### BREASTFEEDING RESOURCES

Crow River Area Breastfeeding Coalition

### public health

## hospitals

TELEPHONE Support

BREASTFEEDING & prenatal classes

McLeod County 320-864-3185

Meeker County 320-693-5370

Sibley County 507-237-4000

<u>Glencoe Regional Health</u> OB Unit, CLC on staff 320-864-7713

Hutchinson Health Birthcare IBCLC on staff 320-484-4620

<u>Meeker Memorial</u> Breastfeeding Clinic, IBCLC on staff 320-373-3028

Infant Risk Center Questions about medications and breastfeeding M-F, 8am-5pm CST 806-352-2519

Hutchinson Health Registration available <u>online</u> or call 320-484-4513

**Glencoe Regional Health** Registration available <u>online</u> or call 320-864-7824

**New Ulm Medical Center** Call the OB Unit at 507-217-5333 Breastfeeding support is offered through new baby visits to all women. The Women, Infants, and Children (WIC) program and WIC's peer breastfeeding support program offer additional support. CLC/CLS trained nurses and registered dietitians.

<u>New Ulm Medical Center</u> IBCLC on staff 507-217-5333

Ridgeview Medical Lactation Department IBCLC on staff 952-777-4658

Office of Women's Health National Breastfeeding Resource Line Phone lines staffed 8am-5pm, English and Spanish 800-994-9662

**Meeker Memorial** Registration available <u>online</u> or call 320-693-4590

**Ridgeview Medical Center** Registration available <u>online</u> or call 952-777-4646

#### BREASTFEEDING Supplies & pumps

#### ONLINE TESOUTCES

# community groups local doulas

Hutchinson Adapt Health 320-234-5110

Thrifty White 320-587-2509

#### Litchfield

Meeker Memorial Breastfeeding Clinic Outpatient prenatal and postpartum appointments available, dispense insurance pumps, sizing of breast shields, ability to test pump suction level. 320-373-3028

\*No endorsement of service or quality is being implied or promoted.

La Leche League International FAQ's, breastfeeding information, find a group www.llli.org

Work and Pump Back to work basics, boosting milk supply, topics A-Z www.workandpump.com

Minnesota Breastfeeding Coalition Links to resources, laws, events www.mnbreastfeedingcoalition.org

MN Milk Bank for Babies Donate breast milk for babies in need

www.mnmilkbank.org

Stanford Medicine Newborn Nursery Video clips and resource listing www.med.stanford.edu/newborns

The Lactation Corner Search Facebook "The Lactation Corner" to join the private group. Call or text Meg at 320-296-8003 for meeting information.

Doula Julia LLC Birth Doula Julia Aho doulajulia.aho@gmail.com 612-358-1556

**World Breastfeeding Week Event** Hosted annually in August Like our <u>Facebook</u> page for info **New Ulm** AdaptHealth 507-217-5585

Waconia Ridgeview Medical Center 952-777-4658

Willmar Rice Home Medical 320-235-8434

Online Milk Moms www.milkmoms.com

NEB Doctors of MN www.nebdr.com

KellyMom Breastfeeding information, common concerns, message boards/forums www.kellymom.com

Breastfeeding Made Simple Common concerns, benefits of breastfeeding, video clips www.breastfeedingmadesimple.com

Low Milk Supply Support for mothers experiencing low milk production www.lowmilksupply.org

Online Resource Guide Search "Your Guide to Breastfeeding" www.womenshealth.gov

Bonded by the Womb Doula Services bondedbythewombdoulas@gmail.com 320-510-4128

Tiny Crow Doulas katerikormann@gmail.com 313-600-0368

<u>Sweet Pea Doula Services</u> sweetpeadoulamn@gmail.com 507-237-6426



For more information, call 507-237-4018 or scan the QR code to view our website. Revised May 2023 For most recent resource guide, please see our website

