	21.0%	3.7%

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**28-30. Total servings of fruits and vegetables eaten yesterday (calculated variable)**

n=93		0 servings	1-2 servings	3 -4 servings	5 or more servings
Hispanic	2023	6.5%	19.4%	29.0%	45.2%
	2019	5.8%	18.6%	26.4%	49.0%
Overall	2022	7.7%	29.3%	31.2%	31.8%
	2018	5.8%	24.4%	34.2%	35.5%

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**31a. How often did you drink the following beverages in the past week? Fruit drinks**

n=91		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Hispanic	2023	53.9%	24.2%	16.5%	2.2%	1.1%	1.1%	1.1%
	2019	69.0%	13.0%	16.0%	2.0%	0.0%	0.0%	0.0%
Overall	2022	81.5%	7.1%	7.0%	1.2%	1.9%	1.2%	0.1%
	2018	79.4%	8.8%	7.1%	1.2%	1.8%	1.0%	0.6%

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**31b. How often did you drink the following beverages in the past week? Sports drinks**

n=92		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Hispanic	2023	65.2%	17.4%	13.0%	1.1%	1.1%	2.2%	0.0%
	2019	60.4%	26.7%	12.9%	0.0%	0.0%	0.0%	0.0%
Overall	2022	80.9%	8.8%	5.4%	2.7%	1.4%	0.7%	0.2%
	2018	82.4%	9.3%	5.6%	1.9%	0.8%	0.0%	0.0%

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**31c. How often did you drink the following beverages in the past week? Regular soda or pop**

n=92		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Hispanic	2023	32.6%	29.9%	20.7%	7.6%	1.1%	8.7%	0.0%
	2019	22.8%	23.8%	24.8%	13.9%	6.9%	6.9%	1.0%
Overall	2022	52.7%	17.9%	12.4%	3.0%	9.7%	3.6%	0.7%
	2018	49.0%	17.0%	17.7%	5.2%	5.1%	4.7%	1.3%

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**31d. How often did you drink the following beverages in the past week? Energy drinks**

n=91		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Hispanic	2023	72.5%	9.9%	9.9%	4.4%	2.2%	1.1%	0.0%
	2019	76.2%	15.8%	4.0%	0.0%	3.0%	0.0%	1.0%
Overall	2022	89.3%	5.5%	2.2%	0.8%	1.4%	0.7%	0.1%
	2018	92.1%	1.7%	4.3%	0.4%	0.9%	0.6%	0.0%

**31e. How often did you drink the following beverages in the past week? Diet soda or pop**

n=92		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Hispanic	2023	76.1%	8.7%	7.6%	1.1%	2.2%	3.3%	1.1%
	2019	58.4%	11.9%	12.9%	6.9%	5.0%	3.0%	2.0%
Overall	2022	87.5%	6.6%	2.4%	0.8%	1.6%	0.9%	0.3%
	2018	63.1%	11.2%	10.4%	3.4%	6.0%	3.7%	2.2%

**31f. How often did you drink the following beverages in the past week? Water**

n=90		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Hispanic	2023	5.6%	4.4%	6.7%	6.7%	1.1%	28.9%	46.7%
	2019	1.2%	2.5%	7.4%	2.5%	6.2%	25.9%	54.3%
Overall	2022	0.4%	1.0%	3.5%	6.1%	7.2%	25.7%	56.2%
	2018	1.5%	0.6%	4.8%	4.4%	4.2%	29.5%	55.1%

**31g. How often did you drink the following beverages in the past week? A can, bottle or glass of coffee or tea that had sugar, syrups or honey added to it**

n=89		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
<b>Hispanic</b>	<b>2023</b>	<b>44.9%</b>	<b>30.3%</b>	<b>7.9%</b>	<b>3.4%</b>	<b>3.4%</b>	<b>5.6%</b>	<b>4.5%</b>
<b>Overall</b>	<b>2022</b>	<b>63.4%</b>	<b>4.2%</b>	<b>7.9%</b>	<b>3.8%</b>	<b>11.9%</b>	<b>6.4%</b>	<b>2.3%</b>

New question in 2022.

**32a. During an average week, how many times do you do the following? Eat out or order out a meal from a fast food place**

n=94		0 times	1-2 times	3-4 times	5-6 times	7 or more
Hispanic	2023	35.1%	59.6%	4.3%	1.1%	0.0%
	2019	50.5%	39.6%	8.9%	1.0%	0.0%
Overall	2022	44.9%	48.9%	5.0%	1.1%	0.2%
	2018	40.7%	51.9%	5.8%	0.9%	0.7%

**32b. During an average week, how many times do you do the following? Eat out at a restaurant that is not a fast food place**

n=92		0 times	1-2 times	3-4 times	5-6 times	7 or more
Hispanic	2023	37.0%	57.6%	3.3%	2.2%	0.0%
	2019	60.0%	35.8%	4.2%	0.0%	0.0%
Overall	2022	40.4%	57.3%	1.8%	0.4%	0.1%
	2018	41.0%	55.9%	2.5%	0.5%	0.1%

