Meeker, McLeod, Sibley
Healthy Communities

2018 Community Health Survey Results

Public Health
Prevent. Promote. Protect.
Meeker McLeod Sibley
Community Health Services

ship
statewide health
improvement partnership

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Introduction

In 2009, Meeker McLeod Sibley Community Health Services (MMS) began receiving funding from the Minnesota Department of Health through the Statewide Health Improvement Partnership (SHIP). SHIP aims to improve the health of Minnesotans by reducing tobacco use and obesity through policy, systems and environmental change strategies. MMS has continued to receive funding through each subsequent funding cycle to date. In 2013-14, funds also became available through SHIP to conduct a community health survey to gather county level surveillance of adults on behavioral health risk factors and overall health. Additional funds were available to repeat the survey in 2018. This report contains detailed results from the 2018 iteration of the survey, along with overall prevalence data for each question also included in the 2014 survey. The survey will continue to be repeated in future years to gather additional county-level and tri-county data and measure changes in health behaviors and overall health over time.

Survey Methodology

Survey Instrument

The survey instrument used for the project was adapted from a survey conducted in 2014 in Meeker, McLeod and Sibley counties. Staff from the public health agencies revised the survey content in partnership with local health care partners and with technical assistance from the Minnesota Department of Health Center for Health Statistics. The survey was formatted by the survey vendor, Survey Systems, Inc. of Shoreview, MN, as a scannable, self-administered English-language questionnaire.

Sample

A two-stage sampling strategy was used for obtaining probability samples of adults living in each of the three counties. A separate sample was drawn for each county. For the first stage of sampling, a random sample of county residential addresses was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA). Address-based sampling was used so that all households would have an equal chance of being sampled for the survey. Marketing Systems Group obtained the list of addresses from the U.S. Postal Service. For the second stage of sampling, the "most recent birthday" method of within-household respondent selection was used to specify one adult from each selected household to complete the survey.

Survey Administration

An initial survey packet that included a cover letter, the survey instrument, and a postage-paid return envelope was mailed October 22-23 2018, to 5400 sampled households (1800 from each county). One week after the first survey packets were mailed (October 29), a reminder postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (November 12), another full survey packet was sent to all households that still had not returned the survey. The

remaining completed surveys were received over the next six weeks, with the final date for the receipt of surveys being December 28, 2018.

Completed Surveys and Response Rate

Completed surveys were received from 1463 adult residents of the three counties; thus, the overall response rate was 27.1% (1463/5400). County-specific response rates can be found in the next section.

Data Entry and Weighting

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc.

To ensure that the survey results are representative of the adult population of each of the three counties, the data were weighted when analyzed. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household. The weighting also includes a post-stratification adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult populations of the three counties according to U.S. Census Bureau American Community Survey 2013-17 estimates.

County	Completed Surveys	Response Rate
Meeker	510	28.3%
McLeod	476	26.4%
Sibley	477	26.5%

Reading the Data Tables

The tables are organized based on the order questions were asked in the actual survey. The table headings contain the question as asked in the survey and the corresponding question number, except when the variable was calculated based on one or more survey questions. In these instances, it is noted in the table heading that the table variable is calculated.

Most tables include responses for one question. The response options for the questions are listed in the top row; however each option is not always included as a separate column in the table, sometimes they were combined because of small cell counts or to align with SHIP requirements or Centers for Disease Control and Prevention (CDC) recommendations. For questions that were also asked in the 2014 iteration of the survey, the overall weighted response percent for all three counties combined is listed in the last data row and the 2018 overall weighted response percent for all three counties in the second to last data row. In addition to these data, each table contains results demographic characteristics as follows:

- Gender: female and male
- Age categories: 18-34, 35-44, 45-54, 55-64, 65-74 and 75+
- Education status: less than high school, high school/GED, vocational school or some college, associate's degree and bachelor's degree or higher

- Household income: < $20,000, $20,000-$34,999, $35,000-$49,999, $50,000-$99,999 and $100,000+
- County: Meeker, McLeod and Sibley

Not all demographic characteristics are reported for every question because some had too few respondents in each category. In these cases, either the demographic characteristic is not included in the table or the specific category contains an asterisk in the corresponding cell. For example, results for question 21 are reported as a total for all respondents only. Tables containing similar demographic data for the 2014 iteration of the survey can be found at http://www.mmshealthycommunities.org/wp-content/uploads/MMS-Community-Health-Survey-Results-Public-Version.pdf.

All results reported in the tables are weighted percentages and are reported across the row (each row adds up to approximately 100% except when respondents were asked to check all that apply). Most questions were asked of all survey respondents but some were asked of a subset of the survey sample based on response to a previous question; these subsets are indicated in parentheses at the beginning of the table heading. Often the sample size for these variables is much smaller. These differences in sample size can be compared by the *n* number reported at the top left corner of each table. This number indicates the actual number of survey respondents and is not weighted. In other words, the weighted sample size may be different than the observed sample size. Other variations in this number are due to respondents not answering all questions on the survey.

Results – Data Tables

1. In general, would you say that your health is excellent, very good, good, fair or poor?

n=1374		Poor	Fair	Good	Very good	Excellent
Gender	Female	1.7%	9.2%	33.1%	45.3%	10.8%
	Male	1.9%	7.6%	37.8%	38.3%	14.4%
Age categories	18-34	0.0%	2.2%	19.1%	53.3%	25.4%
	35-44	2.9%	9.4%	44.1%	12.4%	2.9%
	45-54	0.9%	2.3%	42.5%	44.4%	9.9%
	55-64	2.1%	11.6%	39.3%	38.5%	8.5%
	65-74	3.7%	13.3%	47.4%	31.4%	4.3%
	75+	3.1%	20.3%	48.7%	24.5%	3.4%
Education	Less than high school	7.4%	14.5%	47.4%	22.6%	8.1%
	High school diploma/GED	3.9%	15.9%	43.0%	31.2%	6.1%
	Vocational school or some college	1.7%	9.6%	42.2%	36.8%	9.7%
	Associates degree	0.0%	4.2%	32.0%	51.6%.	12.2%
	Bachelor's degree or higher	0.5%	2.7%	23.0%	52.5%	21.2%
Household income	Less than $20,000	4.5%	22.6%	39.5%	28.0%	5.4%
	$20,000-$34,999	2.4%	19.3%	43.2%	31.5%	3.6%
	$35,000-$49,999	1.4%	12.9%	41.8%	32.7%	11.2%
	$50,000-$99,999	1.7%	4.5%	34.7%	44.7%	14.5%
	$100,000+	1.4%	2.0%	29.5%	48.8%	18.3%
County	Meeker	1.4%	9.4%	35.5%	41.1%	12.6%
	McLeod	2.1%	8.9%	33.8%	42.6%	12.6%
	Sibley	1.6%	5.9%	39.2%	40.8%	12.5%
2018 All (3 counties combined)		1.8%	8.4%	35.4%	41.8%	12.6%
2014 All (3 counties combined)		1.0%	8.6%	33.8%	45.9%	10.7%

2a. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? High blood pressure/hypertension or pre-hypertension

n=1456		No	Yes	Yes, but only during pregnancy
Gender	Female	65.7%	31.7%	2.7%
	Male	61.8%	38.2%	0.0%
Age categories	18-34	89.6%	7.3%	3.1%
	35-44	74.0%	24.1%	1.9%
	45-54	65.5%	33.4%	1.1%
	55-64	54.6%	45.2%	0.2%
	65-74	37.9%	61.8%	0.2%
	75+	33.4%	66.4%	0.2%
Education	Less than high school	39.0%	61.0%	0.0%
	High school diploma/GED	51.9%	47.1%	1.0%
	Vocational school or some college	58.3%	41.3%	0.4%
	Associates degree	76.5%	23.2%	0.3%
	Bachelor's degree or higher	75.5%	21.4%	3.2%
Household income	Less than $20,000	45.2%	54.8%	0.0%
	$20,000-$34,999	46.3%	53.6%	0.2%
	$35,000-$49,999	64.2%	34.1%	1.8%
	$50,000-$99,999	65.1%	33.6%	1.3%
	$100,000+	76.1%	21.7%	2.1%
County	Meeker	60.1%	38.7%	1.2%
	McLeod	64.2%	34.4%	1.4%
	Sibley	68.0%	30.5%	1.5%
2018 All (3 counties combined)		63.7%	34.9%	1.3%
2014 All (3 counties combined)		64.9%	33.1%	2.1%

2b. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Diabetes or pre-diabetes

n=1456		No	Yes	Yes, but only during pregnancy
Gender	Female	80.9%	15.7%	3.4%
	Male	83.7%	16.2%	0.2%
Age categories	18-34	95.9%	1.8%	2.3%
	35-44	86.9%	8.7%	4.4%
	45-54	86.7%	11.5%	1.8%
	55-64	75.6%	23.5%	0.9%
	65-74	64.7%	35.1%	0.3%
	75+	69.4%	30.6%	0.0%
Education	Less than high school	67.4%	32.6%	0.0%
	High school diploma/GED	76.6%	22.3%	1.1%
	Vocational school or some college	79.8%	19.3%	0.9%
	Associates degree	84.5%	11.9%	3.7%
	Bachelor's degree or higher	89.7%	7.7%	2.6%
Household income	Less than $20,000	67.5%	32.5%	0.0%
	$20,000-$34,999	72.1%	27.7%	0.2%
	$35,000-$49,999	79.1%	19.7%	1.2%
	$50,000-$99,999	84.0%	13.4%	2.6%
	$100,000+	90.4%	7.5%	2.1%
County	Meeker	79.7%	17.7%	2.6%
	McLeod	84.2%	15.2%	0.6%
	Sibley	81.7%	15.0%	3.3%
2018 All (3 counties combined)		82.3%	15.9%	1.8%
2014 All (3 counties combined)		83.4%	15.3%	1.3%

2c. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Overweight

n=1456		No	Yes
Gender	Female	55.8%	44.2%
	Male	63.6%	36.4%
Age categories	18-34	76.8%	23.2%
	35-44	53.4%	46.6%
	45-54	57.6%	42.4%
	55-64	45.9%	54.1%
	65-74	50.6%	49.4%
	75+	67.0%	33.0%
Education	Less than high school	63.4%	36.6%
	High school diploma/GED	56.6%	43.4%
	Vocational school or some college	60.5%	39.5%
	Associates degree	56.6%	43.4%
	Bachelor's degree or higher	62.1%	38.0%
Household income	Less than $20,000	46.9%	53.1%
	$20,000-$34,999	60.3%	39.7%
	$35,000-$49,999	66.4%	33.6%
	$50,000-$99,999	56.1%	43.9%
	$100,000+	63.1%	36.9%
County	Meeker	57.9%	42.1%
	McLeod	60.0%	40.0%
	Sibley	61.4%	38.6%
2018 All (3 counties combined)		59.7%	40.3%
2014 All (3 counties combined)		65.8%	34.2%

2d. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Cancer

n=1456		No	Yes
Gender	Female	89.2%	10.8%
	Male	89.4%	10.6%
Age categories	18-34	99.6%	0.4%
	35-44	95.2%	4.8%
	45-54	94.4%	5.6%
	55-64	83.2%	16.8%
	65-74	76.9%	23.1%
	75+	74.3%	25.7%
Education	Less than high school	78.0%	22.0%
	High school diploma/GED	86.1%	13.9%
	Vocational school or some college	87.6%	12.4%
	Associates degree	94.6%	5.4%
	Bachelor's degree or higher	92.5%	7.5%
Household income	Less than $20,000	84.4%	15.6%
	$20,000-$34,999	85.1%	14.9%
	$35,000-$49,999	88.6%	11.5%
	$50,000-$99,999	90.3%	9.7%
	$100,000+	92.1%	7.9%
County	Meeker	88.4%	11.6%
	McLeod	89.3%	10.7%
	Sibley	90.7%	9.3%
2018 All (3 counties combined)		89.3%	10.7%
2014 All (3 counties combined)		91.9%	8.1%

2e. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Chronic lung disease

n=1456		No	Yes
Gender	Female	95.5%	4.5%
	Male	94.8%	5.2%
Age categories	18-34	100.0%	0.0%
	35-44	98.1%	1.9%
	45-54	97.1%	2.9%
	55-64	94.1%	5.9%
	65-74	87.8%	12.2%
	75+	87.0%	13.0%
Education	Less than high school	79.7%	20.3%
	High school diploma/GED	94.6%	5.4%
	Vocational school or some college	93.0%	7.0%
	Associates degree	97.1%	2.9%
	Bachelor's degree or higher	98.4%	1.6%
Household income	Less than $20,000	88.2%	11.9%
	$20,000-$34,999	92.6%	7.4%
	$35,000-$49,999	94.2%	5.9%
	$50,000-$99,999	96.0%	4.1%
	$100,000+	98.3%	1.7%
County	Meeker	94.5%	5.5%
	McLeod	95.9%	4.1%
	Sibley	94.4%	5.6%
2018 All (3 counties combined)		95.2%	4.9%
2014 All (3 counties combined)		94.9%	5.1%

2f. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Heart trouble or angina

n=1456		No	Yes
Gender	Female	91.0%	9.0%
	Male	87.7%	12.3%
Age categories	18-34	99.5%	0.5%
	35-44	97.5%	2.5%
	45-54	92.9%	7.1%
	55-64	86.7%	13.3%
	65-74	75.8%	24.3%
	75+	69.6%	30.4%
Education	Less than high school	74.8%	25.2%
	High school diploma/GED	85.0%	15.0%
	Vocational school or some college	86.4%	13.6%
	Associates degree	95.2%	4.8%
	Bachelor's degree or higher	94.7%	5.3%
Household income	Less than $20,000	78.4%	21.6%
	$20,000-$34,999	83.7%	16.3%
	$35,000-$49,999	87.8%	12.2%
	$50,000-$99,999	91.0%	9.0%
	$100,000+	94.1%	5.9%
County	Meeker	87.9%	12.1%
	McLeod	89.6%	10.5%
	Sibley	91.1%	8.9%
2018 All (3 counties combined)		89.4%	10.6%
2014 All (3 counties combined)		92.7%	7.3%

2g. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Stroke or stroke-related health problems

n=1456		No	Yes
Gender	Female	97.0%	3.0%
	Male	95.5%	4.5%
Age categories	18-34	100.0%	0.0%
	35-44	100.0%	0.0%
	45-54	95.7%	4.3%
	55-64	95.5%	4.5%
	65-74	92.3%	7.7%
	75+	89.2%	10.8%
Education	Less than high school	91.3%	8.7%
	High school diploma/GED	94.4%	5.6%
	Vocational school or some college	94.9%	5.1%
	Associates degree	98.3%	1.7%
	Bachelor's degree or higher	98.7%	1.3%
Household income	Less than $20,000	94.6%	5.4%
	$20,000-$34,999	94.9%	5.1%
	$35,000-$49,999	97.1%	2.9%
	$50,000-$99,999	96.7%	3.3%
	$100,000+	97.3%	2.7%
County	Meeker	96.8%	3.2%
	McLeod	96.0%	4.0%
	Sibley	96.1%	3.9%
2018 All (3 counties combined)		96.3%	3.7%
2014 All (3 counties combined)		97.7%	2.3%

2h. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? High cholesterol or triglycerides

n=1456		No	Yes
Gender	Female	71.4%	28.6%
	Male	71.5%	28.5%
Age categories	18-34	94.1%	6.0%
	35-44	85.5%	14.5%
	45-54	70.5%	29.5%
	55-64	60.5%	39.5%
	65-74	46.5%	53.6%
	75+	49.3%	50.7%
Education	Less than high school	61.6%	38.4%
	High school diploma/GED	61.0%	39.0%
	Vocational school or some college	67.6%	32.4%
	Associates degree	80.8%	19.2%
	Bachelor's degree or higher	80.4%	19.6%
Household income	Less than $20,000	56.8%	43.2%
	$20,000-$34,999	62.2%	37.8%
	$35,000-$49,999	65.9%	34.1%
	$50,000-$99,999	72.3%	27.7%
	$100,000+	81.4%	18.6%
County	Meeker	68.9%	31.1%
	McLeod	75.7%	24.3%
	Sibley	65.2%	34.8%
2018 All (3 counties combined)		71.4%	28.6%
2014 All (3 counties combined**)**		70.5%	29.5%

2i. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Arthritis

n=1456		No	Yes
Gender	Female	71.3%	28.7%
	Male	77.3%	22.8%
Age categories	18-34	95.2%	4.8%
	35-44	89.4%	10.6%
	45-54	79.1%	20.9%
	55-64	63.9%	36.1%
	65-74	51.6%	48.4%
	75+	41.4%	58.7%
Education	Less than high school	51.5%	48.5%
	High school diploma/GED	59.8%	40.2%
	Vocational school or some college	68.7%	31.4%
	Associates degree	86.6%	13.5%
	Bachelor's degree or higher	88.3%	11.7%
Household income	Less than $20,000	45.8%	54.2%
	$20,000-$34,999	62.0%	38.0%
	$35,000-$49,999	69.0%	31.0%
	$50,000-$99,999	77.3%	22.7%
	$100,000+	86.3%	13.7%
County	Meeker	73.0%	27.0%
	McLeod	74.1%	25.9%
	Sibley	76.6%	23.4%
2018 All (3 counties combined)		74.3%	25.7%
2014 All (3 counties combined)		76.7%	23.3%

2j. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Depression

n=1456		No	Yes
Gender	Female	74.7%	25.3%
	Male	83.7%	16.3%
Age categories	18-34	77.4%	22.6%
	35-44	76.3%	23.7%
	45-54	78.0%	22.0%
	55-64	77.9%	22.1%
	65-74	83.9%	16.1%
	75+	85.9%	14.1%
Education	Less than high school	89.5%	10.5%
	High school diploma/GED	80.0%	20.0%
	Vocational school or some college	75.0%	25.1%
	Associates degree	72.6%	27.4%
	Bachelor's degree or higher	84.7%	15.3%
Household income	Less than $20,000	74.5%	25.5%
	$20,000-$34,999	74.4%	25.6%
	$35,000-$49,999	75.3%	24.7%
	$50,000-$99,999	77.4%	22.6%
	$100,000+	86.5%	13.5%
County	Meeker	81.4%	18.6%
	McLeod	75.1%	24.9%
	Sibley	85.3%	14.7%
2018 All (3 counties combined)		79.2%	20.8%
2014 All (3 counties combined)		81.4%	18.6%

