

## Breastfeeding Supplies & Pumps

### Hutchinson

Allina Home Oxygen & Medical Equipment – 320-234-5110  
Thrifty White - 320-587-2509

### Litchfield

Meeker Memorial Breastfeeding Clinic- 320-373-3028  
*\*Pumps, larger breast shields, and other supplies. Ability to test pump suction level.*

### New Ulm

Allina Home Oxygen & Medical Equipment - 507-217-5585

### Waconia

Ridgeview Medical Center  
952-777-4658

### Willmar

Rice Home Medical  
320-235-8434

### Online: Milk Moms

[www.milkmoms.com](http://www.milkmoms.com)

### Online: NEB Doctors of MN

[www.nebdr.com](http://www.nebdr.com)

### MN Milk Bank for Babies

[www.mnmilkbank.org](http://www.mnmilkbank.org)

Donate breast milk for babies in need

## Online Resources

### La Leche League International

[www.llli.org](http://www.llli.org)

*Frequently asked questions, breastfeeding information, find a La Leche League group*

### Kellymom.com

[www.kellymom.com](http://www.kellymom.com)

*Breastfeeding information, common concerns, message boards/forums*

### Breastfeeding Made Simple

[www.breastfeedingmadesimple.com](http://www.breastfeedingmadesimple.com)

*Common concerns, benefits of breastfeeding, video clips*

### Work and Pump

[www.workandpump.com](http://www.workandpump.com)

*Back to work basics, boosting milk supply, topics A-Z*

### Low Milk Supply

[www.lowmilksupply.org](http://www.lowmilksupply.org)

*Support for mothers experiencing low milk production*

### Online Resource Guide

[www.womenshealth.gov](http://www.womenshealth.gov)

*Search “Your Guide to Breastfeeding”*

### Minnesota Breastfeeding Coalition

[www.mnbreastfeedingcoalition.org/](http://www.mnbreastfeedingcoalition.org/)

*Link to resources, laws, business case for breastfeeding*

## Breastfeeding Resources

### Local Public Health

Breastfeeding support is offered through new baby visits, the Women, Infants, and Children (WIC) program and WIC's peer breastfeeding support program.

McLeod County Public Health 320-864-3185  
Meeker County Public Health 320-693-5370  
Sibley County Public Health 507-237-4000

### Glencoe Regional Health

Birth Center - 320-864-7713  
Certified Lactation Counselors (CLC) on staff.

### Hutchinson Health

Hutchinson, International Board Certified Lactation Consultant (IBCLC) on staff  
320-484-4620

### Meeker Memorial

Breastfeeding Clinic, IBCLC on staff, virtual visits available - 320-373-3028  
*\*\*If you did not deliver your baby at Meeker Memorial Hospital but would like to receive lactation assistance through their breastfeeding clinic; please ask your healthcare provider to fax a referral to 320-373-3029.*

### New Ulm Medical Center

New Ulm, IBCLC on staff - 507-217-5333

### Ridgeview Medical Lactation Department

Waconia, IBCLC on staff - 952-777-4658

### Office on Women's Health National Breastfeeding Help Line

Phone lines staffed 8 am-5 pm.  
English & Spanish 1-800-994-9662 option 1

### Infant Risk Center

Questions about medications and breastfeeding M-F, 8-5 - 806-352-2519

\*No endorsement of service or quality is being implied or promoted.



## Breastfeeding and Prenatal Classes

### Hutchinson Health

[www.hutchhealth.com](http://www.hutchhealth.com) → Patients & Guests → Events and Classes → BirthCare Classes  
For more information, call 320-484-4513.

### Glencoe Regional Health

[www.grhsonline.org](http://www.grhsonline.org) → Care & Services → Best Beginnings Birth Center → Prenatal Education and Breastfeeding Class  
For more information, call 320-864-7810.

### Meeker Memorial Hospital

[www.meekermemorial.org](http://www.meekermemorial.org) → Patients and Visitors → Events & Classes  
For more information, call 320-693-4590.

### Ridgeview Medical Center

[www.ridgeviewmedical.org](http://www.ridgeviewmedical.org) → Classes & Events → Pregnancy & Childbirth  
For more information, call 952-442-8083.

### New Ulm Medical Center

Call the OB Unit at 507-217-5333

## Support Groups

### Moms Like You

Search Facebook "Moms Like You" to join the private group. Call or text Meg at 320-296-8003

### Ridgeview Medical Center

[www.ridgeviewmedical.org](http://www.ridgeviewmedical.org)  
→ Classes & Events → Support Groups → Mom & Baby Virtual CONNECTION  
Email [MBC@ridgeviewmedical.org](mailto:MBC@ridgeviewmedical.org) to get started.

### Local Doulas

#### Doula Julia LLC

Birth Doula Julia Aho  
[doulajulia.aho@gmail.com](mailto:doulajulia.aho@gmail.com)  
612-358-1556

#### Bonded by the Womb Doula Services

[bondedbythewombdoulas@gmail.com](mailto:bondedbythewombdoulas@gmail.com)  
320-510-4128

#### Tiny Crow Doulas

[katerikormann@gmail.com](mailto:katerikormann@gmail.com)  
313-600-0368

For more information, call 507-237-4018

or check out our website at

<https://www.mmshealthycommunities.org/crow-river-area-breastfeeding-coalition/>

(Revised March 2021)

For most recent resource guide, please see our website.



Our mission is to collaborate with local health departments, WIC, healthcare, businesses, and community members to protect, support, and promote breastfeeding.

Our vision is to provide a clear and consistent message through the community about breastfeeding resources and support.