**32c. During an average week, how many times do you do the following? Watch television during meal time**

n=91		0 times	1-2 times	3-4 times	5-6 times	7 or more
Hispanic	2023	55.0%	20.9%	8.8%	8.8%	6.6%
	2019	29.5%	26.3%	23.2%	12.6%	8.4%
Overall	2022	34.9%	21.5%	13.9%	15.5%	14.3%
	2018	31.0%	23.9%	17.5%	12.9%	14.8%

**32d. During an average week, how many times do you do the following? Purchase and eat food from a vending machine**

n=94		0 times	1-2 times	3-4 times	5-6 times	7 or more
Hispanic	2023	79.8%	16.0%	3.2%	1.1%	0.0%
	2019	72.5%	23.1%	1.1%	3.3%	0.0%
Overall	2022	94.9%	3.4%	0.7%	0.7%	0.3%
	2018	91.2%	7.4%	0.8%	0.3%	0.3%

**32e. During an average week, how many times do you do the following? Eat a home cooked meal**

n=94		0 times	1-2 times	3-4 times	5-6 times	7 or more
Hispanic	2023	2.1%	4.3%	13.8%	18.1%	61.7%
	2019	2.0%	11.9%	8.9%	17.8%	59.4%
Overall	2022	0.5%	5.0%	14.2%	35.0%	45.3%
	2018	0.5%	4.4%	15.6%	33.8%	45.8%

**33a. During the growing season, how often do you or others in your household buy or get food from the following place? Farmer's market, fruit/vegetable stand**

n=93		Never or less than 1 time / month	About one time / month	About 2-3 times / month	About 1 time / week	Two or more times / week
Hispanic	2023	53.8%	21.5%	12.9%	5.4%	6.5%
	2019	66.0%	16.0%	11.0%	4.0%	3.0%
Overall	2022	54.7%	23.0%	13.4%	6.0%	2.9%
	2018	44.4%	24.5%	17.3%	9.6%	4.3%

**33b. During the growing season, how often do you or others in your household buy or get food from the following places? Local farm or CSA**

n=93		Never or less than 1 time / month	About one time / month	About 2-3 times / month	About 1 time / week	Two or more times / week
Hispanic	2023	73.1%	9.7%	4.3%	10.8%	2.2%
	2019	76.8%	10.1%	9.1%	2.0%	2.0%
Overall	2022	81.4%	7.8%	4.8%	3.8%	2.2%
	2018	78.8%	10.2%	4.3%	5.1%	1.7%

**33c. During the growing season, how often do you or others in your household buy or get food from the following places? Food grown at home or in a community garden**

n=91		Never or less than 1 time / month	About one time / month	About 2-3 times / month	About 1 time / week	Two or more times / week
Hispanic	2023	63.7%	17.6%	5.5%	5.5%	7.7%
	2019	66.0%	13.0%	10.0%	6.0%	5.0%
Overall	2022	40.2%	8.6%	10.2%	11.0%	30.1%
	2018	39.2%	10.8%	10.8%	11.0%	28.3%

**33d. During the growing season, how often do you or others in your household buy or get food from the following places? Food shelf**

n=92		Never or less than 1 time / month	About one time / month	About 2-3 times / month	About 1 time / week	Two or more times / week
Hispanic	2023	71.7%	21.7%	2.2%	4.3%	0.0%

Not asked in 2018 or in 2022 general population survey.

34. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

n=93		Often	Sometimes	Rarely	Never
Hispanic	2023	2.2%	29.0%	28.0%	40.9%
	2019	9.9%	25.7%	25.7%	38.6%
Overall	2022	1.2%	6.7%	10.2%	81.9%
	2018	3.4%	5.5%	13.3%	77.8%

35. During the past 12 months, have you used a community food shelf program?

n=93		Yes	No
Hispanic	2023	24.7%	75.3%
	2019	30.7%	69.3%
Overall	2022	2.5%	97.5%
	2018	3.8%	96.2%

36. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

n=93		Yes	No
Hispanic	2023	38.7%	61.3%
	2019	45.0%	55.0%
Overall	2022	72.0%	28.0%
	2018	76.7%	23.4%

37. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity?

n=92		0 days	1-4 days	5-7 days
Hispanic	2023	40.2%	46.7%	13.0%
	2019	33.3%	59.4%	7.3%
Overall	2022	15.5%	58.0%	26.5%
	2018	17.1%	60.2%	22.8%

**38. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity?**

n=91		0 days	1-2 days	3-7 days
Hispanic	2023	59.3%	27.5%	13.2%
	2019	49.5%	35.5%	15.1%
Overall	2022	39.0%	30.0%	31.0%
	2018	40.8%	32.7%	26.4%

**39a. Please indicate whether you use the following resources and facilities in your community.**  
**Walking trails**

n=93		My community does not have this	I do not use this	I use this once in a while	I use this some-times	I use this often
2023 Hispanic		3.2%	28.0%	23.7%	24.7%	20.4%
2022 Overall		8.9%	36.2%	22.8%	16.4%	15.7%

Different response options in 2018:

	My community does not have this	I do not use this	I use this
2019 Hispanic	57.8%	35.3%	6.9%
2018 Overall	12.6%	44.4%	42.9%

**39b. Please indicate whether you use the following resources and facilities in your community.**  
**Bicycle paths, shared use paths or bike lanes**

<b>n=91</b>	<b>My commun- ity does not have this</b>	<b>I do not use this</b>	<b>I use this once in a while</b>	<b>I use this some- times</b>	<b>I use this often</b>
<b>2023 Hispanic</b>	<b>3.3%</b>	<b>48.4%</b>	<b>14.3%</b>	<b>23.1%</b>	<b>11.0%</b>
2022 Overall	13.3%	50.9%	14.6%	12.2%	9.1%

Different response options in 2018:

	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this</b>
2019 Hispanic	3.0%	62.6%	34.3%
2018 Overall	12.9%	55.3%	31.9%

**39c. Please indicate whether you use the following resources and facilities in your community.**  
**Public swimming pools or water parks**

<b>n=93</b>	<b>My commun- ity does not have this</b>	<b>I do not use this</b>	<b>I use this once in a while</b>	<b>I use this some- times</b>	<b>I use this often</b>
<b>2023 Hispanic</b>	<b>3.2%</b>	<b>53.8%</b>	<b>15.1%</b>	<b>18.3%</b>	<b>9.7%</b>
2022 Overall	14.3%	58.2%	17.5%	6.1%	3.9%

Different response options in 2018:

	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this</b>
2019 Hispanic	5.9%	60.4%	33.7%
2018 Overall	14.3%	64.2%	21.5%

**39d. Please indicate whether you use the following resources and facilities in your community.**  
**Public recreation centers**

<b>n=93</b>	<b>My commun- ity does not have this</b>	<b>I do not use this</b>	<b>I use this once in a while</b>	<b>I use this some- times</b>	<b>I use this often</b>
<b>2023 Hispanic</b>	<b>6.5%</b>	<b>52.7%</b>	<b>16.1%</b>	<b>17.2%</b>	<b>7.5%</b>
2022 Overall	22.5%	55.1%	14.6%	5.3%	2.6%

Different response options in 2018:

	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this</b>
2019 Hispanic	7.0%	58.0%	35.0%
2018 Overall	18.3%	61.8%	20.0%

**39e. Please indicate whether you use the following resources and facilities in your community.**  
**Parks, playgrounds or sports fields**

<b>n=93</b>	<b>My commun- ity does not have this</b>	<b>I do not use this</b>	<b>I use this once in a while</b>	<b>I use this some- times</b>	<b>I use this often</b>
<b>2023 Hispanic</b>	<b>1.1%</b>	<b>25.8%</b>	<b>15.1%</b>	<b>31.2%</b>	<b>26.9%</b>
2022 Overall	2.2%	49.9%	19.1%	17.7%	11.0%

Different response options in 2018:

	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this</b>
2019 Hispanic	1.0%	44.0%	55.0%
2018 Overall	3.3%	57.8%	38.9%

**39f. Please indicate whether you use the following resources and facilities in your community. Schools, colleges or universities that are open for public use for exercise or physical activity**

<b>n=94</b>	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this once in a while</b>	<b>I use this some-times</b>	<b>I use this often</b>
<b>2023 Hispanic</b>	<b>5.3%</b>	<b>70.2%</b>	<b>6.4%</b>	<b>6.4%</b>	<b>11.7%</b>
2022 Overall	24.2%	66.1%	5.8%	2.3%	1.6%

Different response options in 2018:

	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this</b>
2019 Hispanic	7.0%	76.0%	17.0%
2018 Overall	19.0%	73.6%	7.3%

**39g. Please indicate whether you use the following resources and facilities in your community. A shopping mall for physical activity or walking**

<b>n=94</b>	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this once in a while</b>	<b>I use this some-times</b>	<b>I use this often</b>
<b>2023 Hispanic</b>	<b>8.5%</b>	<b>50.0%</b>	<b>19.2%</b>	<b>11.7%</b>	<b>10.6%</b>
2022 Overall	25.4%	62.3%	6.4%	3.8%	2.1%

Different response options in 2018:

	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this</b>
2019 Hispanic	22.0%	45.0%	33.0%
2018 Overall	23.4%	64.8%	11.8%

**39h. Please indicate whether you use the following resources and facilities in your community.**  
**Health club, fitness center, or gym**

<b>n=93</b>	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this once in a while</b>	<b>I use this some-times</b>	<b>I use this often</b>
<b>2023 Hispanic</b>	<b>5.4%</b>	<b>73.1%</b>	<b>6.5%</b>	<b>6.5%</b>	<b>8.6%</b>
2022 Overall	11.5%	76.1%	5.1%	3.0%	4.4%

Different response options in 2018:

	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this</b>
2019 Hispanic	8.0%	77.0%	15.0%
2018 Overall	8.8%	75.4%	15.8%

**39i. Please indicate whether you use the following resources and facilities in your community.**  
**Nearby waterways, such as creeks, rivers and lakes for water-related activities**