2k. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Anxiety or panic attacks

n=1456		No	Yes
Gender	Female	76.6%	23.5%
	Male	84.0%	16.0%
Age categories	18-34	74.8%	25.2%
	35-44	73.6%	26.4%
	45-54	79.0%	21.1%
	55-64	83.0%	17.0%
	65-74	88.5%	11.5%
	75+	89.8%	10.2%
Education	Less than high school	84.2%	15.8%
	High school diploma/GED	82.7%	17.3%
	Vocational school or some college	76.1%	23.9%
	Associates degree	77.8%	22.2%
	Bachelor's degree or higher	83.2%	16.8%
Household income	Less than $20,000	76.4%	23.7%
	$20,000-$34,999	80.6%	19.4%
	$35,000-$49,999	78.4%	21.6%
	$50,000-$99,999	77.9%	22.1%
	$100,000+	83.3%	16.7%
County	Meeker	81.0%	19.1%
	McLeod	76.1%	23.9%
	Sibley	88.9%	11.1%
2018 All (3 counties combined)		80.2%	19.8%
2014 All (3 counties combined)		85.2%	14.8%

2l. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Other mental health problems

n=1456		No	Yes
Gender	Female	96.3%	3.8%
	Male	96.0%	4.0%
Age categories	18-34	96.9%	3.1%
	35-44	99.1%	0.9%
	45-54	95.4%	4.6%
	55-64	93.1%	6.9%
	65-74	97.8%	2.2%
	75+	94.5%	5.5%
Education	Less than high school	89.8%	10.2%
	High school diploma/GED	93.9%	6.1%
	Vocational school or some college	95.8%	4.3%
	Associates degree	99.5%	0.6%
	Bachelor's degree or higher	97.5%	2.5%
Household income	Less than $20,000	90.8%	9.2%
	$20,000-$34,999	92.8%	7.2%
	$35,000-$49,999	93.7%	6.3%
	$50,000-$99,999	97.8%	2.2%
	$100,000+	97.7%	2.3%
County	Meeker	96.0%	4.0%
	McLeod	95.6%	4.4%
	Sibley	97.7%	2.3%
2018 All (3 counties combined)		96.1%	3.9%
2014 All (3 counties combined)		96.8%	3.2%

2m. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Obesity

n=1456		No	Yes
Gender	Female	79.6%	20.4%
	Male	86.9%	13.1%
Age categories	18-34	92.4%	7.6%
	35-44	75.7%	24.3%
	45-54	86.6%	13.4%
	55-64	76.2%	23.8%
	65-74	79.9%	20.2%
	75+	83.6%	16.4%
Education	Less than high school	83.7%	16.3%
	High school diploma/GED	81.4%	18.6%
	Vocational school or some college	81.1%	18.9%
	Associates degree	86.4%	13.6%
	Bachelor's degree or higher	85.5%	14.5%
Household income	Less than $20,000	76.4%	23.6%
	$20,000-$34,999	82.7%	17.3%
	$35,000-$49,999	83.8%	16.2%
	$50,000-$99,999	81.7%	18.3%
	$100,000+	86.4%	13.6%
County	Meeker	81.1%	18.9%
	McLeod	83.4%	16.6%
	Sibley	86.1%	13.9%
2018 All (3 counties combined)		83.2%	16.8%
2014 All (3 counties combined)		87.6%	12.4%

2n. Have you <u>ever</u> been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Asthma

n=1456		No	Yes
Gender	Female	88.6%	11.4%
	Male	92.1%	8.0%
Age categories	18-34	88.1%	11.9%
	35-44	92.4%	7.6%
	45-54	87.9%	12.1%
	55-64	92.9%	7.1%
	65-74	91.3%	8.7%
	75+	90.9%	9.1%
Education	Less than high school	86.1%	13.9%
	High school diploma/GED	90.9%	9.1%
	Vocational school or some college	91.7%	8.4%
	Associates degree	88.3%	11.7%
	Bachelor's degree or higher	89.8%	10.2%
Household income	Less than $20,000	82.5%	17.6%
	$20,000-$34,999	88.3%	11.7%
	$35,000-$49,999	92.1%	7.9%
	$50,000-$99,999	90.6%	9.4%
	$100,000+	92.1%	7.9%
County	Meeker	93.5%	6.5%
	McLeod	90.4%	9.6%
	Sibley	85.5%	14.5%
2018 All (3 counties combined)		90.3%	9.7%
2014 All (3 counties combined)		88.2%	11.8%

3. What kind of place do you usually go to when you are sick or need advice about your health?*

		A doctor's office n=1420	A clinic n=1414	Some other health center n=1383	An emergency room n=1392	An urgent care clinic n=1400	No usual place n=1378	Some other place n=1385
Gender	Female	39.0%	51.6%	1.6%	0.7%	5.7%	2.5%	2.3%
	Male	34.8%	52.8%	1.7%	0.8%	6.2%	4.2%	6.8%
Age categories	18-34	29.8%	57.9%	1.5%	0.0%	7.0%	4.1%	4.9%
	35-44	30.1%	56.7%	1.0%	1.3%	11.4%	3.3%	6.3%
	45-54	30.6%	52.1%	1.7%	0.0%	3.6%	5.9%	6.5%
	55-64	45.9%	45.6%	3.4%	0.5%	3.5%	1.9%	2.9%
	65-74	46.4%	44.6%	0.7%	0.9%	6.9%	1.7%	3.2%
	75+	47.8%	52.2%	1.1%	2.8%	2.3%	1.3%	1.8%
Education	Less than high school	34.7%	68.3%	2.4%	3.9%	1.4%	0.5%	0.0%
	High school diploma/GED	38.8%	51.6%	0.9%	1.3%	4.7%	6.3%	2.8%
	Vocational school or some college	36.5%	54.2%	0.8%	0.9%	6.9%	2.0%	5.4%
	Associates degree	26.4%	55.1%	1.8%	0.1%	5.8%	3.4%	9.2%
	Bachelor's degree or higher	40.8%	47.6%	2.9%	0.1%	6.4%	2.5%	3.3%
Household income	Less than $20,000	46.1%	56.0%	3.3%	2.5%	2.9%	4.0%	0.6%
	$20,000-$34,999	37.6%	53.3%	0.6%	1.2%	5.6%	3.5%	4.8%
	$35,000-$49,999	43.9%	48.3%	1.3%	0.8%	4.8%	1.2%	4.5%
	$50,000-$99,999	34.6%	54.3%	1.8%	0.6%	5.6%	4.3%	2.7%
	$100,000+	32.8%	48.9%	2.0%	0.0%	8.2%	2.9%	8.7%
County	Meeker	37.5%	54.6%	2.6%	0.4%	3.5%	1.3%	2.7%
	McLeod	37.2%	50.5%	1.1%	0.5%	5.4%	3.5%	6.9%
	Sibley	35.5%	52.5%	1.4%	1.7%	10.9%	6.0%	1.6%
2018 All (3 counties combined)		36.9%	52.2%	1.6%	0.7%	5.9%	3.3%	4.5%
2014 All (3 counties combined)		36.8%	59.2%	0.3%	2.4%	4.3%	5.9%	3.9%

*While question instructions did not say *mark all that apply,* some respondents checked more than one response so totals add up to more 100

4a. When was the last time you had a flu shot?

n=1452		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Gender	Female	63.3%	8.7%	4.2%	9.6%	14.2%
	Male	49.9%	6.9%	9.2%	14.5%	19.5%
Age categories	18-34	50.7%	8.4%	7.3%	12.8%	20.8%
	35-44	47.3%	8.6%	13.6%	19.3%	11.1%
	45-54	47.4%	7.6%	7.2%	13.2%	24.7%
	55-64	55.5%	9.0%	6.0%	9.9%	19.6%
	65-74	70.8%	7.2%	2.8%	9.8%	9.5%
	75+	84.5%	4.3%	0.1%	4.2%	6.8%
Education	Less than high school	70.2%	1.9%	0.5%	14.8%	12.7%
	High school diploma/GED	51.7%	9.2%	5.7%	13.7%	19.7%
	Vocational school or some college	51.1%	8.7%	9.5%	14.7%	16.0%
	Associates degree	53.4%	7.4%	7.6%	16.7%	14.9%
	Bachelor's degree or higher	66.4%	6.5%	4.8%	5.7%	16.7%
Household income	Less than $20,000	64.5%	8.0%	7.5%	4.1%	15.9%
	$20,000-$34,999	44.4%	9.2%	8.3%	13.8%	24.3%
	$35,000-$49,999	52.8%	10.5%	2.0%	14.0%	20.7%
	$50,000-$99,999	57.2%	7.6%	9.5%	12.1%	13.6%
	$100,000+	60.9%	6.4%	4.8%	12.5%	15.4%
County	Meeker	51.5%	6.1%	7.6%	13.0%	21.7%
	McLeod	60.1%	8.4%	5.6%	11.6%	14.3%
	Sibley	56.2%	8.9%	8.1%	11.5%	15.4%
2018 All (3 counties combined)		56.6%	7.8%	6.7%	12.0%	16.8%
2014 All (3 counties combined)		50.9%	7.6%	6.5%	12.2%	22.8%

4b. When was the last time you had a dental exam or your teeth cleaned?

n=1434		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Gender	Female	81.4%	7.9%	4.0%	6.1%	0.5%
	Male	71.5%	11.1%	10.6%	6.7%	0.2%
Age categories	18-34	78.3%	9.3%	8.2%	4.2%	0.0%
	35-44	76.7%	8.0%	8.1%	6.6%	0.6%
	45-54	69.9%	14.0%	7.5%	8.5%	0.0%
	55-64	80.4%	6.9%	6.8%	5.5%	0.5%
	65-74	76.5%	9.9%	5.8%	7.2%	0.6%
	75+	76.2%	8.3%	6.1%	8.4%	1.0%
Education	Less than high school	49.6%	15.8%	8.3%	25.3%	0.9%
	High school diploma/GED	61.8%	16.7%	12.1%	8.8%	0.5%
	Vocational school or some college	70.4%	15.3%	11.0%	2.9%	0.5%
	Associates degree	81.6%	6.0%	4.4%	7.7%	0.3%
	Bachelor's degree or higher	84.5%	7.5%	7.4%	0.7%	0.0%
Household income	Less than $20,000	49.6%	15.8%	8.3%	25.3%	0.9%
	$20,000-$34,999	61.8%	16.7%	12.1%	8.8%	0.5%
	$35,000-$49,999	70.4%	15.3%	11.0%	2.9%	0.5%
	$50,000-$99,999	81.6%	6.0%	4.4%	7.7%	0.3%
	$100,000+	84.5%	7.5%	7.4%	0.7%	0.0%
County	Meeker	72.7%	9.2%	7.6%	10.2%	0.3%
	McLeod	77.5%	9.8%	7.2%	5.1%	0.4%
	Sibley	79.6%	9.1%	7.0%	3.8%	0.5%
2018 All (3 counties combined)		76.5%	9.5%	7.3%	6.4%	0.4%
2014 All (3 counties combined)		74.2%	10.9%	6.3%	8.2%	0.5%

4c. When was the last time you had a hearing test?

n=1403		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Gender	Female	15.6%	11.8%	14.4%	42.0%	16.2%
	Male	30.1%	19.1%	18.1%	24.2%	8.5%
Age categories	18-34	21.9%	18.8%	11.2%	46.2%	2.0%
	35-44	20.6%	12.4%	19.0%	35.2%	12.8%
	45-54	15.4%	16.6%	21.3%	38.5%	8.2%
	55-64	24.3%	14.5%	15.6%	25.5%	20.1%
	65-74	28.2%	13.5%	17.2%	22.3%	18.9%
	75+	31.8%	14.5%	15.3%	16.3%	22.2%
Education	Less than high school	27.4%	9.8%	11.6%	31.4%	19.8%
	High school diploma/GED	32.1%	17.2%	14.5%	21.4%	14.8%
	Vocational school or some college	22.0%	18.0%	14.8%	33.0%	12.2%
	Associates degree	27.8%	4.2%	16.9%	42.9%	8.1%
	Bachelor's degree or higher	13.6%	16.7%	19.3%	38.6%	11.9%
Household income	Less than $20,000	15.5%	21.7%	15.0%	27.5%	20.3%
	$20,000-$34,999	24.7%	19.6%	18.5%	27.2%	10.0%
	$35,000-$49,999	20.5%	19.6%	22.8%	23.5%	13.7%
	$50,000-$99,999	25.1%	13.1%	13.0%	36.1%	12.8%
	$100,000+	20.5%	13.1%	18.1%	38.7%	9.7%
County	Meeker	22.9%	13.4%	16.3%	31.5%	16.0%
	McLeod	21.3%	19.8%	16.0%	32.3%	10.7%
	Sibley	26.0%	8.6%	16.8%	37.6%	11.0%
2018 All (3 counties combined)		22.8%	15.5%	16.2%	33.1%	12.4%
2014 All (3 counties combined)		25.2%	12.2%	13.4%	34.9%	14.3%

4d. When was the last time you had an eye exam?

n=1430		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Gender	Female	65.1%	19.6%	8.7%	5.4%	1.2%
	Male	48.9%	22.3%	14.9%	12.5%	1.5%
Age categories	18-34	37.6%	25.1%	17.7%	19.2%	0.4%
	35-44	47.7%	24.2%	16.0%	9.8%	2.4%
	45-54	58.8%	22.1%	8.3%	7.2%	3.5%
	55-64	64.4%	23.3%	8.4%	3.6%	0.4%
	65-74	73.8%	11.0%	10.6%	4.1%	0.6%
	75+	80.4%	12.0%	5.4%	1.6%	0.6%
Education	Less than high school	53.1%	22.7%	15.5%	1.4%	7.3%
	High school diploma/GED	58.7%	25.2%	8.4%	6.2%	1.6%
	Vocational school or some college	60.5%	18.1%	12.0%	8.2%	1.2%
	Associates degree	56.3%	18.7%	12.4%	12.6%	0.1%
	Bachelor's degree or higher	52.6%	21.5%	13.7%	10.9%	1.3%
Household income	Less than $20,000	45.5%	34.1%	9.3%	5.8%	5.3%
	$20,000-$34,999	59.5%	19.7%	11.0%	9.1%	0.7%
	$35,000-$49,999	60.4%	18.6%	13.5%	6.7%	0.9%
	$50,000-$99,999	55.5%	22.8%	8.4%	11.7%	1.7%
	$100,000+	54.1%	20.6%	14.3%	9.8%	1.2%
County	Meeker	59.4%	18.4%	12.0%	8.5%	1.6%
	McLeod	54.8%	21.6%	11.7%	10.4%	1.4%
	Sibley	58.5%	23.3%	11.6%	5.9%	0.7%
2018 All (3 counties combined)		57.0%	20.9%	11.8%	8.9%	1.3%
2014 All (3 counties combined)		61.2%	19.7%	9.4%	8.5%	1.2%

4e. When was the last time you your blood pressure checked?

n=1442		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Gender	Female	90.3%	5.9%	2.2%	1.3%	0.3%
	Male	88.5%	5.3%	2.3%	3.6%	0.3%
Age categories	18-34	86.5%	8.1%	1.4%	3.0%	0.9%
	35-44	84.8%	5.7%	3.8%	5.8%	0.0%
	45-54	84.3%	8.6%	4.6%	2.5%	0.0%
	55-64	93.0%	4.2%	1.5%	1.3%	0.1%
	65-74	95.8%	2.8%	0.7%	0.6%	0.2%
	75+	97.8%	0.8%	0.9%	0.3%	0.2%
Education	Less than high school	95.0%	4.3%	0.0%	0.0%	0.7%
	High school diploma/GED	90.4%	4.1%	0.8%	4.2%	0.6%
	Vocational school or some college	88.7%	5.1%	2.2%	3.9%	0.1%
	Associates degree	91.8%	6.5%	1.7%	0.0%	0.0%
	Bachelor's degree or higher	87.8%	7.1%	3.9%	0.8%	0.4%
Household income	Less than $20,000	88.0%	9.3%	0.8%	1.2%	0.7%
	$20,000-$34,999	88.6%	3.4%	2.6%	4.5%	1.0%
	$35,000-$49,999	84.5%	9.7%	5.4%	0.5%	0.0%
	$50,000-$99,999	92.5%	4.6%	1.4%	1.2%	0.3%
	$100,000+	88.6%	5.1%	2.5%	3.7%	0.0%
County	Meeker	86.2%	9.3%	1.3%	3.0%	0.1%
	McLeod	90.4%	4.1%	3.2%	2.1%	0.2%
	Sibley	91.9%	3.6%	1.4%	2.5%	0.6%
2018 All (3 counties combined)		89.4%	5.6%	2.2%	2.5%	0.3%
2014 All (3 counties combined)		87.1%	9.3%	1.8%	1.5%	0.3%

4f. When was the last time your cholesterol checked?

n=1443		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Gender	Female	61.9%	16.4%	9.4%	4.1%	8.3%
	Male	54.7%	15.9%	10.9%	8.8%	9.7%
Age categories	18-34	31.5%	21.7%	16.2%	9.4%	21.3%
	35-44	41.5%	19.7%	16.4%	10.6%	11.8%
	45-54	56.3%	20.7%	8.7%	7.3%	6.9%
	55-64	73.7%	12.9%	6.8%	4.3%	2.4%
	65-74	87.2%	6.3%	2.9%	1.7%	1.8%
	75+	86.2%	7.7%	4.1%	1.6%	0.5%
Education	Less than high school	73.6%	6.5%	11.8%	0.0%	8.1%
	High school diploma/GED	63.6%	12.9%	7.5%	4.9%	11.1%
	Vocational school or some college	62.8%	13.1%	10.9%	7.0%	6.1%
	Associates degree	53.6%	24.9%	7.1%	4.5%	10.0%
	Bachelor's degree or higher	49.8%	19.0%	12.6%	8.6%	10.1%
Household income	Less than $20,000	71.7%	7.1%	10.2%	3.0%	8.1%
	$20,000-$34,999	63.6%	16.2%	9.9%	6.1%	4.2%
	$35,000-$49,999	55.5%	15.3%	14.6%	5.4%	9.2%
	$50,000-$99,999	60.8%	15.6%	8.9%	4.6%	10.2%
	$100,000+	47.1%	21.0%	10.6%	11.9%	9.5%
County	Meeker	52.6%	20.0%	7.4%	6.7%	13.4%
	McLeod	60.3%	16.2%	10.9%	6.7%	5.8%
	Sibley	62.2%	10.0%	12.6%	5.5%	9.8%
2018 All (3 counties combined)		58.3%	16.1%	10.2%	6.5%	9.0%
2014 All (3 counties combined)		61.7%	15.1%	7.5%	4.2%	11.5%

4g. When was the last time you your blood sugar checked?

