



## Crow River Area Breastfeeding Coalition

January 24<sup>th</sup>, 2020 9-10:30am

Hutchinson Health (Conference Room A)

Present: Whitney N. (Sibley), Jenny C. (Meeker), Joanne W. (Meeker Memorial), Jessica R. (MMS CHS WIC), Meg S. (WIC Peer), Jayme K. (McLeod), Karen G. (Hutch Health), Jill Y. (Community member), Amber R. (Hutch Health), Lindsay H. (MMS CHS WIC), Terri H. (McLeod/Hutch Health)

Mission: Collaborate with local health departments, WIC, healthcare, businesses, and community members to protect, support, and promote breastfeeding.

Vision: Provide a clear and consistent message through the community about breastfeeding resources and support.

Topic	Discussion/Plan	Action/Do/Follow up
Welcome and Introductions		
Approval of December Minutes	Motion by Joanne, 2 <sup>nd</sup> by Lindsay	
Financial Update	\$602.25	Jayme will connect with Julie in Meeker County to confirm amount in account matches records.
Coalition Accomplishments	2019 Year In Review	Post Year In Review on website
Annual Business	Review Operating Procedures  Officers	Add "businesses" to mission in operating procedures  Officer—no term limit, reviewed annually. Motion by

	<p>Review Website</p> <p>Review Resource Guide</p>	<p>Joanne, 2<sup>nd</sup> by Karen to keep same officers.</p> <p>Website has two broken links—Whitney to find updates pages/resources and send to Kerry. Add Operating Procedures to website. Add 2019 accomplishments.</p> <p>Send out resource guide with minutes for all to review for updates. Last updated 7/2019.</p>
<p>Strategic Plan/ Action Plan</p>	<p>Quarter 4 CHIP monitoring</p> <p>Number of breastfeeding policy changes:</p> <p>Q1: 1</p> <p>Q2: 0</p> <p>Q3: 2</p> <p>Q4: 0</p> <p>Review 2019</p> <p>Create 2020</p>	<p>Shared goal ideas for 2020. Jayme will create action plan and bring to February meeting for review.</p> <p>Overall goals:</p> <p>Increase participation in Sibley County by hosting a meeting. Sibley has no delivering hospital but patients are seen at Ridgeview in Arlington. Need to get them resource guides and connect.</p> <p>Increase overall coalition participation</p> <p>Establish 2 more local outpatient clinics</p> <p>Lactation spaces—possibility</p>

		of partnering with SHIP for Ridgewater College and Arlington Community Center.
Partner Sharing	<p><b>Public Health</b> CRABC meetings are now on same day as Home Visiting Reflective Practices, conflict for McLeod nurses.</p> <p><b>Peer Program</b> 65 women participating in peer program. Average of 20 referrals every quarter. Retention is good.</p> <p><b>Moms Like You</b> Continues to meet 3<sup>rd</sup> Saturday of each month. 5-6 moms each month on average, "regulars". Creating more outreach materials. Reminder that the group is not just for WIC moms. The group is working on creating awards for each mom achieving their breastfeeding goal or certain milestones.</p> <p><b>WIC</b> Shared breastfeeding graphs/trends. Jess will work on more graphs to send out.</p> <p><b>Meeker Memorial</b> Live with Epic on 2/1. Joanne has created lactation charting for the system. Centracare had not yet done this so now it can be shared agency-wide.</p> <p><b>Hutchinson Health</b> No OB staff present. Estimated 200-250 births by November 2019. Continuing to encourage PH visit.</p> <p><b>Glencoe Regional Health</b> Email update from Katelynn G.—Breastfeeding classes 1/6/20, 4/20/20, 7/13/20, 10/5/20 6-8pm. GRH is advertising the Moms Like You support group on their website. Physical Therapists are offering specialized treatment for blocked milk ducts.</p>	Moms Like You will work on creating a wish list to possibly partner with CRABC for funds.

<p>MN Breastfeeding Coalition</p>	<p>SEED money update—funded at 75% for \$1,500. Subcommittee will continue.</p> <p>MBC will be sending a check; we will have to submit/track receipts. Must be spent by end of year. Goal is to establish 2 outpatient clinics (GRH and RC Hospital &amp; Clinics in Olivia). Money would be for partial payment of feeding scale and site visits. Subcommittee is looking into other grants to cover remainder of scale cost.</p>	
<p>Upcoming Trainings</p>	<p>“7th Perinatal Hospital Leadership Summit” Thursday May 14th, 2020 in St. Paul. More info on MBC website.</p> <p>Monthly: Great Lakes Network Series, Michigan Breastfeeding Network (3rd Tuesday of each month) <a href="https://www.mibreastfeeding.org/learn-connect/">https://www.mibreastfeeding.org/learn-connect/</a></p>	<p>MDH Breastfeeding Friendly Child Care education options:</p> <ul style="list-style-type: none"> <li>▪ Childhood Obesity Prevention: LMCC – Support Infant Feeding (#184853)</li> <li>▪ Supporting Breastfeeding in Child Care Programs (#176788)</li> <li>▪ Healthy Kids, Healthy Future: Nutrition, Beverages and Infant Feeding (#179252)</li> <li>▪ Creating a Breastfeeding Friendly Environment (#123473)</li> </ul> <p><a href="https://www.developoolmn.org/">https://www.developoolmn.org/</a></p> <p>Jenny to update toolkit</p>
<p>Outreach</p>	<p>Ridgewater College Health Fair—March 24<sup>th</sup>. Jenny is available for this event.</p>	

	<p>Establish BLO 2020 subcommittee—option to stay 10 minutes after for brainstorming (Jill, Jenny C., Meg, Joanne) Event is AUGUST 1<sup>st</sup>, 2020.</p> <ul style="list-style-type: none"> <li>• Park is reserved</li> </ul> <p>Mamapalooza moved to Spring</p>	
Fundraising	<p>Unhinged Pizza-- Available dates changed since meeting. Will wait to have a Tip Night until May. Decide on date at February meeting.</p>	
Future Meeting Dates	<p>February 28th, 2020—GRH (conf. A)  March 27th, 2020—Dunn Bros Coffee Hutchinson  April 24th, 2020—Meeker Memorial  May 22nd, 2020—Hutchinson Health (conf. A)  June 26th, 2020—GRH (conf. A)  July 24th, 2020—Sibley County Service Center  August 28th, 2020—Meeker Memorial  September 25th, 2020—Hutchinson Health (conf. A)  October 23rd, 2020—GRH (conf. A)</p>	<p>Discussion about a meeting at Ridgewater College and Sibley County</p>
Respectfully Submitted:	Whitney Nelson, RN, PHN, CLC	