<b>n=93</b>	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this once in a while</b>	<b>I use this some-times</b>	<b>I use this often</b>
<b>2023 Hispanic</b>	<b>4.3%</b>	<b>62.4%</b>	<b>16.1%</b>	<b>21.9%</b>	<b>4.3%</b>
2022 Overall	6.9%	54.8%	20.9%	12.3%	5.1%

Different response options in 2018:

	<b>My community does not have this</b>	<b>I do not use this</b>	<b>I use this</b>
2019 Hispanic	21.4%	58.2%	20.4%
2018 Overall	9.1%	61.3%	29.6%

**39j. Please indicate whether you use the following resources and facilities in your community.**  
Physical activity classes or activities through Community Education

n=94	My commun- ity does not have this	I do not use this	I use this once in a while	I use this some- times	I use this often
<b>2023 Hispanic</b>	<b>3.2%</b>	<b>85.1%</b>	<b>5.3%</b>	<b>0.0%</b>	<b>6.4%</b>
2022 Overall	8.5%	81.5%	5.6%	2.7%	1.7%

Different response options in 2018:

	My community does not have this	I do not use this	I use this
2019 Hispanic	8.0%	83.0%	9.0%
2018 Overall	4.1%	84.9%	11.0%

**40. Do you ever drive a car or other vehicle?**

n=91		Yes	No
<b>Hispanic</b>	<b>2023</b>	<b>76.9%</b>	<b>23.1%</b>
	2019	82.4%	17.7%
<b>Overall</b>	<b>2022</b>	<b>97.8%</b>	<b>2.2%</b>
	2018	96.4%	3.6%

**41a. (Of those who drive) When driving a car or other vehicle, how often do you read or send text messages?**

n=67		Often	Sometimes	Never	I don't have a cell phone
<b>Hispanic</b>	<b>2023</b>	<b>6.0%</b>	<b>23.9%</b>	<b>70.2%</b>	<b>0.0%</b>
	2019	3.7%	39.0%	53.7%	3.7%
<b>Overall</b>	<b>2022</b>	<b>2.9%</b>	<b>37.4%</b>	<b>58.7%</b>	<b>1.1%</b>
	2018	2.7%	38.1%	57.2%	2.0%

**41b. (Of those who drive) When driving a car or other vehicle, how often do you make or answer a phone call?**

n=67		Often	Sometimes	Never	I don't have a cell phone
Hispanic	2023	13.4%	49.25%	37.3%	0.0%
	2019	11.1%	50.6%	34.6%	3.7%
Overall	2022	17.9%	59.3%	21.7%	1.1%
	2018	20.9%	60.4%	17.1%	1.7%

**41c. (Of those who drive) When driving a car or other vehicle, how often do you do other activities such as eat, read, apply makeup or shave?**

n=66		Often	Sometimes	Never
Hispanic	2023	3.0%	24.3%	72.7%
	2019	2.4%	22.0%	75.6%
Overall	2022	2.8%	36.7 %	60.6%
	2018	5.4%	36.5%	58.2%

**41d. (Of those who drive) When driving a car or other vehicle, how often do you drive when you have perhaps had too much to drink?**

n=66		Often	Sometimes	Never
Hispanic	2023	1.5%	1.5%	97.0%
	2019	0.0%	12.2%	87.8%
Overall	2022	0.1%	6.4%	93.5%
	2018	0.0%	9.9%	90.1%

**41e. (Of those who drive) When driving a car or other vehicle, how often do you drive over the speed limit (up to 5 mph over the speed limit)?**

n=67		Often	Sometimes	Never
Hispanic	2023	10.5%	40.3%	49.3%
Overall	2022	28.3%	60.0%	11.7%

New question in 2022.

41f. (Of those who drive) When driving a car or other vehicle, how often do you drive over the speed limit (greater than 5 mph over the speed limit)?

n=67		Often	Sometimes	Never
Hispanic	2023	3.0%	31.4%	65.7%
Overall	2022	8.5%	51.5%	40.0%

New question in 2022.

42. How often do you wear a seat belt when you drive or ride in a car?

n=93		Always	Most of the time	Some-times	Seldom	Never
Hispanic	2023	92.4%	5.4%	1.1%	0.0%	1.1%
	2019	81.2%	15.8%	3.0%	0.0%	0.0%
Overall	2022	93.6%	5.6%	0.3%	0.4%	0.2%
	2018	91.2%	7.2%	0.5%	0.9%	0.2%

43. Do you have access to at least one working car or other vehicle to use when you need to?

n=93		Yes	No
Hispanic	2023	85.0%	15.0%
	2019	82.2%	17.8%
Overall	2022	96.5%	3.5%
	2018	97.5%	2.5%

44. Do you ever use public transportation such as *Trailblazer Transit* or *Central Community Transit*?

n=93		Yes	No
Hispanic	2023	16.1%	83.9%
	2019	21.6%	78.4%
Overall	2022	3.2%	96.8%
	2018	4.9%	95.1%