n=1406		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Gender	Female	62.1%	13.5%	9.7%	5.3%	9.4%
	Male	52.9%	14.1%	10.6%	8.0%	14.5%
Age categories	18-34	37.0%	17.2%	21.5%	7.6%	16.7%
	35-44	41.2%	17.5%	10.3%	12.6%	18.4%
	45-54	54.8%	17.5%	7.4%	8.0%	12.4%
	55-64	70.3%	10.7%	5.5%	4.6%	8.9%
	65-74	82.6%	6.3%	4.9%	2.0%	4.2%
	75+	81.8%	8.0%	3.0%	1.9%	5.3%
Education	Less than high school	64.2%	12.2%	6.2%	5.3%	12.1%
	High school diploma/GED	60.4%	8.4%	8.6%	6.3%	16.4%
	Vocational school or some college	57.1%	11.8%	14.2%	5.9%	11.0%
	Associates degree	58.8%	22.0%	6.1%	4.2%	8.8%
	Bachelor's degree or higher	54.2%	16.6%	9.3%	8.9%	11.1%
Household income	Less than $20,000	62.0%	10.2%	12.1%	2.3%	13.5%
	$20,000-$34,999	67.3%	7.2%	11.1%	5.8%	8.5%
	$35,000-$49,999	55.1%	12.7%	11.2%	4.0%	17.1%
	$50,000-$99,999	59.0%	13.5%	11.0%	6.5%	9.9%
	$100,000+	49.2%	19.3%	7.4%	10.6%	13.5%
County	Meeker	52.5%	18.6%	8.0%	5.3%	15.7%
	McLeod	61.0%	12.1%	10.3%	7.5%	9.2%
	Sibley	56.5%	10.6%	13.1%	6.8%	13.0%
2018 All (3 counties combined)		57.4%	13.8%	10.2%	6.6%	12.0%
2014 All (3 counties combined)		58.2%	13.4%	8.7%	5.7%	14.1%

4h. When was the last time you any screening for skin cancer?

n=1400		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Gender	Female	21.7%	11.7%	6.5%	7.4%	52.7%
	Male	13.0%	6.9%	5.7%	6.8%	67.6%
Age categories	18-34	6.3%	8.8%	4.5%	3.3%	77.1%
	35-44	16.0%	10.6%	2.7%	4.0%	66.7%
	45-54	9.5%	11.4%	8.0%	16.2%	54.9%
	55-64	22.7%	7.4%	6.5%	6.3%	57.1%
	65-74	32.5%	3.6%	6.0%	7.1%	50.9%
	75+	31.3%	14.5%	10.9%	6.6%	36.8%
Education	Less than high school	19.8%	4.3%	9.6%	2.6%	63.7%
	High school diploma/GED	16.4%	8.9%	4.8%	6.0%	64.0%
	Vocational school or some college	16.2%	6.0%	6.0%	9.6%	62.2%
	Associates degree	14.4%	6.7%	5.7%	7.7%	65.5%
	Bachelor's degree or higher	20.3%	14.7%	7.0%	5.5%	52.5%
Household income	Less than $20,000	14.0%	10.0%	6.3%	3.2%	66.5%
	$20,000-$34,999	17.0%	7.0%	7.1%	8.4%	60.5%
	$35,000-$49,999	15.5%	8.1%	8.4%	3.8%	64.3%
	$50,000-$99,999	16.6%	8.7%	4.6%	9.4%	60.8%
	$100,000+	18.4%	11.8%	6.5%	6.3%	57.0%
County	Meeker	15.9%	9.1%	7.1%	7.7%	60.2%
	McLeod	16.2%	10.2%	4.8%	6.8%	62.0%
	Sibley	22.1%	7.6%	7.4%	6.8%	56.1%
2018 All (3 counties combined)		17.3%	9.3%	6.1%	7.1%	60.2%
2014 All (3 counties combined)		17.4%	8.8%	8.1%	6.5%	59.2%

4i. When was the last time you any screening for colon cancer?

n=1414		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Gender	Female	13.9%	12.9%	16.9%	10.0%	46.3%
	Male	15.9%	9.4%	15.9%	7.4%	51.4%
Age categories	18-34	1.4%	2.7%	6.6%	2.8%	86.5%
	35-44	5.2%	1.5%	8.0%	2.5%	82.9%
	45-54	16.4%	11.2%	14.3%	6.5%	51.7%
	55-64	26.6%	17.7%	26.1%	13.3%	16.3%
	65-74	32.0%	21.9%	25.5%	13.2%	7.5%
	75+	18.2%	21.6%	28.9%	22.8%	8.5%
Education	Less than high school	21.4%	17.8%	18.1%	22.9%	19.9%
	High school diploma/GED	18.8%	16.6%	20.0%	10.5%	34.1%
	Vocational school or some college	14.7%	12.1%	17.7%	9.0%	46.4%
	Associates degree	9.3%	7.2%	11.9%	5.0%	66.6%
	Bachelor's degree or higher	13.9%	6.9%	14.2%	7.3%	57.7%
Household income	Less than $20,000	11.2%	21.9%	14.5%	19.7%	32.7%
	$20,000-$34,999	20.3%	11.9%	22.1%	10.6%	35.0%
	$35,000-$49,999	14.4%	14.5%	15.0%	9.1%	47.0%
	$50,000-$99,999	13.6%	9.7%	17.7%	6.8%	52.3%
	$100,000+	14.7%	7.0%	12.8%	5.9%	59.6%
County	Meeker	14.3%	12.4%	14.8%	6.9%	51.6%
	McLeod	15.2%	9.7%	17.0%	8.7%	49.4%
	Sibley	15.1%	12.7%	17.6%	11.3%	43.3%
2018 All (3 counties combined)		14.9%	11.1%	16.4%	8.7%	48.8%
2014 All (3 counties combined)		15.9%	10.0%	13.1%	10.9%	50.2%

4j. When was the last time you a prostate exam? (calculated for males only)

n=503		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Age categories	18-34	8.1%	1.4%	3.7%	0.0%	86.9%
	35-44	2.6%	12.0%	14.6%	3.9%	67.0%
	45-54	18.3%	18.8%	6.7%	9.9%	46.4%
	55-64	32.6%	21.3%	17.7%	9.1%	19.3%
	65-74	53.1%	13.0%	15.5%	8.3%	10.2%
	75+	40.1%	21.0%	16.4%	19.0%	3.4%
Education	Less than high school	38.9%	19.7%	6.6%	18.2%	16.6%
	High school diploma/GED	22.8%	17.9%	10.1%	7.3%	42.0%
	Vocational school or some college	15.8%	17.3%	18.2%	6.3%	42.4%
	Associates degree	42.2%	2.2%	1.6%	1.3%	52.7%
	Bachelor's degree or higher	17.5%	6.9%	8.2%	8.2%	59.2%
Household income	Less than $20,000	22.0%	17.6%	9.5%	15.3%	35.5%
	$20,000-$34,999	22.9%	16.3%	16.3%	10.6%	33.9%
	$35,000-$49,999	21.9%	13.4%	12.9%	2.6%	49.2%
	$50,000-$99,999	20.4%	13.3%	14.3%	4.0%	48.1%
	$100,000+	22.7%	10.2%	4.1%	7.6%	55.4%
County	Meeker	18.8%	12.1%	11.6%	5.1%	52.4%
	McLeod	25.0%	13.3%	8.7%	6.7%	46.3%
	Sibley	19.2%	14.8%	16.4%	9.8%	39.7%
2018 All (3 counties combined)		21.9%	13.2%	11.2%	6.8%	46.9%
2014 All (3 counties combined)		26.3%	11.1%	10.2%	9.3%	43.1%

4k. When was the last time you a Pap test? (calculated for females only)

n=869		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Age categories	18-34	44.5%	34.3%	8.4%	2.0%	10.8%
	35-44	47.3%	28.9%	17.6%	5.8%	0.5%
	45-54	33.6%	31.0%	18.0%	14.6%	2.8%
	55-64	33.9%	26.2%	21.4%	17.4%	1.0%
	65-74	22.6%	18.0%	25.1%	33.2%	1.1%
	75+	4.6%	8.5%	27.7%	53.2%	6.0%
Education	Less than high school	3.1%	20.3%	29.5%	28.1%	19.0%
	High school diploma/GED	22.7%	20.6%	18.1%	36.4%	2.2%
	Vocational school or some college	26.6%	22.5%	21.3%	23.6%	6.1%
	Associates degree	37.0%	34.2%	12.5%	9.2%	7.1%
	Bachelor's degree or higher	45.6%	29.4%	17.5%	6.2%	1.4%
Household income	Less than $20,000	9.9%	10.8%	18.2%	46.2%	14.9%
	$20,000-$34,999	18.7%	23.2%	20.9%	31.4%	5.8%
	$35,000-$49,999	30.0%	26.9%	14.9%	22.5%	5.8%
	$50,000-$99,999	37.4%	29.4%	17.6%	12.3%	3.4%
	$100,000+	43.0%	29.2%	19.9%	6.8%	1.2%
County	Meeker	36.2%	22.6%	19.2%	17.0%	4.9%
	McLeod	31.4%	27.6%	18.8%	17.6%	4.6%
	Sibley	35.5%	29.2%	15.4%	17.8%	2.1%
2018 All (3 counties combined)		33.7%	26.4%	18.3%	17.5%	4.2%
2014 All (3 counties combined)		41.4%	24.7%	14.8%	15.1%	4.0%

4l. When was the last time you a mammogram? (calculated for females only)

n=893		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Age categories	18-34	7.8%	3.7%	0.0%	0.0%	88.5%
	35-44	33.1%	7.9%	3.8%	3.5%	51.6%
	45-54	58.0%	22.6%	6.2%	10.4%	2.9%
	55-64	77.0%	6.8%	5.8%	6.5%	4.0%
	65-74	74.5%	16.0%	3.3%	5.3%	0.9%
	75+	42.3%	17.9%	17.8%	16.0%	6.0%
Education	Less than high school	43.5%	11.8%	17.9%	15.0%	11.9%
	High school diploma/GED	57.8%	12.7%	8.0%	11.4%	10.0%
	Vocational school or some college	52.2%	14.9%	3.8%	8.4%	20.7%
	Associates degree	39.6%	9.7%	2.1%	4.8%	43.9%
	Bachelor's degree or higher	37.7%	9.0%	5.8%	1.8%	45.7%
Household income	Less than $20,000	46.7%	22.7%	8.8%	13.6%	8.2%
	$20,000-$34,999	49.0%	13.3%	6.6%	15.2%	15.9%
	$35,000-$49,999	40.7%	15.7%	6.8%	5.8%	31.0%
	$50,000-$99,999	47.1%	9.2%	3.4%	2.9%	37.4%
	$100,000+	43.4%	6.9%	6.0%	5.3%	38.4%
County	Meeker	50.2%	9.4%	4.2%	5.2%	30.9%
	McLeod	43.3%	13.8%	5.8%	5.9%	31.2%
	Sibley	45.8%	9.4%	5.7%	8.3%	30.9%
2018 All (3 counties combined)		45.9%	11.6%	5.3%	6.2%	31.1%
2014 All (3 counties combined)		44.0%	11.6%	8.3%	5.5%	30.6%

4m. When was the last time you had a general health exam?

n=1422		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Gender	Female	78.6%	11.5%	5.3%	4.3%	0.3%
	Male	61.2%	16.2%	9.9%	8.6%	4.1%
Age categories	18-34	60.3%	18.3%	9.9%	7.8%	3.7%
	35-44	54.7%	19.1%	12.7%	8.1%	5.4%
	45-54	69.9%	12.1%	7.1%	9.6%	1.3%
	55-64	75.4%	13.0%	6.7%	4.9%	0.0%
	65-74	87.6%	6.7%	2.8%	2.3%	0.7%
	75+	85.1%	8.4%	2.6%	3.1%	0.8%
Education	Less than high school	75.1%	8.6%	1.0%	15.4%	0.0%
	High school diploma/GED	68.1%	16.4%	6.3%	6.1%	3.2%
	Vocational school or some college	67.7%	13.0%	9.1%	8.2%	2.0%
	Associates degree	77.3%	12.0%	5.3%	5.5%	0.0%
	Bachelor's degree or higher	70.2%	14.0%	8.7%	4.5%	2.6%
Household income	Less than $20,000	72.9%	6.3%	4.8%	9.3%	6.6%
	$20,000-$34,999	63.8%	18.6%	5.6%	11.0%	1.0%
	$35,000-$49,999	65.9%	12.2%	9.0%	6.9%	5.9%
	$50,000-$99,999	73.0%	14.6%	7.0%	5.0%	0.4%
	$100,000+	68.9%	13.1%	10.8%	4.7%	2.5%
County	Meeker	61.3%	18.4%	9.7%	8.6%	2.0%
	McLeod	76.6%	11.3%	4.6%	5.6%	2.0%
	Sibley	67.6%	12.8%	11.4%	5.2%	3.0%
2018 All (3 counties combined)		70.0%	13.8%	7.6%	6.4%	2.2%
2014 All (3 counties combined)		66.5%	17.5%	8.7%	6.0%	1.4%

5. If you have not had a general health exam within the past 1 to 2 years, why not?

n=120		I could not get an appt	Trans-portation problems	Cost too much	Did not have insurance	Insurance did not cover	Other
Gender	Female	0.3%	0.0%	9.8%	7.1%	3.4%	79.4%
	Male	0.0%	2.1%	21.4%	0.6%	11.9%	64.1%
Age categories	18-34	0.0%	0.0%	20.4%	2.8%	14.2%	62.7%
	35-44	0.0%	0.0%	21.0%	2.3%	3.4%	73.3%
	45-54	0.0%	5.8%	11.4%	0.0%	5.7%	77.0%
	55-64	*	*	*	*	*	*
	65-74	*	*	*	*	*	*
	75+	*	*	*	*	*	*
Education	Less than high school	*	*	*	*	*	*
	High school diploma/GED	0.5%	6.1%	54.7%	2.3%	0.0%	36.4%
	Vocational school or some college	0.0%	0.0%	9.9%	2.5%	8.6%	79.1%
	Associates degree	*	*	*	*	*	*
	Bachelor's degree or higher	0.0%	0.0%	4.7%	1.6%	19.5%	74.3%
Household income	Less than $20,000	*	*	*	*	*	*
	$20,000-$34,999	*	*	*	*	*	*
	$35,000-$49,999	0.0%	0.0%	30.8%	0.0%	18.1%	51.1%
	$50,000-$99,999	0.0%	0.0%	6.6%	6.3%	3.3%	83.8%
	$100,000+	0.0%	0.0%	6.3%	0.0%	9.2%	84.5%
County	Meeker	0.0%	3.4%	16.2%	4.6%	13.9%	61.9%
	McLeod	0.0%	0.0%	11.8%	2.6%	6.2%	79.4%
	Sibley	0.4%	0.0%	26.8%	0.4%	4.9%	67.6%
2018 All (3 counties combined)		0.1%	1.4%	17.4%	2.9%	9.0%	69.3%
2014 All (3 counties combined)		1.3%	0.5%	8.5%	16.7%	4.5%	68.5%

6. Have you ever had a pneumonia shot?

n=1429		Yes	No	I don't know
Gender	Female	29.8%	53.9%	16.4%
	Male	23.6%	50.3%	26.2%
Age categories	18-34	9.5%	53.7%	36.9%
	35-44	6.3%	59.5%	34.1%
	45-54	6.4%	75.4%	18.2%
	55-64	20.0%	67.1%	12.9%
	65-74	73.8%	20.4%	5.7%
	75+	85.8%	10.1%	4.1%
Education	Less than high school	57.4%	35.7%	6.9%
	High school diploma/GED	37.4%	43.6%	19.0%
	Vocational school or some college	28.1%	49.0%	22.9%
	Associates degree	11.3%	58.5%	30.3%
	Bachelor's degree or higher	20.9%	60.6%	18.5%
Household income	Less than $20,000	43.1%	40.4%	16.5%
	$20,000-$34,999	41.3%	39.3%	19.5%
	$35,000-$49,999	30.1%	48.1%	21.9%
	$50,000-$99,999	23.2%	55.4%	21.5%
	$100,000+	15.9%	61.7%	22.4%
County	Meeker	28.7%	49.2%	22.1%
	McLeod	24.2%	52.4%	23.3%
	Sibley	29.4%	55.8%	14.8%
2018 All (3 counties combined)		26.7%	52.1%	21.2%
2014 All (3 counties combined)		23.2%	54.5%	22.3%

7. Have you ever had the shingles vaccine?

n=1421		Yes	No	I don't know
Gender	Female	23.1%	68.8%	8.2%
	Male	17.6%	75.0%	7.3%
Age categories	18-34	3.1%	85.4%	11.5%
	35-44	2.2%	80.3%	17.5%
	45-54	1.9%	95.2%	3.0%
	55-64	24.0%	70.9%	5.1%
	65-74	59.3%	37.7%	3.0%
	75+	63.9%	32.8%	3.3%
Education	Less than high school	47.1%	46.9%	6.0%
	High school diploma/GED	28.3%	67.1%	4.7%
	Vocational school or some college	22.1%	69.2%	8.7%
	Associates degree	9.9%	79.7%	10.4%
	Bachelor's degree or higher	14.5%	77.4%	8.2%
Household income	Less than $20,000	25.3%	69.4%	5.4%
	$20,000-$34,999	27.4%	62.9%	9.7%
	$35,000-$49,999	25.2%	60.5%	14.3%
	$50,000-$99,999	20.1%	73.9%	6.1%
	$100,000+	10.1%	82.7%	7.2%
County	Meeker	19.1%	70.0%	10.9%
	McLeod	20.6%	72.9%	6.5%
	Sibley	21.8%	72.4%	5.9%
2018 All (3 counties combined)		20.4%	71.9%	7.7%
2014 All (3 counties combined)		17.3%	75.9%	6.8%

8. During the past 12 months, have you seen a doctor, nurse or other health professional about your own health?

n=1419		Yes	No
Gender	Female	89.3%	10.7%
	Male	82.6%	17.4%
Age categories	18-34	84.8%	15.2%
	35-44	80.9%	19.2%
	45-54	77.4%	22.6%
	55-64	89.2%	10.9%
	65-74	93.6%	6.4%
	75+	96.4%	3.6%
Education	Less than high school	91.4%	8.6%
	High school diploma/GED	83.7%	16.3%
	Vocational school or some college	86.4%	13.6%
	Associates degree	84.3%	15.7%
	Bachelor's degree or higher	87.4%	12.6%
Household income	Less than $20,000	87.1%	12.9%
	$20,000-$34,999	86.6%	13.4%
	$35,000-$49,999	87.4%	12.6%
	$50,000-$99,999	87.8%	12.2%
	$100,000+	82.8%	17.2%
County	Meeker	83.6%	16.4%
	McLeod	89.0%	11.0%
	Sibley	82.2%	17.8%
2018 All (3 counties combined)		86.0%	14.0%
2014 All (3 counties combined)		77.9%	22.1%

