



BREASTFEEDING RESOURCES

Crow River Area Breastfeeding Coalition

LOCAL
public health

McLeod County

320-864-3185

Meeker County

320-693-5370

Sibley County

507-237-4000

Breastfeeding support is offered through new baby visits to all women. The Women, Infants, and Children (WIC) program and WIC's peer breastfeeding support program offer additional support. CLC-trained nurses.

LOCAL
hospitals

Glencoe Regional Health

OB Unit, CLC on staff
320-864-7713

Hutchinson Health

IBCLC on staff
320-484-4620

Meeker Memorial

Breastfeeding Clinic, IBCLC
on staff
320-373-3028

New Ulm Medical Center

IBCLC on staff
507-217-5333

**Ridgeview Medical
Lactation Department**

IBCLC on staff
952-777-4658

TELEPHONE
support

Infant Risk Center

Questions about medications
and breastfeeding
M-F, 8am-5pm CST
806-352-2519

**Office of Women's Health
National Breastfeeding
Resource Line**

Phone lines staffed 8am-5pm,
English and Spanish
800-994-9662

BREASTFEEDING &
prenatal
classes

Hutchinson Health

Registration available [online](#) or
call 320-484-4513

Glencoe Regional Health

Registration available [online](#) or
call 320-864-7824

New Ulm Medical Center

Call the OB Unit at
507-217-5333

Meeker Memorial

Registration available [online](#) or
call 320-693-4590

Ridgeview Medical Center

Registration available [online](#) or
call 952-777-4646



BREASTFEEDING
supplies & pumps

ONLINE
resources

SUPPORT GROUPS &
local doulas



Hutchinson
Adapt Health
320-234-5110

Thrifty White
320-587-2509

Litchfield
Meeker Memorial Breastfeeding Clinic
Outpatient prenatal and postpartum
appointments available, dispense
insurance pumps, sizing of breast
shields, ability to test pump suction
level.
320-373-3028

*No endorsement of service or quality is being
implied or promoted.

La Leche League International
FAQ's, breastfeeding
information, find a group
www.llli.org

Work and Pump
Back to work basics, boosting
milk supply, topics A-Z
www.workandpump.com

Minnesota Breastfeeding Coalition
Links to resources, laws, events
www.mnbreastfeedingcoalition.org

MN Milk Bank for Babies
Donate breast milk for babies in
need
www.mnmilkbank.org

Stanford Medicine Newborn Nursery
Video clips and resource listing
www.med.stanford.edu/newborns

Moms Like You
Search Facebook "Moms Like You"
to join the private group. Call or text
Meg at 320-296-8003 for meeting
information.

Doula Julia LLC
Birth Doula Julia Aho
doulajulia.aho@gmail.com
612-358-1556

New Ulm
AdaptHealth
507-217-5585

Waconia
Ridgeview Medical Center
952-777-4658

Willmar
Rice Home Medical
320-235-8434

Online
Milk Moms
www.milkmoms.com

NEB Doctors of MN
www.nebdr.com

KellyMom
Breastfeeding information,
common concerns, message
boards/forums
www.kellymom.com

Breastfeeding Made Simple
Common concerns, benefits of
breastfeeding, video clips
www.breastfeedingmadesimple.com

Low Milk Supply
Support for mothers experiencing
low milk production
www.lowmilksupply.org

Online Resource Guide
Search "Your Guide to
Breastfeeding"
www.womenshealth.gov

Bonded by the Womb Doula Services
bondedbythewombdoulas@gmail.com
320-510-4128

Tiny Crow Doulas
katerikormann@gmail.com
313-600-0368

Sweet Pea Doula Services
sweetpeadoulamn@gmail.com
507-237-6426

For more information, call 507-237-4018 or scan the QR code to view our website.

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For most recent resource guide, please see our website