45. During the past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments or shopping?

n=92		Often	Sometimes	Rarely	Never
Hispanic	2023	4.4%	15.2%	13.1%	67.4%
	2019	10.0%	15.0%	19.0%	56.0%
Overall	2022	0.3%	2.1%	4.5%	93.1%
	2018	0.4%	3.3%	5.6%	90.7%

46. Do you own or rent your home?

n=80		Own	Rent	Other arrangement
Hispanic	2023	32.5%	63.8%	3.8%
	2019	40.2%	52.4%	7.3%
Overall	2022	88.3%	8.0%	3.6%
	2018	89.6%	7.7%	2.7%

47. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

n=82		Yes	No
Hispanic	2023	24.4%	75.6%
	2019	21.5%	78.5%
Overall	2022	6.8%	93.2%
	2018	5.8%	94.2%

**48. (Of those who rent an apartment in a multifamily building) Does anyone ever smoke in any of the following areas in your building?**

n=20		Apart-ments	Hall-ways	Laundry rooms	Lobby or lounge areas	Party rooms	On patios or balconies
Hispanic	2023	10.0%	0.0%	0.0%	5.0%	0.0%	20.0%
	2019	*	*	*	*	*	*
Overall	2022	20.3%	0.6%	0.0%	0.6%	0.0%	47.3%
	2018	19.1%	12.4%	0.0%	0.0%	0.0%	68.4%

**49. During the past 12 months, how often did you worry about not having enough money to pay your rent, mortgage or other housing costs?**

n=81		Often	Sometimes	Rarely	Never
Hispanic	2023	11.1%	21.0%	27.2%	40.7%
	2019	14.6%	31.7%	17.1%	36.6%
Overall	2022	2.9%	10.3%	13.1%	73.8%
	2018	4.1%	14.6%	14.9%	66.5%

**50-51. Smoking status (calculated variable)**

n=93		Current smoker	Former smoker	Never smoked
Hispanic	2023	4.3%	21.5%	74.2%
	2019	23.2%	11.1%	65.7%
Overall	2022	6.9%	24.9%	68.3%
	2018	11.2%	26.2%	62.6%

**52. (Of current smokers) During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?**

n=4		Yes	No
Hispanic	2023	*	*
	2019	30.4%	69.6%
Overall	2022	32.5%	67.5%
	2018	49.7%	50.3%

**53. (Of current smokers who have tried to quit in the past 12 months), how many times did you try to quit?**

n=4		0 times	1 time	2 times	3 times	4 or more times
Hispanic	2023	*	*	*	*	*
	2019	*	*	*	*	*
Overall	2022	0.0%	4.4%	27.8%	17.2%	50.5%
	2018	3.8%	24.3%	29.3%	6.3%	36.3%

**54. (Of current smokers) If you have tried to quit smoking cigarettes, why hasn't it worked? (Mark ALL that apply.)**

n=4		Not sure how to quit or where to go	Quit aids	Live w/ someone who smokes	Don't want to quit	Haven't tried	Other reason
Hispanic	2023	*	*	*	*	*	*
	2019	13.0%	8.7%	21.7%	8.7%	60.9%	8.7%
Overall	2022	3.5%	16.3%	21.4%	22.9%	30.7%	17.0%
	2018	3.6%	17.8%	23.1%	18.8%	31.6%	12.5%

**55a-h. (Of current and former smokers) The last time you tried to quit smoking (or when you quit for good) did you use...**

		Nicotine replacement	Prescription medication	Clinic or class	Telephone help line	On-line counseling	Face-to-face counseling	Other	None of these
<b>N*</b>		<b>17</b>	<b>16</b>	<b>16</b>	<b>16</b>	<b>16</b>	<b>16</b>	<b>16</b>	<b>17</b>
<b>Hispanic</b>	<b>2023</b>	<b>0.0%</b>	<b>0.0%</b>	<b>0.0%</b>	<b>0.0%</b>	<b>0.0%</b>	<b>0.0%</b>	<b>0.0%</b>	<b>71.6%</b>
	2019	*	*	*	*	*	*	*	*
<b>Overall</b>	2022	27.0%	10.0%	2.7%	0.1%	0.0%	0.8%	2.3%	69.9%
	2018	20.5%	18.0%	2.9%	1.5%	0.8%	1.8%	2.5%	67.1%

\*Because there was a yes/no response for each option, response count varies for each option.

