



## Monthly Meeting March 7th, 2023 @ noon

Join ZOOM meeting

- Introductions
- Financial Update
  - MBC payment not on CHS tracking sheet
  - finding that there continues to be +\$500 discrepancy that was supposed to be fixed in 2021.

What can we use our dollars towards? (Ideas from November 2022 meeting)

- Becoming 501c3 (see link <u>HERE</u> for paperwork and cost for submission.)
  - Put on hold: need to first focus on recruitment and growing the coalition before establishing 501c3
- Order printed Year In Review documents
  - Where to donate? BF champions, our donators and partners
- Order printed resource guides for Hutch Health and Ridgeview
- Purchase an evidence-based curriculum to use at community education classes. Spanish and English
- Breastfeeding books for libraries in all 3 counties?
- Grants for lactation spaces? Is this duplicating what SHIP can do with their dollars?
- <u>Pump and pal inserts</u> This attachment allows you to use medela shields with other breast pumps (Spectra)
- WBW Celebration August 5, 2023
  - Plan on April meeting focusing on WBW celebration
  - Continue hosting at Hunters Ridge Church in Hutch
  - Model Mamapalooza event? Resource fair, a few speakers (chiropractor, Milk Moms, etc.)
  - 5k?
  - BCBS (Gary) interested in sponsoring. Also check with SCHA and Primewest.

2023 Goal Planning & Setting





If time allows...

- Public Health
  - Meeker- The fair board and SHIP are working on establishing a designated breastfeeding space for the fairgrounds. A shed has been purchased, looking for donations to complete the space (AC unit, chair, etc.)
  - McLeod- the lactation space at the Courthouse is finished! Working with SHIP to try and establish a designated lactation space at the fairgrounds.
- Meeker Memorial hoping to have Joanne present to local PH staff and hospitals on breast pumps. Tentative May/June date.
- Hutchinson Health Jenny/Nicole met with Renee Kurth and had great discussion around how we can better support postpartum moms. HH has now implemented scheduled 3 week and 6 week f/u appts for mom prior to discharge!
- GRH
  - Baby Cafe update?
- The Lactation Corner/BF Peers updated name from Moms Like You (updated flyer in email). Applied for a grant that would help fund the World Breastfeeding Week community event to promote lactation, purchase breastfeeding curriculum (English/Spanish) to educate through ECFE, support groups, and other outreach
- WIC will likely be going back to in person appointments in August.
- Nurse Family Partnership keep sending referrals! No plans on refilling outreach worker position which ended in December.
- Minnesota Breastfeeding Coalition



## Trainings

- Tentative breast pump training with Joanne from Meeker Memorial in May or June, more details to come
- MBC In-person Conference October 12-13
- PMAD's webinar recording from Primewest
- Great Lakes Breastfeeding Webinars free monthly
- <u>Breastfeeding LA</u>
- <u>MBC Events</u>
- GOLD Lactation
- <u>Recorded Webinar Colostrum: The Golden Ticket to</u>
  <u>a Healthy Start</u>





- AAP updated <u>recommendations</u> for breastfeeding
- New Mastitis <u>recommendations</u>
- 2022 Breastfeeding Report Card released
- Breastfeeding Initiation Rates for babies in MN
- Global Health Media Project

Noon-1:30pm 1st Tuesday of each month

April 4th May 2nd June 6th July 11th August 1st September 5th October 3rd November 7th December 5th

Recurring ZOOM link for meetings <u>CLICK HERE</u>



- <u>Website</u> and <u>Facebook</u> Page
- Our Mission: Collaborate with local health departments, WIC, healthcare, businesses, and community members to protect, support, and promote breastfeeding.
- Our Vision: Provide a clear and consistent message through the community about breastfeeding resources and support.

Lindsay (MMS WIC), Jenny (Meeker), Nicole (McLeod), Emily (Sibley) Lois (NFP), Nikki (NFP Executive Director)



Attendance

## Action Items



 Post November meeting minutes to website if approved