9. (Of those who have seen a doctor nurse or other health professional in the past 12 months) Did the doctor, nurse or other health professional discuss with you or ask you about your (*Mark ALL that apply* **):**

n=1266		Physical activity	Diet or nutrition	Weight	Smoking or other tobacco use	Stress	Mental health concerns
Gender	Female	72.1%	56.6%	51.8%	49.5%	48.4%	46.9%
	Male	65.0%	50.8%	48.4%	61.1%	41.5%	43.9%
Age categories	18-34	62.4%	50.9%	45.7%	68.5%	47.6%	51.6%
	35-44	71.1%	56.9%	53.4%	57.8%	47.1%	46.5%
	45-54	72.0%	65.8%	57.1%	62.6%	56.3%	55.8%
	55-64	69.7%	53.6%	55.8%	48.4%	43.5%	41.2%
	65-74	78.1%	56.0%	52.4%	47.7%	40.9%	41.0%
	75+	61.8%	37.1%	34.4%	33.5%	29.8%	30.0%
Education	Less than high school	51.8%	41.1%	42.8%	38.2%	31.3%	47.8%
	High school diploma/GED	62.5%	48.7%	43.2%	50.6%	37.0%	34.4%
	Vocational school or some college	72.0%	55.7%	53.6%	56.6%	48.6%	48.0%
	Associates degree	72.8%	61.2%	60.6%	60.4%	55.6%	55.3%
	Bachelor's degree or higher	70.2%	54.0%	48.5%	56.3%	44.7%	47.1%
Household income	Less than $20,000	66.6%	55.1%	52.3%	46.7%	47.1%	51.0%
	$20,000-$34,999	57.9%	44.2%	40.9%	50.2%	36.8%	41.6%
	$35,000-$49,999	65.2%	53.4%	42.3%	50.2%	45.3%	42.5%
	$50,000-$99,999	75.8%	56.6%	53.9%	59.9%	48.2%	52.1%
	$100,000+	67.1%	55.5%	53.3%	55.0%	44.5%	38.7%
County	Meeker	67.0%	53.0%	51.5%	52.4%	43.1%	40.2%
	McLeod	70.7%	54.2%	49.4%	58.3%	45.7%	48.7%
	Sibley	66.1%	53.9%	50.2%	50.7%	46.7%	45.3%
2018 All (3 counties combined)		68.7%	53.8%	50.2%	55.0%	45.1%	45.5%
2014 All (3 counties combined)		64.2%	51.4%	45.3%	51.0%	41.0%	34.5%

10. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

n=1416		Yes	No
Gender	Female	23.9%	76.1%
	Male	29.6%	70.4%
Age categories	18-34	32.8%	67.2%
	35-44	36.0%	64.0%
	45-54	28.0%	72.0%
	55-64	24.4%	75.6%
	65-74	16.1%	83.9%
	75+	13.8%	86.2%
Education	Less than high school	13.0%	87.0%
	High school diploma/GED	22.3%	77.7%
	Vocational school or some college	30.5%	69.5%
	Associates degree	26.6%	73.4%
	Bachelor's degree or higher	27.7%	72.3%
Household income	Less than $20,000	17.3%	82.7%
	$20,000-$34,999	25.7%	74.3%
	$35,000-$49,999	27.6%	72.4%
	$50,000-$99,999	25.5%	74.5%
	$100,000+	32.3%	67.7%
County	Meeker	30.8%	69.3%
	McLeod	24.2%	75.8%
	Sibley	26.9%	73.1%
2018 All (3 counties combined)		26.8%	73.2%
2014 All (3 counties combined)		23.7%	76.3%

11. (Of those that delayed getting medical care) Why did you not get or delay getting the medical care you thought you needed? (*Mark ALL that apply*):

n=315		Could not get an appointment	Did not think it was serious enough	Had transport-tation problems	It cost too much	I did not have insurance	My insurance did not cover it	Other reason
Gender	Female	7.9%	57.2%	3.0%	34.6%	3.9%	11.8%	17.6%
	Male	21.7%	54.4%	2.3%	31.2%	5.0%	16.1%	10.8%
Age categories	18-34	33.7%	71.4%	0.0%	40.5%	1.7%	19.4%	11.8%
	35-44	15.3%	56.4%	0.0%	29.7%	2.4%	5.8%	13.5%
	45-54	1.3%	43.2%	3.0%	41.1%	4.5%	21.3%	24.7%
	55-64	5.4%	39.9%	5.5%	25.9%	14.4%	15.2%	4.0%
	65-74	10.5%	51.5%	10.5%	26.7%	0.7%	7.6%	21.0%
	75+	*	*	*	*	*	*	*
Education	Less than high school	*	*	*	*	*	*	*
	High school diploma/GED	13.2%	45.0%	4.8%	21.2%	0.0%	6.7%	10.1%
	Vocational school or some college	6.4%	56.6%	2.7%	36.0%	8.6%	10.3%	24.6%
	Associates degree	37.0%	28.7%	0.4%	37.5%	0.4%	19.0%	4.6%
	Bachelor's degree or higher	18.6%	72.3%	2.0%	35.7%	4.1%	21.9%	7.2%
Household income	Less than $20,000	*	*	*	*	*	*	*
	$20,000-$34,999	20.1%	35.1%	7.7%	32.2%	7.0%	6.2%	6.7%
	$35,000-$49,999	13.5%	60.6%	0.0%	46.8%	7.3%	13.0%	15.9%
	$50,000-$99,999	15.9%	58.0%	1.2%	46.1%	6.4%	26.3%	15.5%
	$100,000+	16.6%	56.0%	3.1%	14.6%	0.0%	5.9%	14.8%
County	Meeker	10.2%	65.7%	2.3%	26.2%	6.5%	10.4%	13.4%
	McLeod	24.5%	45.8%	2.4%	38.5%	3.8%	16.9%	14.4%
	Sibley	5.4%	59.2%	3.6%	31.7%	2.0%	14.9%	13.4%
2018 All (3 counties combined)		15.5%	55.6%	2.6%	32.7%	4.4%	14.2%	13.8%
2014 All (3 counties combined)		5.6%	46.6%	1.4%	40.9%	11.9%	13.4%	14.6%

12. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

n=1411		Yes	No
Gender	Female	17.9%	82.2%
	Male	19.7%	80.3%
Age categories	18-34	23.4%	76.6%
	35-44	21.3%	78.7%
	45-54	19.1%	80.9%
	55-64	15.2%	84.8%
	65-74	19.0%	81.0%
	75+	9.8%	90.2%
Education	Less than high school	9.3%	90.7%
	High school diploma/GED	21.7%	78.3%
	Vocational school or some college	22.0%	78.0%
	Associates degree	19.6%	80.4%
	Bachelor's degree or higher	13.9%	86.2%
Household income	Less than $20,000	22.4%	77.6%
	$20,000-$34,999	31.0%	69.0%
	$35,000-$49,999	27.0%	73.0%
	$50,000-$99,999	19.2%	80.8%
	$100,000+	7.6%	92.4%
County	Meeker	22.7%	77.3%
	McLeod	15.1%	84.9%
	Sibley	21.6%	78.5%
2018 All (3 counties combined)		18.8%	81.2%
2014 All (3 counties combined)		20.6%	79.4%

13. (Of those that delayed getting dental care) Why did you not get or delay getting the dental care you thought you needed? (*Mark ALL that apply*):

n=246		Could not get an appointment	I was too nervous or afraid	Had transport-tation problems	It cost too much	I did not have insurance	Dentist wouldn't accept my insurance	Did not know where to go	Other reason
Gender	Female	2.9%	18.9%	2.3%	56.0%	35.7%	10.9%	7.1%	26.4%
	Male	6.9%	12.4%	0.9%	59.1%	36.3%	8.7%	5.4%	14.4%
Age categories	18-34	9.7%	25.2%	0.0%	41.9%	36.1%	11.6%	8.3%	33.0%
	35-44	10.0%	20.8%	0.0%	60.8%	14.7%	18.5%	12.5%	8.1%
	45-54	0.0%	4.4%	0.0%	63.3%	23.6%	5.9%	1.5%	32.6%
	55-64	0.5%	15.6%	4.1%	65.6%	52.0%	8.1%	1.4%	10.7%
	65-74	0.0%	6.4%	6.0%	70.6%	61.9%	3.6%	3.6%	5.4%
	75+	*	*	*	*	*	*	*	*
Education	Less than high school	*	*	*	*	*	*	*	*
	High school diploma/GED	0.0%	19.4%	2.1%	64.3%	29.4%	6.4%	1.6%	10.6%
	Vocational school or some college	8.6%	12.3%	1.8%	46.7%	44.3%	10.2%	7.0%	28.3%
	Associates degree	0.0%	14.7%	2.1%	61.4%	42.4%	3.6%	6.2%	14.3%
	Bachelor's degree or higher	0.0%	16.8%	0.0%	65.3%	25.9%	17.2%	9.9%	22.8%
Household income	Less than $20,000	*	*	*	*	*	*	*	*
	$20,000-$34,999	0.3%	9.5%	2.2%	77.5%	36.4%	10.5%	2.7%	12.2%
	$35,000-$49,999	9.2%	7.6%	0.0%	59.0%	30.8%	14.6%	15.3%	15.1%
	$50,000-$99,999	3.3%	22.9%	0.8%	49.4%	39.4%	8.4%	6.1%	25.7%
	$100,000+	16.4%	16.4%	0.0%	42.0%	13.2%	0.0%	0.0%	35.6%
County	Meeker	7.7%	11.9%	1.3%	68.0%	36.2%	8.7%	13.8%	20.5%
	McLeod	4.6%	21.8%	0.4%	41.4%	37.1%	6.8%	0.0%	25.7%
	Sibley	1.3%	10.6%	4.0%	68.3%	33.8%	16.4%	4.2%	9.8%
2018 All (3 counties combined)		5.0%	15.5%	1.6%	57.6%	36.0%	9.7%	6.2%	20.1%
2014 All (3 counties combined)		4.0%	14.5%	1.9%	67.2%	39.0%	5.4%	4.5%	14.6%

14. How many days during the past 30 days was your mental health not good?

n=1278		0 days	1-9 days	10-19 days	20-29 days	All 30 days
Gender	Female	45.2%	39.1%	9.3%	3.6%	2.8%
	Male	55.8%	27.6%	9.0%	6.7%	1.0%
Age categories	18-34	29.6%	45.8%	10.5%	12.0%	2.0%
	35-44	42.7%	36.9%	13.1%	4.5%	2.8%
	45-54	53.3%	33.2%	9.6%	3.0%	0.8%
	55-64	61.1%	24.5%	9.1%	3.0%	2.4%
	65-74	65.6%	27.0%	3.0%	2.0%	2.5%
	75+	73.1%	20.2%	5.3%	1.3%	0.2%
Education	Less than high school	61.3%	20.5%	17.5%	0.0%	0.7%
	High school diploma/GED	56.0%	27.2%	8.3%	6.1%	2.4%
	Vocational school or some college	48.0%	35.4%	10.0%	5.0%	1.7%
	Associates degree	51.8%	27.5%	9.2%	9.3%	2.3%
	Bachelor's degree or higher	47.9%	38.6%	8.4%	3.5%	1.7%
Household income	Less than $20,000	44.0%	35.4%	10.1%	8.0%	2.6%
	$20,000-$34,999	49.9%	35.4%	5.8%	6.0%	2.9%
	$35,000-$49,999	59.6%	23.8%	10.6%	3.3%	2.6%
	$50,000-$99,999	45.2%	38.1%	10.3%	4.5%	1.9%
	$100,000+	53.2%	30.9%	8.2%	7.0%	0.8%
County	Meeker	54.7%	28.5%	12.0%	3.8%	1.1%
	McLeod	45.1%	35.5%	9.1%	7.6%	2.6%
	Sibley	56.5%	35.7%	5.0%	1.5%	1.3%
2018 All (3 counties combined)		50.5%	33.4%	9.2%	5.2%	1.9%
2014 All (3 counties combined)		53.9%	33.4%	7.1%	3.9%	1.8%

15. During the past 12 months, did you talk with or seek help from a health professional about mental health issues such as stress, depression, excessive worrying, troubling thoughts or emotional problems?

n=1404		Yes	No
Gender	Female	15.7%	84.3%
	Male	13.2%	86.8%
Age categories	18-34	23.7%	76.3%
	35-44	13.1%	86.9%
	45-54	14.3%	85.7%
	55-64	13.5%	86.5%
	65-74	7.7%	92.3%
	75+	5.0%	95.0%
Education	Less than high school	7.0%	93.0%
	High school diploma/GED	10.9%	89.1%
	Vocational school or some college	14.2%	85.8%
	Associates degree	20.4%	79.6%
	Bachelor's degree or higher	15.6%	84.4%
Household income	Less than $20,000	23.5%	76.5%
	$20,000-$34,999	12.7%	87.3%
	$35,000-$49,999	14.4%	85.6%
	$50,000-$99,999	13.3%	86.8%
	$100,000+	16.1%	83.9%
County	Meeker	12.5%	87.5%
	McLeod	17.9%	82.1%
	Sibley	9.1%	90.9%
2018 All (3 counties combined)		14.4%	85.6%
2014 All (3 counties combined)		10.6%	89.4%

16. (Of those who sought help from a mental health professional in the past 12 months) About how many days did you have to wait for an appointment with this mental health professional?

n=150		0-3 days	4-6 days	7-14 days	15-28 days	29-45 days	More than 45 days
Gender	Female	39.3%	20.4%	17.7%	9.3%	5.3%	8.1%
	Male	27.6%	12.0%	10.7%	25.6%	4.6%	19.6%
County	Meeker	39.0%	10.3%	21.5%	8.6%	9.4%	11.2%
	McLeod	33.4%	19.3%	10.4%	19.3%	3.1%	14.5%
	Sibley	25.4%	16.5%	18.7%	22.5%	4.4%	12.5%
2018 All (3 counties combined)		33.9%	16.5%	14.4%	16.8%	5.0%	13.4%
2014 All (3 counties combined)		48.9%	15.4%	17.6%	6.8%	7.9%	3.4%

17. (Of those who sought help from a mental health professional in the past 12 months) How far did you have to travel to get to the appointment(s)?

n=153		0-9 miles	10-29 miles	30-49 miles	50 miles or more
Gender	Female	38.1%	41.4%	18.4%	2.1%
	Male	27.6%	12.8%	41.8%	17.8%
County	Meeker	42.0%	37.9%	15.7%	4.4%
	McLeod	30.4%	25.1%	31.3%	13.2%
	Sibley	28.6%	22.7%	47.3%	1.4%
2018 All (3 counties combined)		33.2%	28.2%	29.2%	9.3%
2014 All (3 counties combined)		50.2%	27.6%	15.8%	6.5%

18. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues but did not go, or delayed talking with someone?

n=1401		Yes	No
Gender	Female	12.5%	87.5%
	Male	12.1%	87.9%
Age categories	18-34	23.0%	77.1%
	35-44	12.0%	88.0%
	45-54	11.8%	88.2%
	55-64	8.8%	91.2%
	65-74	4.9%	95.1%
	75+	3.1%	96.9%
Education	Less than high school	1.3%	98.7%
	High school diploma/GED	4.7%	95.3%
	Vocational school or some college	16.4%	83.7%
	Associates degree	14.5%	85.5%
	Bachelor's degree or higher	13.8%	86.2%
Household income	Less than $20,000	10.1%	89.9%
	$20,000-$34,999	14.0%	86.0%
	$35,000-$49,999	12.2%	87.8%
	$50,000-$99,999	11.7%	88.3%
	$100,000+	14.8%	85.2%
County	Meeker	10.3%	89.8%
	McLeod	13.0%	87.0%
	Sibley	13.6%	86.4%
2018 All (3 counties combined)		12.3%	87.7%
2014 All (3 counties combined)		9.6%	90.4%

19. (Of those that delayed seeking help for mental health issues) Why did you not get or delay getting the mental health care you thought you needed? (*Mark ALL that apply*):

n=130		Could not get an appointment	I did not think it was serious enough	I was too nervous or afraid	Had transport-tation problems	It cost too much	I did not have insurance	My insurance did not cover it	Did not know where to go	Other reason
Gender	Female	7.0%	52.8%	28.4%	0.7%	39.0%	4.1%	10.4%	22.8%	32.8%
	Male	19.5%	56.5%	17.7%	0.3%	20.4%	6.7%	7.1%	22.5%	28.2%
County	Meeker	5.0%	45.6%	31.9%	0.0%	35.8%	12.5%	15.2%	21.4%	29.8%
	McLeod	18.7%	51.8%	20.7%	0.5%	33.6%	3.9%	4.3%	28.6%	39.0%
	Sibley	9.6%	71.6%	18.6%	1.2%	14.6%	0.5%	11.9%	10.2%	11.9%
2018 All (3 counties combined)		13.1%	54.6%	23.1%	0.5%	29.9%	5.4%	8.8%	22.6%	30.6%
2014 All (3 counties combined)		13.1%	51.4%	34.2%	2.3%	29.4%	4.1%	7.7%	22.9%	11.0%

20. In the past 6 months, which statement best describes medication prescribed for you? I had…

n=1410		no medication prescribed	medications prescribed for me and I filled all of the prescription	medications prescribed for me and I did not fill at least one of them
Gender	Female	27.0%	67.9%	5.1%
	Male	42.3%	55.8%	1.9%
Age categories	18-34	51.6%	45.6%	2.8%
	35-44	48.8%	46.9%	4.3%
	45-54	39.5%	57.2%	3.3%
	55-64	25.0%	71.5%	3.5%
	65-74	11.5%	83.8%	4.8%
	75+	9.8%	87.3%	2.9%
Education	Less than high school	11.5%	88.5%	0.0%
	High school diploma/GED	32.4%	65.3%	2.3%
	Vocational school or some college	31.7%	64.2%	4.2%
	Associates degree	39.5%	57.8%	2.7%
	Bachelor's degree or higher	39.3%	56.3%	4.5%
Household income	Less than $20,000	15.7%	82.4%	1.9%
	$20,000-$34,999	22.0%	74.5%	3.5%
	$35,000-$49,999	28.8%	68.0%	3.2%
	$50,000-$99,999	36.4%	59.1%	4.5%
	$100,000+	46.5%	50.6%	2.9%
County	Meeker	39.5%	56.2%	4.3%
	McLeod	31.0%	66.1%	2.9%
	Sibley	35.6%	60.7%	3.7%
2018 All (3 counties combined)		34.6%	61.9%	3.5%
2014 All (3 counties combined)		41.0%	55.3%	3.8%

21. (Of those that did not fill at least one prescription) Why did you not fill at least one prescription for medication? (*Mark ALL that apply***):**

n=56	All (3 counties combined)	
	2018	2014
I did not have insurance	12.6%	4.1%
It cost too much	52.7%	25.0%
I do not like taking medications	19.6%	22.0%
I did not think I needed medication	24.2%	22.9%
I did not know where to go	0.0%	0.0%
I had transportation problems	0.0%	0.0%
I did not like the side effects	32.4%	33.2%
Other reason	14.4%	25.7%

22. Currently have health insurance

n=1419		Currently uninsured	Currently insured
Gender	Female	2.4%	97.6%
	Male	2.4%	97.6%
Age categories	18-34	2.5%	97.5%
	35-44	1.5%	98.5%
	45-54	2.8%	97.2%
	55-64	5.2%	94.8%
	65-74	0.6%	99.4%
	75+	0.2%	99.8%
Education	Less than high school	0.0%	100.0%
	High school diploma/GED	4.3%	95.7%
	Vocational school or some college	2.5%	97.5%
	Associates degree	2.6%	97.5%
	Bachelor's degree or higher	1.1%	98.9%
Household income	Less than $20,000	7.1%	92.9%
	$20,000-$34,999	2.8%	97.3%
	$35,000-$49,999	3.7%	96.3%
	$50,000-$99,999	2.2%	97.8%
	$100,000+	0.0%	100.0%
County	Meeker	3.7%	96.3%
	McLeod	1.9%	98.1%
	Sibley	1.6%	98.4%
2018 All (3 counties combined)		2.4%	97.6%
2014 All (3 counties combined)		1.8%	98.2%

23. In the past 12 months, has your household had health care costs (including prescriptions) that have made it difficult for you to pay other bills or afford necessities such as food, transportation or housing?

n=1411		Yes	No
Gender	Female	16.7%	83.3%
	Male	15.3%	84.7%
Age categories	18-34	18.7%	81.3%
	35-44	21.4%	78.6%
	45-54	13.9%	86.2%
	55-64	17.4%	82.6%
	65-74	13.0%	87.0%
	75+	6.5%	93.5%
Education	Less than high school	5.1%	94.9%
	High school diploma/GED	12.5%	87.5%
	Vocational school or some college	21.3%	78.7%
	Associates degree	14.5%	85.5%
	Bachelor's degree or higher	14.9%	85.1%
Household income	Less than $20,000	18.3%	81.7%
	$20,000-$34,999	23.8%	76.3%
	$35,000-$49,999	16.1%	83.9%
	$50,000-$99,999	17.7%	82.3%
	$100,000+	9.9%	90.1%
County	Meeker	17.3%	82.8%
	McLeod	14.9%	85.1%
	Sibley	16.9%	83.2%
2018 All (3 counties combined)		16.0%	84.0%

Question not asked in 2014.