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**56a. Cigar, cigarillo or little cigar smoking status**

<b>n=92</b>		<b>Non-smoker</b>	<b>Current smoker</b>
<b>Hispanic</b>	<b>2023</b>	<b>91.3%</b>	<b>8.7%</b>
	2019	82.2%	17.9%
<b>Overall</b>	2022	96.6%	3.4%
	2018	95.6%	4.4%

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**56b. Pipe smoking status**

<b>n=92</b>		<b>Non-smoker</b>	<b>Current smoker</b>
<b>Hispanic</b>	<b>2023</b>	<b>100.0%</b>	<b>0.0%</b>
	2019	97.0%	3.0%
<b>Overall</b>	2022	99.6%	0.4%
	2018	99.4%	0.7%

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**56c. Smokeless (snuff, snus, or chewing tobacco) status**

<b>n=91</b>		<b>Non-user</b>	<b>Current user</b>
<b>Hispanic</b>	<b>2023</b>	<b>100.0%</b>	<b>0.0%</b>
	2019	95.1%	5.0%
<b>Overall</b>	2022	93.7%	6.3%
	2018	96.7%	3.4%

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**56d. E-cigarette status**

<b>n=92</b>		<b>Non-user</b>	<b>Current user</b>
<b>Hispanic</b>	<b>2023</b>	<b>94.6%</b>	<b>5.4%</b>
	2019	91.0%	9.0%
<b>Overall</b>	2022	97.3%	2.7%
	2018	97.6%	2.4%

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**56e. Other tobacco product status**

<b>n=92</b>		<b>Non-user</b>	<b>Current user</b>
<b>Hispanic</b>	<b>2023</b>	<b>98.9%</b>	<b>1.1%</b>
	2019	92.0%	8.0%
<b>Overall</b>	2022	96.0%	4.0%
	2018	94.0%	6.0%

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**56a-56e. Any tobacco use (calculated variable)**

<b>n=90</b>		<b>Non-user</b>	<b>Current user</b>
<b>Hispanic</b>	<b>2023</b>	<b>85.6%</b>	<b>14.4%</b>
	2019	73.3%	26.7%
<b>Overall</b>	2022	84.1%	15.9%
	2018	83.4%	16.6%

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**56f. Recreational marijuana status**

n=92		Non-user	Current user
Hispanic	2023	93.5%	6.5%
	2019*	88.1%	11.9%
Overall	2022	95.6%	4.4%
	2018*	95.5%	4.5%

\*Any marijuana status: was not asked separately as medical and recreational.

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**56g. Legalized edible or beverage (5mg THC)**

n=92		Non-user	Current user
Hispanic	2023	91.3%	8.7%
Overall	2022	93.9%	6.1%

New question in 2022.

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**56h. Medical marijuana status**

n=92		Non-user	Current user
Hispanic	2023	95.7%	4.3%
	2019*	88.1%	11.9%
Overall	2022	99.1%	0.9%
	2018*	95.5%	4.5%

\*Any marijuana status: was not asked separately as medical and recreational.

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**56i. Other illegal drugs**

n=92		Current user
Hispanic	2023	Total count <5
	2019	6.0%
Overall	2022	Total count <5
	2018	Total count <5

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**56j. Prescription drugs that are not prescribed for you or that you take only to get high**

n=92		Current user
Hispanic	2023	0.0%
	2019	Total count <5
Overall	2022	Total count <5
	2018	Total count <5

---

**57. Will the legalization of marijuana (THC) make it more likely you will use legal THC products in the future?**

n=87		Very likely	Likely	Unlikely	Very unlikely
Hispanic	2023	10.4%	5.8%	27.6%	56.3%
Overall	2022	3.7%	12.4%	22.4%	61.5%

New question in 2022.

**58. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?**

n=91		Yes	No
Hispanic	2023	35.2%	64.8%
	2019	42.0%	58.0%
Overall	2022	71.7%	28.3%
	2018	68.8%	31.2%

**58-60. Drinking behavior (calculated variable)**

n=91		No drinking	Drinking, not heavy	Heavy drinking
Hispanic	2023	64.8%	30.8%	4.4%
	2019	32.4%	57.8%	9.8%
Overall	2022	28.3%	60.5%	11.2%
	2018	31.0%	60.5%	8.6%

**61. Binge drinking**

n=91		No drinking or no binge drinking	Any binge drinking*
Hispanic	2023	78.0%	22.0%
	2019	70.3%	29.7%
Overall	2022	77.9%	22.1%
	2018	71.7%	28.3%

\* Four or more drinks on any one occasion for females and five or more drinks on any one occasion for males

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**62a. In the last 2 years has your alcohol use changed?**

n=86		Yes, increased	No, remained the same	Yes, decreased
Hispanic	2023	4.7%	70.9%	24.4%
Overall	2022	6.6%	68.7%	24.6%

New question in 2022.

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**62b. In the last 2 years has your marijuana use changed?**

n=79		Yes, increased	No, remained the same	Yes, decreased
Hispanic	2023	2.5%	82.3%	15.2%
Overall	2022	2.2%	89.7%	8.1%

New question in 2022.

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**62c. In the last 2 years has your tobacco use changed?**

n=80		Yes, increased	No, remained the same	Yes, decreased
Hispanic	2023	2.5%	78.8%	18.8%
Overall	2022	1.0%	89.7%	9.4%

New question in 2022.

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**62d. In the last 2 years has your other drug use changed?**

n=78		Yes, increased	No, remained the same	Yes, decreased
<b>Hispanic</b>	<b>2023</b>	<b>1.3%</b>	<b>84.6%</b>	<b>14.1%</b>
<b>Overall</b>	2022	0.2%	92.9%	6.9%

New question in 2022.