24a. How much do you agree or disagree with this statement? Treatment can help people with mental illness lead normal lives.

n=1395		Strongly agree	Agree	Disagree	Strongly disagree
Gender	Female	53.3%	45.2%	1.5%	0.0%
	Male	33.1%	64.9%	1.3%	0.8%
Age categories	18-34	40.7%	57.1%	2.2%	0.0%
	35-44	49.1%	50.9%	0.0%	0.0%
	45-54	50.0%	47.9%	0.4%	1.7%
	55-64	41.7%	56.5%	1.9%	0.0%
	65-74	43.9%	52.9%	2.7%	0.5%
	75+	29.6%	69.3%	1.0%	0.2%
Education	Less than high school	29.3%	70.1%	0.6%	0.0%
	High school diploma/GED	28.2%	69.8%	1.6%	0.4%
	Vocational school or some college	40.3%	56.6%	2.1%	1.0%
	Associates degree	48.0%	50.3%	1.8%	0.0%
	Bachelor's degree or higher	56.6%	43.0%	0.4%	0.0%
Household income	Less than $20,000	37.4%	61.0%	1.3%	0.3%
	$20,000-$34,999	32.9%	66.2%	0.3%	0.6%
	$35,000-$49,999	46.1%	49.8%	4.1%	0.0%
	$50,000-$99,999	42.8%	56.2%	1.0%	0.0%
	$100,000+	49.9%	47.8%	1.1%	1.3%
County	Meeker	43.9%	54.4%	1.7%	0.0%
	McLeod	44.8%	53.3%	1.1%	0.8%
	Sibley	38.2%	60.0%	1.7%	0.1%
2018 All (3 counties combined)		43.2%	55.0%	1.4%	0.4%

Question not asked in 2014.

24b. How much do you agree or disagree with this statement? People are generally caring and sympathetic to people with mental illness.

n=1369		Strongly agree	Agree	Disagree	Strongly disagree
Gender	Female	4.7%	52.5%	40.7%	2.1%
	Male	5.2%	60.9%	33.6%	0.3%
Age categories	18-34	4.6%	50.9%	43.5%	1.0%
	35-44	3.3%	57.0%	38.1%	1.7%
	45-54	4.4%	59.8%	35.5%	0.4%
	55-64	4.4%	59.1%	34.9%	1.7%
	65-74	9.5%	52.8%	36.1%	1.6%
	75+	5.0%	65.8%	28.3%	0.9%
Education	Less than high school	5.4%	75.1%	15.5%	3.9%
	High school diploma/GED	5.5%	63.5%	30.7%	0.4%
	Vocational school or some college	4.0%	54.5%	40.1%	1.4%
	Associates degree	1.8%	60.2%	35.9%	2.1%
	Bachelor's degree or higher	6.9%	51.0%	41.2%	1.0%
Household income	Less than $20,000	11.6%	64.7%	23.0%	0.8%
	$20,000-$34,999	3.2%	65.9%	29.2%	1.7%
	$35,000-$49,999	2.8%	53.1%	43.2%	1.0%
	$50,000-$99,999	5.5%	57.7%	35.3%	1.6%
	$100,000+	5.1%	49.8%	44.5%	0.6%
County	Meeker	2.7%	59.8%	36.2%	1.3%
	McLeod	6.4%	54.0%	38.5%	1.1%
	Sibley	5.2%	58.3%	35.4%	1.1%
2018 All (3 counties combined)		5.0%	56.7%	37.2%	1.2%

Question not asked in 2014.

24c. How much do you agree or disagree with this statement? I am more comfortable helping a person who has a physical illness than I am helping a person who has a mental illness.

n=1374		Strongly agree	Agree	Disagree	Strongly disagree
Gender	Female	5.9%	44.7%	42.0%	7.4%
	Male	6.3%	52.3%	37.9%	3.6%
Age categories	18-34	3.8%	46.1%	44.0%	6.1%
	35-44	4.9%	41.1%	43.6%	10.4%
	45-54	9.0%	46.1%	41.5%	3.4%
	55-64	6.2%	49.0%	39.1%	5.8%
	65-74	5.8%	55.1%	35.4%	3.8%
	75+	8.3%	62.0%	28.4%	1.4%
Education	Less than high school	7.9%	59.2%	29.9%	3.0%
	High school diploma/GED	3.0%	53.8%	39.2%	4.1%
	Vocational school or some college	6.6%	47.4%	38.6%	7.4%
	Associates degree	7.7%	36.6%	50.6%	5.1%
	Bachelor's degree or higher	6.9%	49.9%	38.2%	4.9%
Household income	Less than $20,000	7.2%	34.0%	45.2%	13.6%
	$20,000-$34,999	4.3%	50.3%	41.4%	4.1%
	$35,000-$49,999	2.2%	51.0%	41.7%	5.1%
	$50,000-$99,999	8.9%	50.8%	34.7%	5.6%
	$100,000+	4.7%	45.1%	45.7%	4.5%
County	Meeker	7.8%	53.7%	33.0%	5.5%
	McLeod	5.0%	44.0%	45.1%	5.9%
	Sibley	6.1%	51.3%	38.2%	4.4%
2018 All (3 counties combined)		6.1%	48.5%	40.0%	5.5%

Question not asked in 2014.

24d. How much do you agree or disagree with this statement? People with mental illness do not try hard enough to get better.

n=1346		Strongly agree	Agree	Disagree	Strongly disagree
Gender	Female	1.7%	9.0%	66.1%	23.2%
	Male	2.5%	19.3%	61.9%	16.3%
Age categories	18-34	3.1%	11.5%	66.5%	18.9%
	35-44	2.0%	10.4%	67.5%	20.1%
	45-54	0.0%	17.2%	59.4%	23.4%
	55-64	2.4%	13.4%	64.6%	19.7%
	65-74	1.7%	16.1%	60.4%	21.8%
	75+	3.5%	20.4%	63.7%	12.4%
Education	Less than high school	12.9%	30.0%	55.7%	1.4%
	High school diploma/GED	2.9%	21.4%	63.0%	12.7%
	Vocational school or some college	1.9%	13.9%	62.6%	21.6%
	Associates degree	0.0%	9.5%	74.0%	16.5%
	Bachelor's degree or higher	1.7%	9.7%	62.7%	25.9%
Household income	Less than $20,000	2.6%	21.8%	50.1%	25.4%
	$20,000-$34,999	1.3%	19.3%	62.8%	16.6%
	$35,000-$49,999	3.3%	7.8%	71.2%	17.7%
	$50,000-$99,999	2.1%	14.8%	63.6%	19.5%
	$100,000+	1.8%	12.9%	63.7%	21.6%
County	Meeker	2.5%	13.5%	67.7%	16.4%
	McLeod	1.9%	13.3%	61.9%	22.8%
	Sibley	1.9%	17.1%	63.5%	17.6%
2018 All (3 counties combined)		2.1%	14.1%	64.0%	19.8%

Question not asked in 2014.

24e. How much do you agree or disagree with this statement? I feel compassion for a person with mental illness.

n=1380		Strongly agree	Agree	Disagree	Strongly disagree
Gender	Female	36.9%	60.8%	2.0%	0.4%
	Male	21.7%	72.6%	5.2%	0.5%
Age categories	18-34	24.4%	70.8%	4.8%	0.0%
	35-44	22.3%	72.5%	5.2%	0.0%
	45-54	38.2%	58.6%	3.2%	0.0%
	55-64	31.0%	65.5%	2.9%	0.7%
	65-74	32.5%	63.4%	2.5%	1.7%
	75+	28.7%	68.5%	1.8%	1.1%
Education	Less than high school	16.3%	83.7%	0.0%	0.0%
	High school diploma/GED	22.0%	71.3%	6.1%	0.6%
	Vocational school or some college	29.8%	65.8%	3.9%	0.5%
	Associates degree	24.2%	74.8%	1.1%	0.0%
	Bachelor's degree or higher	37.3%	59.4%	2.9%	0.4%
Household income	Less than $20,000	37.9%	60.0%	0.9%	1.2%
	$20,000-$34,999	22.8%	73.4%	3.7%	0.2%
	$35,000-$49,999	31.9%	63.0%	4.2%	1.0%
	$50,000-$99,999	29.3%	67.4%	2.9%	0.4%
	$100,000+	28.3%	67.6%	4.0%	0.2%
County	Meeker	30.0%	65.0%	4.2%	0.8%
	McLeod	29.9%	67.3%	2.6%	0.2%
	Sibley	26.6%	67.8%	5.2%	0.4%
2018 All (3 counties combined)		29.2%	66.7%	3.6%	0.4%

Question not asked in 2014.

25. Are you aware of any programs or campaigns in your community that help raise awareness about mental illness?

n=1398		Yes	No
Gender	Female	32.8%	67.2%
	Male	32.3%	67.7%
Age categories	18-34	36.0%	64.1%
	35-44	30.8%	69.2%
	45-54	37.8%	62.3%
	55-64	32.9%	67.1%
	65-74	27.5%	72.5%
	75+	24.0%	76.0%
Education	Less than high school	22.1%	77.9%
	High school diploma/GED	19.1%	80.9%
	Vocational school or some college	26.9%	73.1%
	Associates degree	50.3%	49.7%
	Bachelor's degree or higher	42.3%	57.7%
Household income	Less than $20,000	37.8%	62.2%
	$20,000-$34,999	25.6%	74.4%
	$35,000-$49,999	28.5%	71.5%
	$50,000-$99,999	32.2%	67.8%
	$100,000+	39.5%	60.5%
County	Meeker	28.2%	71.8%
	McLeod	40.3%	59.7%
	Sibley	21.0%	79.1%
2018 All (3 counties combined)		32.6%	67.4%

Question not asked in 2014.

26a. If I had a mental illness I would be reluctant to see help.

n=1357		Strongly agree	Agree	Disagree	Strongly disagree
Gender	Female	4.2%	32.0%	51.4%	12.4%
	Male	5.8%	44.5%	42.4%	7.3%
Age categories	18-34	5.9%	45.2%	41.0%	8.0%
	35-44	8.4%	34.4%	47.2%	10.1%
	45-54	3.3%	38.3%	49.7%	8.7%
	55-64	3.8%	36.0%	49.1%	11.0%
	65-74	3.5%	35.5%	48.3%	12.7%
	75+	4.3%	34.5%	50.6%	10.6%
Education	Less than high school	3.2%	35.5%	55.8%	5.5%
	High school diploma/GED	8.9%	41.3%	43.0%	6.8%
	Vocational school or some college	5.5%	35.0%	48.8%	10.7%
	Associates degree	4.2%	25.8%	57.4%	12.6%
	Bachelor's degree or higher	2.2%	44.7%	42.8%	10.3%
Household income	Less than $20,000	6.8%	29.0%	55.9%	8.3%
	$20,000-$34,999	6.5%	39.3%	46.0%	8.1%
	$35,000-$49,999	6.4%	47.4%	37.1%	9.0%
	$50,000-$99,999	4.5%	36.3%	50.4%	8.8%
	$100,000+	4.1%	38.1%	44.4%	13.3%
County	Meeker	5.2%	37.7%	47.4%	9.8%
	McLeod	4.7%	37.0%	47.5%	10.9%
	Sibley	5.6%	42.1%	44.8%	7.4%
2018 All (3 counties combined)		5.0%	38.3%	46.9%	9.8%

Question not asked in 2014.

26b. If I had a mental illness I would tell my friends.

n=1348		Strongly agree	Agree	Disagree	Strongly disagree
Gender	Female	8.8%	49.7%	37.7%	3.8%
	Male	6.5%	47.3%	39.4%	6.7%
Age categories	18-34	11.7%	46.1%	38.7%	3.5%
	35-44	11.7%	45.8%	35.7%	6.8%
	45-54	3.2%	53.4%	38.8%	4.6%
	55-64	7.0%	49.1%	38.1%	5.9%
	65-74	5.1%	45.1%	43.1%	6.7%
	75+	3.5%	53.2%	37.9%	5.4%
Education	Less than high school	8.8%	61.1%	25.2%	4.9%
	High school diploma/GED	7.2%	46.5%	37.8%	8.6%
	Vocational school or some college	4.6%	46.7%	41.4%	7.3%
	Associates degree	15.8%	56.9%	25.0%	2.3%
	Bachelor's degree or higher	7.6%	47.3%	43.1%	2.1%
Household income	Less than $20,000	9.2%	56.0%	34.8%	0.0%
	$20,000-$34,999	3.3%	54.1%	37.0%	5.6%
	$35,000-$49,999	8.1%	58.4%	29.9%	3.6%
	$50,000-$99,999	6.4%	48.1%	38.3%	7.2%
	$100,000+	11.3%	39.8%	44.6%	4.3%
County	Meeker	6.7%	52.9%	34.9%	5.6%
	McLeod	9.0%	48.8%	36.7%	5.6%
	Sibley	6.0%	41.1%	49.0%	3.9%
2018 All (3 counties combined)		7.7%	48.5%	38.6%	5.3%

Question not asked in 2014.

26c. If I had a mental illness I would see myself as weak if I could not fix it myself.

n=1322		Strongly agree	Agree	Disagree	Strongly disagree
Gender	Female	3.4%	28.1%	50.3%	18.2%
	Male	4.9%	35.6%	48.7%	10.8%
Age categories	18-34	3.8%	37.0%	50.6%	8.7%
	35-44	3.2%	28.6%	47.4%	20.9%
	45-54	5.0%	32.6%	47.1%	15.3%
	55-64	5.5%	28.9%	52.0%	13.6%
	65-74	3.1%	29.7%	48.5%	18.8%
	75+	4.4%	30.9%	51.4%	13.3%
Education	Less than high school	6.8%	35.8%	46.4%	11.0%
	High school diploma/GED	7.9%	34.3%	44.2%	13.6%
	Vocational school or some college	3.6%	33.0%	48.3%	15.1%
	Associates degree	3.2%	25.3%	63.8%	7.7%
	Bachelor's degree or higher	2.2%	31.4%	48.8%	17.6%
Household income	Less than $20,000	3.3%	25.0%	40.7%	31.0%
	$20,000-$34,999	7.3%	38.1%	46.1%	8.5%
	$35,000-$49,999	5.3%	32.1%	50.9%	11.7%
	$50,000-$99,999	4.7%	31.0%	50.3%	14.0%
	$100,000+	1.2%	31.6%	51.9%	15.3%
County	Meeker	4.0%	30.0%	48.0%	18.1%
	McLeod	3.9%	30.6%	51.6%	13.9%
	Sibley	5.1%	37.7%	46.6%	10.5%
2018 All (3 counties combined)		4.2%	31.9%	49.5%	14.5%

Question not asked in 2014.

27. Have you ever considered attempted suicide? *(Mark ALL that apply.)*

n=1463		No	Yes, during the last year	Yes, more than a year ago
Gender	Female	85.2%	2.7%	10.4%
	Male	86.9%	3.4%	7.2%
Age categories	18-34	77.9%	6.8%	13.6%
	35-44	88.9%	4.1%	7.1%
	45-54	86.3%	1.4%	9.2%
	55-64	85.7%	1.6%	10.2%
	65-74	92.8%	0.5%	5.3%
	75+	92.3%	1.1%	1.6%
Education	Less than high school	95.7%	1.2%	0.0%
	High school diploma/GED	85.9%	2.6%	9.3%
	Vocational school or some college	84.1%	2.3%	11.1%
	Associates degree	82.2%	8.6%	7.1%
	Bachelor's degree or higher	89.2%	1.9%	7.6%
Household income	Less than $20,000	90.2%	1.7%	5.5%
	$20,000-$34,999	84.4%	5.6%	8.2%
	$35,000-$49,999	81.2%	4.1%	14.2%
	$50,000-$99,999	85.5%	1.4%	10.2%
	$100,000+	88.4%	4.5%	5.6%
County	Meeker	88.2%	1.9%	9.1%
	McLeod	83.1%	4.7%	9.8%
	Sibley	89.5%	0.8%	5.8%
2018 All (3 counties combined)		86.0%	3.0%	8.8%

Question not asked in 2014.

28-29. Total servings of fruit eaten yesterday (calculated variable based on total servings of solid fruit and fruit juice servings combined)

n=1330		0 servings	1-2 servings	3 or more servings
Gender	Female	18.2%	50.4%	31.4%
	Male	17.9%	50.3%	31.9%
Age categories	18-34	17.1%	45.0%	38.0%
	35-44	23.8%	52.2%	24.0%
	45-54	22.2%	50.9%	27.0%
	55-64	19.2%	53.2%	27.6%
	65-74	15.5%	55.0%	29.5%
	75+	4.6%	48.8%	46.7%
Education	Less than high school	8.6%	48.5%	42.9%
	High school diploma/GED	15.5%	49.5%	35.0%
	Vocational school or some college	20.3%	52.1%	27.6%
	Associates degree	14.6%	58.8%	26.6%
	Bachelor's degree or higher	19.9%	45.7%	34.4%
Household income	Less than $20,000	20.2%	46.7%	33.2%
	$20,000-$34,999	18.0%	50.7%	31.3%
	$35,000-$49,999	16.3%	48.9%	34.8%
	$50,000-$99,999	16.9%	48.8%	34.2%
	$100,000+	20.7%	53.4%	26.0%
County	Meeker	19.7%	52.3%	28.0%
	McLeod	16.1%	49.7%	34.2%
	Sibley	20.0%	48.9%	31.1%
2018 All (3 counties combined)		18.1%	50.3%	31.6%
2014 All (3 counties combined)		17.1%	49.9%	33.0%

30. How many servings of vegetables did you have yesterday?

n=1386		0 servings	1-2 servings	3 or more servings
Gender	Female	12.5%	60.1%	27.5%
	Male	14.8%	63.3%	21.9%
Age categories	18-34	13.9%	59.3%	26.8%
	35-44	15.0%	55.2%	29.7%
	45-54	14.0%	60.5%	25.5%
	55-64	13.6%	64.8%	21.7%
	65-74	13.3%	70.0%	16.7%
	75+	10.8%	64.1%	25.2%
Education	Less than high school	14.6%	70.9%	14.5%
	High school diploma/GED	12.6%	74.5%	13.0%
	Vocational school or some college	14.7%	57.8%	27.6%
	Associates degree	22.2%	63.5%	14.3%
	Bachelor's degree or higher	9.6%	54.6%	35.8%
Household income	Less than $20,000	14.7%	72.3%	13.0%
	$20,000-$34,999	16.8%	67.8%	15.4%
	$35,000-$49,999	10.0%	72.5%	17.5%
	$50,000-$99,999	11.0%	57.3%	31.7%
	$100,000+	19.1%	55.4%	25.4%
County	Meeker	10.9%	65.4%	23.8%
	McLeod	14.3%	60.0%	25.7%
	Sibley	16.4%	60.1%	23.6%
2018 All (3 counties combined)		13.6%	61.7%	24.7%
2014 All (3 counties combined)		14.0%	63.0%	23.0%

28-30. Total servings of fruits and vegetables eaten yesterday (calculated variable)

n=1373		0 servings	1-2 servings	3-4 servings	5 or more servings
Gender	Female	5.7%	21.5%	36.9%	35.9%
	Male	5.9%	27.4%	31.5%	35.1%
Age categories	18-34	5.4%	21.2%	32.8%	40.6%
	35-44	10.3%	25.3%	29.1%	35.4%
	45-54	8.2%	21.4%	34.3%	36.2%
	55-64	3.8%	31.2%	36.2%	28.8%
	65-74	4.0%	28.2%	40.4%	27.4%
	75+	1.0%	19.6%	34.9%	44.5%
Education	Less than high school	5.0%	23.3%	36.4%	35.3%
	High school diploma/GED	2.7%	28.6%	35.6%	33.0%
	Vocational school or some college	7.6%	28.1%	30.6%	33.7%
	Associates degree	5.4%	31.0%	37.5%	26.1%
	Bachelor's degree or higher	6.5%	14.9%	35.2%	43.4%
Household income	Less than $20,000	2.3%	36.5%	28.3%	33.0%
	$20,000-$34,999	6.8%	31.8%	32.8%	28.7%
	$35,000-$49,999	3.2%	25.0%	33.6%	38.1%
	$50,000-$99,999	6.1%	21.0%	32.4%	40.6%
	$100,000+	7.8%	23.7%	37.4%	31.1%
County	Meeker	5.8%	24.1%	37.6%	32.5%
	McLeod	4.8%	25.1%	33.4%	36.7%
	Sibley	8.2%	23.4%	30.9%	37.4%
2018 All (3 counties combined)		5.8%	24.4%	34.2%	35.5%
2014 All (3 counties combined)		6.7%	28.2%	29.2%	35.9%

31a. How often did you drink the following beverages in the past week? Fruit drinks

n=1427		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Gender	Female	83.0%	7.3%	5.7%	0.7%	2.1%	0.9%	0.3%
	Male	75.8%	10.4%	8.5%	1.8%	1.6%	1.1%	0.8%
Age categories	18-34	75.7%	15.5%	6.6%	0.0%	0.9%	0.0%	1.4%
	35-44	84.1%	7.8%	5.4%	0.3%	1.7%	0.9%	0.0%
	45-54	80.3%	4.8%	6.5%	2.5%	2.7%	2.5%	0.7%
	55-64	80.3%	6.1%	9.3%	1.1%	2.6%	0.4%	0.2%
	65-74	78.3%	7.5%	8.7%	2.4%	1.2%	1.4%	0.5%
	75+	79.4%	8.4%	6.3%	2.2%	2.2%	1.5%	0.0%
Education	Less than high school	75.6%	12.0%	9.2%	0.6%	1.4%	1.3%	0.0%
	High school diploma/GED	71.6%	8.6%	13.2%	2.0%	2.3%	0.5%	1.8%
	Vocational school or some college	74.4%	12.1%	7.5%	1.5%	1.9%	2.4%	0.4%
	Associates degree	85.3%	9.4%	2.3%	0.6%	2.2%	0.0%	0.3%
	Bachelor's degree or higher	88.6%	5.1%	4.0%	0.7%	1.3%	0.3%	0.0%
Household income	Less than $20,000	63.3%	14.5%	7.6%	3.1%	5.0%	6.5%	0.0%
	$20,000-$34,999	75.6%	8.3%	8.2%	1.7%	3.9%	0.7%	1.6%
	$35,000-$49,999	71.9%	13.8%	10.7%	1.3%	1.1%	1.0%	0.3%
	$50,000-$99,999	81.8%	7.5%	6.6%	1.3%	1.5%	0.5%	0.9%
	$100,000+	85.6%	8.0%	4.3%	0.5%	1.1%	0.6%	0.0%
County	Meeker	81.2%	7.4%	6.7%	0.9%	1.8%	0.4%	1.6%
	McLeod	79.6%	8.5%	7.0%	1.2%	2.1%	1.5%	0.1%
	Sibley	76.4%	11.8%	7.9%	1.8%	1.3%	0.8%	0.0%
2018 All (3 counties combined)		79.4%	8.8%	7.1%	1.2%	1.8%	1.0%	0.6%

31b. How often did you drink the following beverages in the past week? Sports drinks

n=1425		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Gender	Female	89.9%	5.5%	3.1%	0.8%	0.7%	0.0%	0.1%
	Male	75.1%	13.0%	8.1%	2.9%	0.9%	0.0%	0.0%
Age categories	18-34	75.1%	11.3%	7.8%	5.2%	0.5%	0.0%	0.0%
	35-44	81.5%	11.0%	5.6%	1.0%	0.9%	0.0%	0.0%
	45-54	80.2%	11.9%	6.3%	0.0%	1.7%	0.0%	0.0%
	55-64	86.1%	8.0%	4.0%	1.3%	0.6%	0.0%	0.0%
	65-74	89.3%	6.3%	2.9%	0.5%	1.0%	0.0%	0.0%
	75+	90.2%	3.0%	5.5%	1.0%	0.0%	0.0%	0.3%
Education	Less than high school	91.9%	0.0%	6.6%	0.0%	1.5%	0.0%	0.0%
	High school diploma/GED	75.3%	15.7%	6.2%	1.5%	1.2%	0.0%	0.2%
	Vocational school or some college	78.6%	8.2%	9.5%	2.7%	1.1%	0.0%	0.0%
	Associates degree	85.6%	6.3%	2.4%	4.4%	1.3%	0.0%	0.0%
	Bachelor's degree or higher	89.7%	7.5%	2.4%	0.4%	0.0%	0.0%	0.0%
Household income	Less than $20,000	78.1%	13.0%	4.9%	0.3%	3.8%	0.0%	0.0%
	$20,000-$34,999	77.8%	10.7%	3.8%	4.4%	3.3%	0.0%	0.0%
	$35,000-$49,999	80.4%	10.8%	3.6%	4.3%	0.6%	0.0%	0.2%
	$50,000-$99,999	83.0%	7.8%	8.0%	1.1%	0.2%	0.0%	0.0%
	$100,000+	86.9%	8.8%	3.8%	0.4%	0.0%	0.0%	0.0%
County	Meeker	86.4%	6.9%	3.3%	1.9%	1.6%	0.0%	0.0%
	McLeod	82.3%	9.0%	6.5%	1.8%	0.3%	0.0%	0.1%
	Sibley	76.7%	13.5%	7.1%	1.9%	0.9%	0.0%	0.0%
2018 All (3 counties combined)		82.4%	9.3%	5.6%	1.9%	0.8%	0.0%	0.0%

31c. How often did you drink the following beverages in the past week? Regular soda or pop

n=1428		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Gender	Female	61.0%	15.9%	12.7%	3.7%	4.1%	1.5%	1.1%
	Male	37.1%	18.2%	22.8%	6.6%	6.1%	7.8%	1.4%
Age categories	18-34	37.7%	19.8%	22.3%	3.3%	7.9%	8.7%	0.4%
	35-44	46.6%	13.4%	20.9%	6.7%	3.0%	4.2%	5.1%
	45-54	52.2%	12.5%	16.8%	8.2%	6.1%	4.3%	0.0%
	55-64	55.0%	19.4%	11.4%	4.2%	4.9%	3.9%	1.2%
	65-74	53.5%	18.8%	16.6%	4.1%	4.1%	1.9%	1.0%
	75+	58.1%	17.9%	16.4%	4.6%	1.9%	1.3%	0.0%
Education	Less than high school	64.5%	17.2%	8.3%	0.7%	1.8%	7.6%	0.0%
	High school diploma/GED	38.8%	13.6%	21.1%	9.6%	9.0%	5.1%	2.8%
	Vocational school or some college	51.1%	16.0%	16.8%	6.8%	3.6%	5.1%	0.6%
	Associates degree	42.2%	22.5%	20.4%	2.3%	9.0%	2.7%	1.0%
	Bachelor's degree or higher	56.4%	18.4%	15.7%	1.6%	2.4%	4.5%	1.0%
Household income	Less than $20,000	50.0%	13.1%	15.5%	2.8%	5.7%	10.0%	2.9%
	$20,000-$34,999	39.5%	14.2%	20.1%	7.8%	8.1%	5.8%	4.5%
	$35,000-$49,999	49.2%	15.8%	14.3%	9.7%	4.9%	5.8%	0.5%
	$50,000-$99,999	52.6%	17.4%	16.4%	3.7%	5.3%	4.2%	0.4%
	$100,000+	46.2%	20.4%	20.5%	4.0%	4.2%	3.5%	1.3%
County	Meeker	56.2%	14.0%	16.3%	5.0%	4.1%	3.9%	0.5%
	McLeod	45.6%	19.1%	18.1%	4.5%	5.4%	5.1%	2.3%
	Sibley	46.1%	16.8%	19.1%	7.0%	6.0%	4.9%	0.1%
2018 All (3 counties combined)		49.0%	17.0%	17.7%	5.2%	5.1%	4.7%	1.3%

31d. How often did you drink the following beverages in the past week? Energy drinks

n=1417		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Gender	Female	95.9%	1.4%	1.1%	0.7%	0.9%	0.0%	0.0%
	Male	88.3%	2.0%	7.5%	0.1%	1.0%	1.1%	0.0%
Age categories	18-34	84.5%	0.0%	12.7%	0.9%	1.9%	0.0%	0.0%
	35-44	89.6%	5.3%	2.0%	0.4%	1.8%	0.9%	0.0%
	45-54	91.2%	2.8%	3.7%	0.0%	0.5%	1.7%	0.0%
	55-64	97.4%	1.3%	0.3%	0.4%	0.0%	0.6%	0.0%
	65-74	99.4%	0.5%	0.1%	0.0%	0.0%	0.0%	0.0%
	75+	97.6%	0.7%	0.7%	0.5%	0.5%	0.0%	0.0%
Education	Less than high school	99.0%	1.1%	0.0%	0.0%	0.0%	0.0%	0.0%
	High school diploma/GED	87.7%	2.1%	7.6%	0.1%	0.1%	2.4%	0.0%
	Vocational school or some college	94.2%	2.6%	0.6%	0.8%	1.8%	0.0%	0.0%
	Associates degree	88.3%	2.9%	7.8%	0.0%	1.0%	0.0%	0.0%
	Bachelor's degree or higher	94.6%	0.0%	4.3%	0.5%	0.7%	0.0%	0.0%
Household income	Less than $20,000	97.6%	1.0%	0.2%	0.9%	0.3%	0.0%	0.0%
	$20,000-$34,999	94.6%	3.0%	1.5%	0.0%	0.9%	0.0%	0.0%
	$35,000-$49,999	88.0%	0.7%	7.4%	1.6%	2.4%	0.0%	0.0%
	$50,000-$99,999	93.7%	2.5%	2.7%	0.0%	0.8%	0.3%	0.0%
	$100,000+	88.2%	0.6%	8.1%	0.6%	0.6%	1.9%	0.0%
County	Meeker	93.6%	1.1%	3.3%	0.4%	1.7%	0.0%	0.0%
	McLeod	91.1%	2.0%	5.0%	0.5%	0.2%	1.2%	0.0%
	Sibley	92.4%	2.0%	4.0%	0.2%	1.4%	0.0%	0.0%
2018 All (3 counties combined)		92.1%	1.7%	4.3%	0.4%	0.9%	0.6%	0.0%

31e. How often did you drink the following beverages in the past week? Diet soda or pop

n=1423		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Gender	Female	63.2%	12.2%	8.9%	4.1%	6.5%	4.0%	1.2%
	Male	63.1%	10.2%	11.9%	2.7%	5.4%	3.5%	3.2%
Age categories	18-34	73.6%	8.3%	8.4%	2.1%	5.2%	2.0%	0.5%
	35-44	59.2%	13.1%	8.8%	1.9%	7.8%	2.3%	6.9%
	45-54	59.6%	10.5%	10.6%	4.0%	8.3%	5.1%	1.9%
	55-64	57.5%	12.0%	11.5%	4.6%	6.1%	6.2%	2.0%
	65-74	58.3%	11.6%	15.0%	4.8%	3.8%	4.4%	2.1%
	75+	66.2%	14.4%	10.1%	3.7%	3.2%	2.4%	0.0%
Education	Less than high school	74.4%	13.8%	5.0%	0.0%	1.3%	5.6%	0.0%
	High school diploma/GED	55.8%	13.2%	12.2%	6.1%	4.7%	3.1%	4.8%
	Vocational school or some college	62.9%	12.2%	11.1%	2.8%	5.4%	3.9%	1.6%
	Associates degree	73.6%	8.5%	8.2%	1.9%	5.0%	2.8%	0.0%
	Bachelor's degree or higher	63.5%	9.6%	9.8%	2.7%	8.3%	4.3%	2.0%
Household income	Less than $20,000	57.6%	21.0%	8.0%	4.1%	0.9%	5.6%	2.9%
	$20,000-$34,999	55.7%	6.2%	16.1%	4.0%	7.2%	3.0%	7.8%
	$35,000-$49,999	63.5%	11.6%	12.7%	2.6%	7.3%	2.5%	0.0%
	$50,000-$99,999	63.7%	13.8%	8.6%	3.4%	6.1%	3.2%	1.3%
	$100,000+	67.9%	7.1%	9.2%	3.3%	6.4%	4.6%	1.6%
County	Meeker	64.3%	10.6%	13.5%	1.7%	4.9%	4.0%	1.0%
	McLeod	62.6%	11.3%	8.1%	4.8%	7.4%	2.7%	3.1%
	Sibley	62.5%	12.0%	11.1%	2.5%	4.1%	5.7%	2.0%
2018 All (3 counties combined)		63.1%	11.2%	10.4%	3.4%	6.0%	3.7%	2.2%

31f. How often did you drink the following beverages in the past week? Water

n=1440		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Gender	Female	1.0%	0.5%	3.1%	3.5%	4.0%	25.5%	62.4%
	Male	2.0%	0.8%	6.5%	5.2%	4.4%	33.5%	47.7%
Age categories	18-34	1.9%	0.0%	6.7%	0.4%	3.5%	24.7%	62.9%
	35-44	0.9%	0.6%	4.0%	2.5%	1.9%	34.2%	56.0%
	45-54	0.4%	0.0%	3.5%	4.8%	3.9%	32.9%	54.6%
	55-64	2.6%	1.8%	5.8%	7.2%	4.8%	28.7%	49.2%
	65-74	1.5%	0.6%	4.7%	7.4%	7.0%	29.6%	49.3%
	75+	1.2%	1.4%	2.7%	7.1%	5.2+	29.0%	53.4%
Education	Less than high school	3.4%	1.6%	0.7%	8.9%	8.9%	19.5%	57.0%
	High school diploma/GED	2.8%	1.2%	5.6%	5.2%	3.9%	38.0%	43.3%
	Vocational school or some college	1.8%	0.2%	5.4%	4.1%	5.0%	31.3%	52.2%
	Associates degree	0.0%	0.0%	8.9%	4.3%	3.1%	23.6%	60.1%
	Bachelor's degree or higher	0.5%	0.9%	2.3%	3.6%	3.6%	24.4%	64.7%
Household income	Less than $20,000	0.6%	3.1%	9.6%	10.6%	5.5%	24.8%	45.8%
	$20,000-$34,999	2.3%	0.7%	3.6%	5.9%	8.1%	33.7%	45.7%
	$35,000-$49,999	0.5%	0.5%	4.1%	4.4%	3.4%	26.2%	60.9%
	$50,000-$99,999	1.6%	0.4%	4.3%	2.9%	3.6%	26.8%	60.4%
	$100,000+	0.9%	0.4%	6.3%	4.6%	2.2%	34.4%	51.2%
County	Meeker	0.6%	0.6%	2.2%	4.4%	3.4%	33.9%	54.9%
	McLeod	1.4%	0.4%	6.7%	4.8%	4.4%	30.2%	52.1%
	Sibley	2.8%	1.2%	4.6%	3.1%	4.7%	21.3%	62.3%
2018 All (3 counties combined)		1.5%	0.6%	4.8%	4.4%	4.2%	29.5%	55.1%