**63. Have you experienced any losses related to the COVID pandemic? (Mark ALL that apply)**

n=93		None	Job	Income	Housing	Social connect- edness	Social support	Health insurance	Transportation
Hispanic	2023	59.1%	14.0%	17.2%	0.0%	11.8%	5.4%	1.1%	4.3%
Overall	2022	41.9%	7.9%	9.7%	2.3%	29.4%	7.4%	1.1%	0.4%

63 (continued).

n=93		Child care	Regular school routine	Sense of wellness	Recreation or entertainment	Exercise opportunities	Death of a family member	Death of a friend/patient/client/co-worker	Other
Hispanic	2023	4.3%	6.5%	9.7%	5.4%	5.4%	8.6%	14.0%	1.1%
Overall	2022	2.9%	10.6%	0.4%	23.1%	8.5%	11.6%	19.1%	2.7%

New question in 2022.

**64a. During the COVID-19 pandemic, I felt I had access to resources that I could use to help my family.**

n=87		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	21.8%	51.7%	20.7%	5.8%
Overall	2022	13.7%	68.3%	14.2%	3.8%

New question in 2022.

**64b. During the COVID-19 pandemic, I felt I had skills that I could use to help others.**

n=88		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	14.8%	54.6%	22.7%	8.0%
Overall	2022	16.6%	55.8%	25.2%	2.5%

New question in 2022.

**64c. During the COVID-19 pandemic, I felt I could count on my community to respond.**

n=87		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	16.1%	55.2%	19.5%	9.2%
Overall	2022	5.6%	53.1%	33.5%	7.7%

New question in 2022.

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64d. During the COVID-19 pandemic, I felt I could count on my community to fully recover.

n=87q		Strongly agree	Agree	Disagree	Strongly disagree
Hispanic	2023	17.2%	51.7%	21.8%	9.2%
Overall	2022	7.0%	54.2%	34.8%	4.0%

New question in 2022.

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71. Weight status according to Body Mass Index (calculated variable)

n=73		Not overweight	Overweight	Obese
Hispanic	2023	19.2%	32.9%	47.9%
	2019	22.9%	32.2%	44.8%
Overall	2022	28.3%	37.3%	34.4%
	2018	24.6%	36.4%	39.1%

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76. (Of those employed, other than self-employed or farmer) Does your employer have a worksite wellness program?

n=48		Yes	No	Not sure
Hispanic	2023	31.3%	47.9%	20.8%
	2019	25.4%	39.7%	34.9%
Overall	2022	32.1%	44.8%	23.1%
	2018	39.1%	46.7%	14.1%

**77. (Of those whose employer has a worksite wellness program) Do you participate?**

<b>n=15</b>		<b>Yes</b>	<b>No</b>
<b>Hispanic</b>	<b>2023</b>	*	*
	2019	*	*
<b>Overall</b>	2022	53.3%	46.7%
	2018	49.4%	50.6%

## 65-70, 73-75. Demographics

		Overall population weighted percent ^	Hispanic percent^
<b>Sex assigned at birth</b>	Female	49.7%	61.1%
	Male	50.3%	38.9%
<b>Gender identity</b>	Male	50.2%	37.2%
	Female	49.6%	59.6%
	Transgender man	0.0%	1.1%
	Transgender woman	0.0%	0.0%
	Genderqueer/Gender Non-conforming	0.0%	0.0%
	Non-Binary	0.0%	1.1%
	Two-spirit	0.0%	0.0%
	Gender not listed above	0.0%	0.0%
	Unknown	0.0%	0.0%
	Other	0.1%	0.0%
	Don't know/questioning	0.1%	1.1%
<b>Sexual orientation</b>	Heterosexual or straight	95.1%	79.1%
	Asexual	0.0%	0.0%
	Bisexual	0.8%	2.3%
	Gay or lesbian	0.6%	0.0%
	Questioning/Not sure	0.0%	0.0%
	Pansexual	0.1%	0.0%
	Queer	0.4%	0.0%
	Don't describe myself in these ways	3.0%	18.7%
<b>Age categories</b>	18-34	24.2%	48.4%
	35-44	15.8%	24.2%
	45-54	16.1%	13.2%
	55-64	19.2%	7.7%
	65-74	13.9%	5.5%
	75+	10.8%	1.1%

		Overall population weighted percent^	Hispanic percent^
<b>Race and ethnicity</b>	White	96.4%	33.3%
	Non-White	3.6%	66.7%
	Hispanic/Latino	*	98.9%
	American Indian	*	2.5%
	Asian or Pacific Islander	*	0.0%
	Black or African American or African	*	0.0%
	Other race	*	64.2%
<b>Education</b>	Less than high school	2.5%	26.1%
	High school diploma/GED	21.0%	37.0%
	Trade/Vocational school	12.2%	3.3%
	Some college	11.0%	16.3%
	Associates degree	11.2%	8.7%
	Bachelor's degree or higher	41.8%	8.7%
<b>Household income</b>	Less than \$20,000	4.8%	30.3%
	\$20,000-\$34,999	9.6%	24.7%
	\$35,000-\$49,999	13.4%	21.4%
	\$50,000-\$74,999	20.2%	19.1%
	\$75,000-\$99,999	16.9%	4.5%
	\$100,000+	35.2%	0.0%
<b>Employment status</b>	Employed	64.8%	62.3%
	Self-employed/farmer	8.8%	5.6%
	Unemployed	2.1%	11.2%
	Homemaker/stay at home parent	2.6%	12.4%
	Student	0.9%	0.0%
	Retired	24.4%	3.4%
	Unable to work	3.2%	4.5%
<b>County</b>	Meeker	30.5%	25.0%
	McLeod	49.5%	38.0%
	Sibley	20.0%	37.0%

^Missing data not included in denominator to calculate percents.

## Appendix A

### Calculated Variables

Variable	Description
WHO (Five) Well-Being Index	<p>WHO (Five) Well-Being Index</p> <p>Q25. <i>For each of the following statements, please mark which is the closest to how you have been feeling over the last two weeks.</i></p> <ul style="list-style-type: none"> <li>a. <i>I have felt cheerful and in good spirits.</i></li> <li>b. <i>I have felt calm and relaxed.</i></li> <li>c. <i>I have felt active and vigorous.</i></li> <li>d. <i>I woke up feeling fresh and rested.</i></li> <li>e. <i>My daily life has been filled with things that interest me.</i></li> </ul> <p>Respondents choose one of the following for each question:</p> <ul style="list-style-type: none"> <li><i>All of the time (score of 5)</i></li> <li><i>Most of the time (score of 4)</i></li> <li><i>More than half of the time (score of 3)</i></li> <li><i>Less than half of the time (score of 2)</i></li> <li><i>Some of the time (score of 1)</i></li> <li><i>At no time (score of 0)</i></li> </ul> <p>Scores for each question are totaled and then multiplied by 4 for a percentage score between 0 and 100.</p>
Total servings of fruit eaten yesterday	<p>Total servings of fruits eaten yesterday are derived by adding responses to the following questions:</p> <p>Q28. <i>How many servings of fruit did you have yesterday?</i></p> <p>Q29. <i>How many servings of fruit juice did you have yesterday?</i></p>
Total servings of fruits and vegetables eaten yesterday	<p>Total servings of fruits and vegetables eaten yesterday are derived by adding responses to the following questions:</p> <p>Q28. <i>How many servings of fruit did you have yesterday?</i></p> <p>Q29. <i>How many servings of fruit juice did you have yesterday?</i></p> <p>Q30. <i>How many servings of vegetables did you have yesterday?</i></p>
Smoking status and any tobacco use status	<p><b>Smoking status</b> is derived from the responses to:</p> <p>Q50. <i>Have you smoked at least 100 cigarettes in your entire life?</i> and</p> <p>Q51. <i>Do you now smoke cigarettes every day, some days or not at all?</i></p> <p><u>Current smoker</u>: a person who has smoked at least 100 cigarettes in his or her entire life and now smokes cigarettes every day or some days.</p> <p><u>Former smoker</u>: a person who has smoked at least 100 cigarettes in his or her entire life but does not smoke now.</p> <p><u>Never smoked</u>: a person who has smoked fewer than 100 cigarettes in his or her entire life.</p>

	<p><b>Any tobacco use status</b> is derived from current smoker (as defined above) and from responses to:  Q56a-e. <i>How often do you use any of the following products?</i></p> <ul style="list-style-type: none"> <li>a. <i>Cigar, cigarillos, or little cigars</i></li> <li>b. <i>Pipes</i></li> <li>c. <i>Snuff, snus or chewing tobacco</i></li> <li>d. <i>E-cigarettes</i></li> <li>e. <i>Any other type of tobacco product</i></li> </ul> <p><u>Current user</u>: a person who is a current smoker and/or uses any of the products listed in Q56a-e every day or some days.</p> <p><u>Non-user</u>: a person who is not a current smoker and never uses any of the products listed in Q56a-e.</p>
Drinking behavior	<p>Drinking behavior was derived from the responses to:  Q58. <i>During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?</i>  Q59. <i>During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?</i>  Q60. <i>During the past 30 days, on the days when you drank, about many drinks did you drink on average?</i></p> <p><u>No drinking</u>: a person who has not had any alcoholic beverages in the last 30 days</p> <p><u>Drinking, not heavy</u>: a person who has had at least one alcoholic beverage in the last 30 days and less than one drink per day if female and less than two drinks per day if male</p> <p><u>Heavy drinking</u>: a female who has had on average one or more drinks per day for the last 30 days, or a male who has had on average two or more drinks per day for the last 30 days</p>
Weight status according to Body Mass Index	<p>Body Mass Index (BMI) is calculated from self-reported height and weight (q71) using the formula:  <math>BMI = (\text{weight in kilograms}) / (\text{height in meters})^2</math></p> <p>Classification of Weight status according to BMI:  <u>Not overweight</u>: BMI &lt; 25.0  <u>Overweight</u>: BMI between 25.0 and 29.9  <u>Obese</u>: BMI ≥ 30.0</p>