32a. During an average week, how many times do you do the following? Eat out or order out a meal from a fast food place

n=1439		0 times	1-2 times	3-4 times	5-6 times	7 or more
Gender	Female	45.4%	49.0%	4.1%	1.3%	0.3%
	Male	36.0%	54.8%	7.5%	0.6%	1.1%
Age categories	18-34	34.1%	55.2%	9.0%	1.8%	0.0%
	35-44	35.5%	60.1%	2.5%	0.0%	1.8%
	45-54	42.1%	53.1%	4.1%	0.0%	0.7%
	55-64	47.2%	43.2%	7.4%	1.3%	0.9%
	65-74	43.2%	48.2%	7.0%	1.1%	0.5%
	75+	47.1%	49.2%	2.1%	1.3%	0.3%
Education	Less than high school	50.1%	47.4%	1.3%	1.3%	0.0%
	High school diploma/GED	38.7%	52.0%	7.4%	0.5%	1.4%
	Vocational school or some college	42.9%	49.3%	5.5%	1.6%	0.8%
	Associates degree	34.5%	62.7%	2.9%	0.0%	0.0%
	Bachelor's degree or higher	41.8%	50.4%	6.4%	1.0%	0.4%
Household income	Less than $20,000	48.4%	49.3%	1.8%	0.5%	0.0%
	$20,000-$34,999	47.6%	45.2%	6.6%	0.0%	0.6%
	$35,000-$49,999	42.9%	49.9%	2.6%	4.0%	0.6%
	$50,000-$99,999	39.2%	54.2%	6.1%	0.2%	0.3%
	$100,000+	35.9%	53.3%	8.2%	0.9%	1.7%
County	Meeker	43.1%	49.5%	6.3%	0.8%	0.4%
	McLeod	36.2%	55.4%	6.4%	1.2%	0.9%
	Sibley	47.7%	47.4%	3.6%	0.6%	0.8%
2018 All (3 counties combined)		40.7%	51.9%	5.8%	0.9%	0.7%
2014 All (3 counties combined)		43.5%	47.0%	7.5%	1.8%	0.3%

32b. During an average week, how many times do you do the following? Eat out at a restaurant that is not a fast food place

n=1425		0 times	1-2 times	3-4 times	5-6 times	7 or more
Gender	Female	44.2%	53.2%	2.2%	0.3%	0.1%
	Male	37.8%	58.7%	2.8%	0.7%	0.1%
Age categories	18-34	43.7%	52.7%	3.6%	0.0%	0.0%
	35-44	42.7%	56.9%	0.0%	0.0%	0.4%
	45-54	36.6%	61.6%	1.7%	0.0%	0.0%
	55-64	45.5%	51.5%	2.0%	1.0%	0.0%
	65-74	36.2%	58.6%	4.3%	0.9%	0.0%
	75+	37.8%	56.7%	3.4%	1.8%	0.3%
Education	Less than high school	61.1%	37.1%	1.9%	0.0%	0.0%
	High school diploma/GED	35.0%	61.0%	3.0%	0.9%	0.2%
	Vocational school or some college	42.7%	54.6%	1.7%	0.8%	0.2%
	Associates degree	50.1%	48.8%	0.9%	0.2%	0.0%
	Bachelor's degree or higher	38.2%	58.2%	3.6%	0.0%	0.0%
Household income	Less than $20,000	48.6%	49.3%	1.3%	0.7%	0.0%
	$20,000-$34,999	55.2%	42.6%	1.7%	0.2%	0.3%
	$35,000-$49,999	43.6%	54.7%	0.6%	1.1%	0.0%
	$50,000-$99,999	41.4%	56.0%	1.8%	0.6%	0.2%
	$100,000+	30.6%	64.3%	5.1%	0.0%	0.0%
County	Meeker	42.9%	54.6%	2.0%	0.2%	0.3%
	McLeod	40.3%	56.1%	2.9%	0.8%	0.0%
	Sibley	40.0%	57.5%	2.3%	0.3%	0.0%
2018 All (3 counties combined)		41.0%	55.9%	2.5%	0.5%	0.1%
2014 All (3 counties combined)		45.5%	50.5%	2.8%	1.2%	0.1%

32c. During an average week, how many times do you do the following? Watch television during meal time

n=1415		0 times	1-2 times	3-4 times	5-6 times	7 or more
Gender	Female	30.5%	25.5%	13.8%	15.7%	14.6%
	Male	31.5%	22.4%	21.1%	10.1%	14.9%
Age categories	18-34	34.9%	24.7%	19.4%	8.5%	12.6%
	35-44	38.2%	26.9%	15.9%	8.7%	10.2%
	45-54	24.8%	30.3%	18.2%	16.7%	10.1%
	55-64	26.9%	17.7%	17.3%	15.0%	23.1%
	65-74	21.6%	20.9%	17.8%	19.8%	19.9%
	75+	39.5%	21.1%	14.1%	10.9%	14.3%
Education	Less than high school	31.1%	27.2%	18.7%	4.6%	18.4%
	High school diploma/GED	26.2%	22.5%	16.9%	12.5%	22.0%
	Vocational school or some college	28.2%	25.8%	19.6%	13.4%	13.0%
	Associates degree	29.7%	32.8%	14.8%	13.0%	9.8%
	Bachelor's degree or higher	38.1%	19.0%	16.7%	13.3%	12.9%
Household income	Less than $20,000	27.1%	18.7%	13.2%	14.2%	26.7%
	$20,000-$34,999	26.5%	29.1%	11.8%	11.2%	21.4%
	$35,000-$49,999	32.1%	20.6%	15.4%	10.9%	21.0%
	$50,000-$99,999	29.7%	25.4%	17.6%	14.5%	12.9%
	$100,000+	34.8%	21.3%	22.8%	13.1%	8.0%
County	Meeker	35.0%	22.2%	15.3%	14.7%	12.9%
	McLeod	28.3%	25.5%	19.4%	11.3%	15.5%
	Sibley	31.4%	22.9%	16.2%	13.8%	15.7%
2018 All (3 counties combined)		31.0%	23.9%	17.5%	12.9%	14.8%
2014 All (3 counties combined)		29.9%	23.0%	16.7%	14.2%	16.2%

32d. During an average week, how many times do you do the following? Purchase and eat food from a vending machine

n=1428		0 times	1-2 times	3-4 times	5-6 times	7 or more
Gender	Female	94.0%	4.7%	0.8%	0.3%	0.2%
	Male	88.4%	10.2%	0.7%	0.4%	0.3%
Age categories	18-34	85.7%	13.9%	0.4%	0.0%	0.0%
	35-44	88.0%	10.8%	0.0%	0.3%	0.9%
	45-54	94.5%	3.9%	0.8%	0.8%	0.0%
	55-64	89.4%	6.8%	2.5%	0.7%	0.7%
	65-74	98.4%	1.6%	0.0%	0.0%	0.0%
	75+	98.3%	1.4%	0.3%	0.0%	0.0%
Education	Less than high school	95.0%	3.7%	1.3%	0.0%	0.0%
	High school diploma/GED	84.6%	13.7%	1.1%	0.2%	0.5%
	Vocational school or some college	94.5%	3.7%	0.8%	0.6%	0.5%
	Associates degree	84.4%	13.1%	1.8%	0.7%	0.0%
	Bachelor's degree or higher	95.4%	4.6%	0.0%	0.0%	0.0%
Household income	Less than $20,000	96.6%	1.1%	0.0%	0.0%	2.3%
	$20,000-$34,999	83.9%	12.6%	2.8%	0.7%	0.0%
	$35,000-$49,999	90.1%	9.4%	0.5%	0.0%	0.0%
	$50,000-$99,999	93.5%	5.5%	0.5%	0.2%	0.3%
	$100,000+	89.4%	9.5%	0.4%	0.6%	0.0%
County	Meeker	91.3%	8.1%	0.1%	0.5%	0.0%
	McLeod	90.5%	7.4%	1.4%	0.2%	0.6%
	Sibley	92.9%	6.6%	0.1%	0.4%	0.0%
2018 All (3 counties combined)		91.2%	7.4%	0.8%	0.3%	0.3%
2014 All (3 counties combined)		87.2%	9.6%	2.6%	0.5%	0.1%

32e. During an average week, how many times do you do the following? Eat a home cooked meal

n=1444		0 times	1-2 times	3-4 times	5-6 times	7 or more
Gender	Female	0.6%	5.5%	10.8%	35.0%	48.1%
	Male	0.4%	3.2%	20.4%	32.6%	43.5%
Age categories	18-34	0.0%	4.1%	16.9%	29.9%	49.1%
	35-44	0.0%	3.3%	15.4%	38.8%	42.5%
	45-54	0.0%	2.2%	18.5%	44.7%	34.5%
	55-64	0.5%	6.1%	14.6%	31.6%	47.2%
	65-74	1.1%	4.3%	13.5%	30.0%	51.1%
	75+	2.6%	7.0%	11.9%	24.8%	53.8%
Education	Less than high school	1.0%	7.1%	12.2%	27.6%	52.1%
	High school diploma/GED	0.9%	6.9%	14.9%	34.6%	42.7%
	Vocational school or some college	0.5%	5.0%	17.8%	33.3%	43.4%
	Associates degree	0.4%	2.3%	26.4%	29.2%	41.8%
	Bachelor's degree or higher	0.2%	2.4%	9.5%	35.9%	52.0%
Household income	Less than $20,000	4.4%	6.5%	20.0%	20.5%	48.6%
	$20,000-$34,999	1.1%	7.7%	12.1%	44.4%	34.7%
	$35,000-$49,999	0.3%	4.9%	12.6%	29.4%	52.8%
	$50,000-$99,999	0.1%	2.8%	12.9%	32.3%	52.0%
	$100,000+	0.1%	4.8%	23.1%	34.8%	37.1%
County	Meeker	0.3%	2.4%	14.3%	34.1%	48.9%
	McLeod	0.5%	5.3%	17.6%	33.0%	43.7%
	Sibley	0.8%	5.1%	12.8%	35.2%	46.2%
2018 All (3 counties combined)		0.5%	4.4%	15.6%	33.8%	45.8%
2014 All (3 counties combined)		0.5%	8.2%	14.7%	29.3%	47.2%

33a. During the growing season, how often do you or others in your household buy or get food from the following place? Farmer's market, fruit/vegetable stand

n=1417		Never or less than 1 time /month	About one time / month	About 2-3 times / month	About 1 time / week	Two or more times / week
Gender	Female	43.0%	26.0%	16.9%	10.4%	3.7%
	Male	45.7%	23.1%	17.6%	8.8%	4.8%
Age categories	18-34	53.9%	21.9%	12.9%	5.2%	6.1%
	35-44	45.8%	27.6%	13.7%	11.6%	1.3%
	45-54	41.3%	23.7%	22.2%	7.0%	5.8%
	55-64	37.1%	26.6%	20.8%	12.0%	3.5%
	65-74	41.8%	24.8%	18.3%	12.1%	3.1%
	75+	40.3%	23.6%	17.3%	14.2%	4.6%
Education	Less than high school	51.7%	10.8%	15.4%	17.1%	5.0%
	High school diploma/GED	49.9%	22.3%	12.5%	7.4%	7.8%
	Vocational school or some college	42.6%	28.0%	16.2%	9.5%	3.8%
	Associates degree	41.3%	22.6%	25.6%	9.4%	1.1%
	Bachelor's degree or higher	42.5%	24.6%	18.6%	10.9%	3.4%
Household income	Less than $20,000	52.2%	17.3%	11.9%	7.8%	10.8%
	$20,000-$34,999	46.7%	28.8%	13.0%	8.5%	3.0%
	$35,000-$49,999	43.3%	22.3%	11.2%	11.1%	12.2%
	$50,000-$99,999	44.1%	24.3%	19.7%	9.1%	2.8%
	$100,000+	43.5%	24.2%	21.4%	9.7%	1.2%
County	Meeker	43.0%	27.7%	14.5%	9.9%	5.0%
	McLeod	45.7%	21.8%	17.4%	10.0%	5.1%
	Sibley	43.2%	26.2%	21.1%	8.2%	1.3%
2018 All (3 counties combined)		44.4%	24.5%	17.3%	9.6%	4.3%
2014 All (3 counties combined)		42.9%	25.5%	18.3%	10.2%	3.1%

33b. During the growing season, how often do you or others in your household buy or get food from the following places? Local farm or CSA

n=1393		Never or less than 1 time /month	About one time / month	About 2-3 times / month	About 1 time / week	Two or more times / week
Gender	Female	79.7%	8.7%	4.1%	5.1%	2.4%
	Male	77.8%	11.7%	4.5%	5.0%	1.0%
Age categories	18-34	76.4%	11.5%	4.7%	4.3%	3.2%
	35-44	81.5%	7.5%	4.1%	6.0%	0.9%
	45-54	72.5%	16.1%	2.9%	8.1%	0.4%
	55-64	80.6%	8.6%	4.8%	4.6%	1.4%
	65-74	85.4%	5.8%	4.9%	2.3%	1.6%
	75+	80.1%	9.1%	4.3%	4.2%	2.3%
Education	Less than high school	74.1%	5.7%	5.7%	11.7%	2.9%
	High school diploma/GED	84.4%	7.1%	2.5%	4.4%	1.6%
	Vocational school or some college	77.9%	11.6%	4.3%	5.3%	0.9%
	Associates degree	71.1%	19.9%	5.5%	2.9%	0.5%
	Bachelor's degree or higher	79.0%	7.3%	4.9%	5.7%	3.0%
Household income	Less than $20,000	78.8%	17.3%	1.7%	1.1%	1.2%
	$20,000-$34,999	74.9%	11.3%	8.7%	4.2%	1.0%
	$35,000-$49,999	74.2%	8.2%	4.1%	7.3%	6.3%
	$50,000-$99,999	80.2%	10.0%	3.4%	5.7%	0.7%
	$100,000+	78.8%	10.8%	4.9%	4.5%	1.1%
County	Meeker	79.1%	10.4%	4.3%	3.4%	2.9%
	McLeod	77.4%	10.6%	4.0%	6.6%	1.4%
	Sibley	81.5%	9.1%	4.9%	3.8%	0.7%
2018 All (3 counties combined)		78.8%	10.2%	4.3%	5.1%	1.7%
2014 All (3 counties combined)		81.6%	8.2%	5.0%	3.0%	2.2%

33c. During the growing season, how often do you or others in your household buy or get food from the following places? Food grown at home or in a community garden

n=1428		Never or less than 1 time /month	About one time / month	About 2-3 times / month	About 1 time / week	Two or more times / week
Gender	Female	37.0%	11.5%	11.2%	9.2%	31.2%
	Male	41.4%	10.1%	10.4%	12.8%	25.4%
Age categories	18-34	35.1%	11.9%	14.1%	14.6%	24.2%
	35-44	47.5%	6.7%	14.5%	11.4%	19.9%
	45-54	39.5%	11.6%	7.3%	14.8%	26.8%
	55-64	36.8%	13.1%	7.5%	6.7%	36.0%
	65-74	38.5%	9.6%	9.0%	6.8%	36.0%
	75+	40.2%	10.3%	10.9%	7.7%	31.0%
Education	Less than high school	50.7%	5.7%	12.0%	5.9%	25.7%
	High school diploma/GED	40.8%	10.7%	9.8%	8.9%	29.8%
	Vocational school or some college	39.5%	10.9%	8.8%	12.2%	28.7%
	Associates degree	25.1%	11.2%	14.9%	15.0%	33.8%
	Bachelor's degree or higher	42.6%	11.0%	11.6%	10.1%	24.7%
Household income	Less than $20,000	48.5%	10.1%	8.5%	4.6%	28.3%
	$20,000-$34,999	43.4%	8.8%	13.7%	12.8%	21.4%
	$35,000-$49,999	38.1%	9.0%	9.7%	9.7%	33.5%
	$50,000-$99,999	40.7%	11.9%	7.9%	11.9%	27.7%
	$100,000+	35.0%	11.9%	15.2%	9.3%	28.7%
County	Meeker	34.7%	11.8%	13.0%	8.9%	31.7%
	McLeod	42.5%	10.5%	10.1%	11.2%	25.7%
	Sibley	37.9%	9.8%	9.1%	13.6%	29.5%
2018 All (3 counties combined)		39.2%	10.8%	10.8%	11.0%	28.3%
2014 All (3 counties combined)		39.5%	10.0%	11.3%	10.1%	29.2%

34. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

n=1428		Often	Sometimes	Rarely	Never
Gender	Female	3.2%	6.5%	9.7%	80.6%
	Male	3.5%	4.6%	16.9%	75.0%
Age categories	18-34	7.2%	6.6%	22.8%	63.4%
	35-44	4.3%	5.6%	14.0%	76.2%
	45-54	0.1%	5.4%	12.4%	82.1%
	55-64	4.2%	4.8%	8.7%	82.4%
	65-74	0.7%	5.1%	8.9%	85.3%
	75+	0.6%	4.8%	5.2%	89.4%
Education	Less than high school	5.3%	1.5%	19.6%	73.6%
	High school diploma/GED	6.3%	7.7%	12.0%	74.0%
	Vocational school or some college	4.7%	5.4%	12.2%	77.7%
	Associates degree	1.4%	9.0%	19.5%	70.1%
	Bachelor's degree or higher	0.3%	2.9%	12.2%	84.6%
Household income	Less than $20,000	14.6%	16.8%	18.8%	49.8%
	$20,000-$34,999	8.0%	12.7%	21.7%	57.6%
	$35,000-$49,999	2.6%	8.4%	18.5%	70.5%
	$50,000-$99,999	2.4%	4.0%	12.6%	81.0%
	$100,000+	0.3%	0.6%	7.2%	91.9%
County	Meeker	1.5%	6.7%	10.3%	81.5%
	McLeod	4.9%	3.6%	15.5%	76.0%
	Sibley	2.5%	8.3%	12.7%	76.6%
2018 All (3 counties combined)		3.4%	5.5%	13.3%	77.8%
2014 All (3 counties combined)		3.7%	8,0%	11.7%	76.7%

35. During the past 12 months, have you used a community food shelf program?

n=1418		Yes	No
Gender	Female	3.6%	96.4%
	Male	4.0%	96.0%
Age categories	18-34	6.4%	93.6%
	35-44	3.2%	96.8%
	45-54	1.8%	98.2%
	55-64	5.1%	94.9%
	65-74	2.3%	97.7%
	75+	1.9%	98.1%
Education	Less than high school	9.0%	91.0%
	High school diploma/GED	6.8%	93.2%
	Vocational school or some college	3.8%	96.2%
	Associates degree	3.5%	96.5%
	Bachelor's degree or higher	1.0%	99.0%
Household income	Less than $20,000	27.9%	72.1%
	$20,000-$34,999	7.6%	92.4%
	$35,000-$49,999	1.6%	98.4%
	$50,000-$99,999	1.9%	98.1%
	$100,000+	0.0%	100.0%
County	Meeker	3.0%	97.0%
	McLeod	5.2%	94.8%
	Sibley	1.9%	98.1%
2018 All (3 counties combined)		3.8%	96.2%
2014 All (3 counties combined)		5.7%	94.3%

36. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

n=1414		Yes	No
Gender	Female	74.4%	25.6%
	Male	78.9%	21.1%
Age categories	18-34	84.5%	15.5%
	35-44	74.4%	25.6%
	45-54	82.6%	17.4%
	55-64	67.1%	32.9%
	65-74	75.9%	24.1%
	75+	69.8%	30.2%
Education	Less than high school	65.1%	34.9%
	High school diploma/GED	64.6%	35.4%
	Vocational school or some college	80.7%	19.3%
	Associates degree	69.9%	30.1%
	Bachelor's degree or higher	85.9%	14.1%
Household income	Less than $20,000	64.7%	35.3%
	$20,000-$34,999	62.3%	37.7%
	$35,000-$49,999	73.2%	26.8%
	$50,000-$99,999	76.9%	23.2%
	$100,000+	88.9%	11.1%
County	Meeker	76.0%	24.0%
	McLeod	77.3%	22.7%
	Sibley	76.2%	23.8%
2018 All (3 counties combined)		76.7%	23.4%
2014 All (3 counties combined)		78.4%	21.6%

37. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity?

n=1367		0 days	1-4 days	5-7 days
Gender	Female	17.0%	63.6%	19.5%
	Male	17.2%	56.7%	26.1%
Age categories	18-34	17.1%	62.8%	20.1%
	35-44	15.6%	68.1%	16.4%
	45-54	11.5%	60.4%	28.1%
	55-64	19.8%	59.9%	20.3%
	65-74	17.9%	50.4%	31.7%
	75+	23.9%	53.1%	23.0%
Education	Less than high school	37.1%	42.9%	20.0%
	High school diploma/GED	20.0%	51.5%	28.4%
	Vocational school or some college	11.7%	64.9%	23.4%
	Associates degree	20.4%	63.3%	16.3%
	Bachelor's degree or higher	17.3%	61.8%	20.9%
Household income	Less than $20,000	19.3%	61.5%	19.1%
	$20,000-$34,999	22.3%	49.7%	28.0%
	$35,000-$49,999	20.5%	53.9%	25.6%
	$50,000-$99,999	15.5%	60.3%	24.2%
	$100,000+	14.6%	68.8%	16.6%
County	Meeker	16.3%	60.9%	22.8%
	McLeod	18.2%	60.5%	21.3%
	Sibley	15.7%	58.0%	26.2%
2018 All (3 counties combined)		17.1%	60.2%	22.8%
2014 All (3 counties combined)		12.6%	63.3%	24.1%

38. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity?

n=1357		0 days	1-2 days	3-7 days
Gender	Female	47.9%	27.3%	24.8%
	Male	33.6%	38.3%	28.1%
Age categories	18-34	34.2%	37.7%	28.2%
	35-44	45.2%	30.3%	24.6%
	45-54	33.6%	34.1%	32.3%
	55-64	42.5%	33.3%	24.2%
	65-74	42.9%	30.9%	26.2%
	75+	57.9%	23.5%	18.6%
Education	Less than high school	69.8%	15.2%	15.0%
	High school diploma/GED	38.0%	34.2%	27.8%
	Vocational school or some college	40.0%	30.2%	29.8%
	Associates degree	42.3%	39.8%	17.9%
	Bachelor's degree or higher	40.7%	32.9%	26.4%
Household income	Less than $20,000	46.8%	32.5%	20.7%
	$20,000-$34,999	47.0%	27.9%	25.1%
	$35,000-$49,999	46.5%	26.5%	27.0%
	$50,000-$99,999	39.8%	32.8%	27.4%
	$100,000+	34.3%	37.9%	27.8%
County	Meeker	36.8%	37.5%	25.7%
	McLeod	42.7%	30.2%	27.1%
	Sibley	42.7%	31.3%	26.0%
2018 All (3 counties combined)		40.8%	32.7%	26.4%
2014 All (3 counties combined)		37.8%	36.9%	25.4%

39a. Please indicate whether you use the following resources and facilities in your community.
Walking trails

n=1415		I use this	I do not use this	My community does not have this
Gender	Female	44.4%	41.6%	14.1%
	Male	41.5%	47.3%	11.2%
Age categories	18-34	52.9%	38.6%	8.6%
	35-44	53.5%	33.4%	13.1%
	45-54	54.2%	35.8%	10.0%
	55-64	32.9%	50.2%	17.0%
	65-74	25.4%	61.1%	13.6%
	75+	22.1%	60.4%	17.5%
Education	Less than high school	8.9%	76.5%	14.6%
	High school diploma/GED	23.1%	62.7%	14.1%
	Vocational school or some college	44.0%	42.5%	13.5%
	Associates degree	50.9%	41.7%	7.5%
	Bachelor's degree or higher	56.6%	30.8%	12.6%
Household income	Less than $20,000	27.0%	61.8%	11.2%
	$20,000-$34,999	27.3%	61.9%	10.8%
	$35,000-$49,999	42.6%	43.6%	13.9%
	$50,000-$99,999	43.2%	45.0%	11.9%
	$100,000+	57.2%	30.3%	12.6%
County	Meeker	32.6%	51.1%	16.4%
	McLeod	54.6%	40.5%	4.9%
	Sibley	31.0%	43.9%	25.1%
2018 All (3 counties combined)		42.9%	44.4%	12.6%
2014 All (3 counties combined)		41.3%	40.6%	18.1%

39b. Please indicate whether you use the following resources and facilities in your community.
Bicycle paths, shared use paths or bike lanes

n=1404		I use this	I do not use this	My community does not have this
Gender	Female	30.3%	56.1%	13.7%
	Male	33.5%	54.5%	12.1%
Age categories	18-34	38.6%	53.3%	8.1%
	35-44	48.8%	36.2%	15.0%
	45-54	38.3%	46.2%	15.6%
	55-64	24.3%	60.1%	15.7%
	65-74	16.6%	73.8%	9.6%
	75+	10.3%	74.3%	15.4%
Education	Less than high school	1.3%	85.0%	13.7%
	High school diploma/GED	16.7%	68.5%	14.9%
	Vocational school or some college	26.4%	59.9%	13.6%
	Associates degree	34.0%	54.5%	11.5%
	Bachelor's degree or higher	51.0%	38.0%	11.0%
Household income	Less than $20,000	13.3%	73.9%	12.8%
	$20,000-$34,999	13.8%	74.2%	11.9%
	$35,000-$49,999	27.2%	58.3%	14.5%
	$50,000-$99,999	33.9%	54.8%	11.4%
	$100,000+	46.2%	40.2%	13.6%
County	Meeker	25.2%	59.5%	15.4%
	McLeod	43.1%	52.9%	4.0%
	Sibley	15.7%	54.5%	29.7%
2018 All (3 counties combined)		31.9%	55.3%	12.9%
2014 All (3 counties combined)		31.6%	49.0%	19.4%

39c. Please indicate whether you use the following resources and facilities in your community.
Public swimming pools or water parks

n=1391		I use this	I do not use this	My community does not have this
Gender	Female	26.8%	57.7%	15.6%
	Male	16.1%	70.8%	13.1%
Age categories	18-34	36.4%	54.2%	9.5%
	35-44	36.4%	49.6%	14.1%
	45-54	17.4%	64.8%	17.8%
	55-64	12.7%	69.1%	18.2%
	65-74	6.7%	81.5%	11.9%
	75+	3.7%	79.7%	16.7%
Education	Less than high school	1.4%	85.3%	13.3%
	High school diploma/GED	10.0%	79.5%	10.6%
	Vocational school or some college	17.0%	65.4%	17.6%
	Associates degree	31.2%	57.3%	11.5%
	Bachelor's degree or higher	32.6%	52.2%	15.2%
Household income	Less than $20,000	9.1%	76.0%	14.9%
	$20,000-$34,999	4.5%	83.3%	12.2%
	$35,000-$49,999	18.1%	69.0%	12.9%
	$50,000-$99,999	25.7%	59.9%	14.4%
	$100,000+	29.6%	55.8%	14.6%
County	Meeker	15.7%	59.6%	24.8%
	McLeod	26.3%	70.1%	3.6%
	Sibley	18.8%	57.2%	24.0%
2018 All (3 counties combined)		21.5%	64.2%	14.3%
2014 All (3 counties combined)		17.8%	62.3%	19.9%

**39d. Please indicate whether you use the following resources and facilities in your community.
Public recreation centers**

n=1354		I use this	I do not use this	My community does not have this
Gender	Female	22.2%	58.7%	19.1%
	Male	17.7%	64.8%	17.5%
Age categories	18-34	27.4%	56.2%	16.4%
	35-44	28.2%	50.1%	21.8%
	45-54	21.4%	53.5%	25.0%
	55-64	11.8%	71.3%	16.9%
	65-74	13.9%	72.5%	13.6%
	75+	8.0%	78.1%	14.0%
Education	Less than high school	2.7%	86.2%	11.1%
	High school diploma/GED	13.2%	74.1%	12.8%
	Vocational school or some college	16.5%	67.4%	16.2%
	Associates degree	20.9%	59.8%	19.3%
	Bachelor's degree or higher	30.0%	45.2%	24.9%
Household income	Less than $20,000	6.5%	83.8%	9.7%
	$20,000-$34,999	9.2%	73.2%	17.5%
	$35,000-$49,999	18.2%	64.9%	16.9%
	$50,000-$99,999	21.6%	55.6%	22.8%
	$100,000+	29.8%	51.5%	18.8%
County	Meeker	15.9%	59.5%	24.6%
	McLeod	25.7%	66.3%	8.0%
	Sibley	12.1%	54.1%	33.8%
2018 All (3 counties combined)		20.0%	61.8%	18.3%
2014 All (3 counties combined)		20.5%	56.2%	23.3%

39e. Please indicate whether you use the following resources and facilities in your community.
Parks, playgrounds or sports fields

n=1374		I use this	I do not use this	My community does not have this
Gender	Female	43.1%	53.1%	3.8%
	Male	34.6%	62.6%	2.9%
Age categories	18-34	56.2%	43.6%	0.2%
	35-44	55.3%	42.4%	2.3%
	45-54	40.4%	55.1%	4.5%
	55-64	25.8%	70.0%	4.3%
	65-74	23.6%	72.3%	4.1%
	75+	10.1%	81.6%	8.3%
Education	Less than high school	7.3%	83.0%	9.7%
	High school diploma/GED	23.9%	72.2%	3.9%
	Vocational school or some college	35.0%	62.1%	2.9%
	Associates degree	39.3%	59.3%	1.4%
	Bachelor's degree or higher	56.7%	39.7%	3.6%
Household income	Less than $20,000	25.1%	69.5%	5.4%
	$20,000-$34,999	17.9%	79.0%	3.2%
	$35,000-$49,999	34.5%	62.2%	3.4%
	$50,000-$99,999	43.1%	54.6%	2.3%
	$100,000+	48.3%	48.3%	3.4%
County	Meeker	39.5%	56.4%	4.1%
	McLeod	39.7%	58.8%	1.5%
	Sibley	36.1%	57.6%	6.3%
2018 All (3 counties combined)		38.9%	57.8%	3.3%
2014 All (3 counties combined)		42.9%	53.2%	3.9%

39f. Please indicate whether you use the following resources and facilities in your community.
Schools, colleges or universities that are open for public use for exercise or physical activity

n=1399		I use this	I do not use this	My community does not have this
Gender	Female	8.1%	72.7%	19.1%
	Male	6.6%	74.5%	18.9%
Age categories	18-34	7.9%	75.9%	16.2%
	35-44	10.6%	58.7%	30.7%
	45-54	9.2%	68.4%	22.4%
	55-64	4.2%	80.4%	15.4%
	65-74	5.4%	81.3%	13.3%
	75+	5.7%	79.1%	15.3%
Education	Less than high school	4.7%	83.3%	12.0%
	High school diploma/GED	6.3%	84.2%	9.6%
	Vocational school or some college	7.6%	75.2%	17.2%
	Associates degree	8.7%	73.6%	17.7%
	Bachelor's degree or higher	7.5%	63.1%	29.4%
Household income	Less than $20,000	7.1%	80.1%	12.8%
	$20,000-$34,999	2.1%	88.7%	9.3%
	$35,000-$49,999	6.3%	80.4%	13.4%
	$50,000-$99,999	7.5%	72.4%	20.1%
	$100,000+	8.7%	64.6%	26.7%
County	Meeker	8.6%	70.1%	21.3%
	McLeod	7.5%	77.1%	15.4%
	Sibley	5.1%	70.7%	24.2%
2018 All (3 counties combined)		7.3%	73.6%	19.0%
2014 All (3 counties combined)		10.7%	66.7%	22.7%

39g. Please indicate whether you use the following resources and facilities in your community. A shopping mall for physical activity or walking

n=1391		I use this	I do not use this	My community does not have this
Gender	Female	13.1%	62.6%	24.2%
	Male	10.4%	67.0%	22.7%
Age categories	18-34	6.4%	64.3%	29.3%
	35-44	7.8%	59.8%	32.4%
	45-54	9.8%	68.5%	21.7%
	55-64	14.1%	65.6%	20.3%
	65-74	16.0%	68.9%	15.0%
	75+	25.2%	60.7%	14.1%
Education	Less than high school	13.1%	74.5%	12.4%
	High school diploma/GED	15.6%	68.4%	16.0%
	Vocational school or some college	11.3%	64.1%	24.6%
	Associates degree	10.2%	63.9%	25.9%
	Bachelor's degree or higher	9.8%	62.3%	27.9%
Household income	Less than $20,000	14.1%	73.1%	12.9%
	$20,000-$34,999	13.6%	70.7%	15.7%
	$35,000-$49,999	15.2%	64.2%	20.7%
	$50,000-$99,999	9.6%	64.7%	25.8%
	$100,000+	10.9%	61.0%	28.1%
County	Meeker	11.7%	58.8%	29.6%
	McLeod	13.5%	74.9%	11.7%
	Sibley	7.9%	49.9%	42.1%
2018 All (3 counties combined)		11.8%	64.8%	23.4%
2014 All (3 counties combined)		13.0%	59.4%	27.6%

39h. Please indicate whether you use the following resources and facilities in your community.
Health club, fitness center, or gym

n=1384		I use this	I do not use this	My community does not have this
Gender	Female	17.0%	74.7%	8.2%
	Male	14.6%	76.0%	9.3%
Age categories	18-34	11.3%	82.9%	5.8%
	35-44	16.1%	78.3%	5.6%
	45-54	18.5%	69.3%	12.3%
	55-64	15.1%	73.0%	11.9%
	65-74	19.6%	74.5%	5.9%
	75+	18.4%	69.1%	12.5%
Education	Less than high school	11.3%	75.8%	12.8%
	High school diploma/GED	18.8%	73.9%	7.4%
	Vocational school or some college	12.9%	77.6%	9.5%
	Associates degree	13.6%	79.8%	6.7%
	Bachelor's degree or higher	17.8%	72.6%	9.6%
Household income	Less than $20,000	13.1%	78.9%	8.0%
	$20,000-$34,999	11.8%	77.6%	10.5%
	$35,000-$49,999	20.3%	70.3%	9.4%
	$50,000-$99,999	14.7%	78.6%	6.7%
	$100,000+	18.5%	71.2%	10.3%
County	Meeker	14.6%	78.9%	6.5%
	McLeod	18.5%	76.2%	5.3%
	Sibley	11.4%	68.2%	20.4%
2018 All (3 counties combined)		15.8%	75.4%	8.8%
2014 All (3 counties combined)		15.8%	73.1%	11.1%

39i. Please indicate whether you use the following resources and facilities in your community. Nearby waterways, such as creeks, rivers and lakes for water-related activities

n=1397		I use this	I do not use this	My community does not have this
Gender	Female	26.6%	64.1%	9.3%
	Male	30.9%	61.7%	7.4%
Age categories	18-34	41.0%	53.1%	5.9%
	35-44	37.7%	50.7%	11.7%
	45-54	27.9%	64.6%	7.5%
	55-64	23.9%	69.3%	6.8%
	65-74	19.2%	74.1%	6.7%
	75+	6.8%	78.0%	15.1%
Education	Less than high school	15.2%	74.1%	10.7%
	High school diploma/GED	21.2%	69.4%	9.3%
	Vocational school or some college	27.3%	61.5%	11.2%
	Associates degree	31.6%	64.2%	4.3%
	Bachelor's degree or higher	36.0%	58.0%	6.1%
Household income	Less than $20,000	16.2%	75.9%	7.9%
	$20,000-$34,999	19.4%	68.9%	11.7%
	$35,000-$49,999	28.7%	64.1%	7.2%
	$50,000-$99,999	30.3%	61.6%	8.1%
	$100,000+	33.4%	59.7%	6.9%
County	Meeker	45.4%	49.7%	4.9%
	McLeod	23.1%	72.0%	4.9%
	Sibley	16.9%	61.7%	21.5%
2018 All (3 counties combined)		29.6%	61.3%	9.1%
2014 All (3 counties combined)		28.8%	62.9%	8.3%

39j. Please indicate whether you use the following resources and facilities in your community. Physical activity classes or activities through Community Education

n=1396		I use this	I do not use this	My community does not have this
Gender	Female	16.4%	79.5%	4.1%
	Male	5.6%	90.4%	4.0%
Age categories	18-34	13.0%	84.3%	2.8%
	35-44	16.5%	81.9%	1.6%
	45-54	12.7%	82.4%	4.9%
	55-64	6.6%	89.8%	3.7%
	65-74	6.4%	88.9%	4.7%
	75+	8.2%	82.2%	9.6%
Education	Less than high school	2.3%	84.5%	13.1%
	High school diploma/GED	9.4%	84.9%	5.7%
	Vocational school or some college	7.4%	88.6%	4.0%
	Associates degree	12.1%	85.4%	2.5%
	Bachelor's degree or higher	16.3%	81.0%	2.8%
Household income	Less than $20,000	4.8%	88.6%	6.6%
	$20,000-$34,999	4.1%	86.3%	9.6%
	$35,000-$49,999	14.9%	79.6%	5.5%
	$50,000-$99,999	10.7%	87.8%	1.5%
	$100,000+	14.4%	82.4%	3.2%
County	Meeker	12.5%	83.2%	4.3%
	McLeod	11.3%	86.8%	1.9%
	Sibley	8.1%	83.1%	8.9%
2018 All (3 counties combined)		11.0%	84.9%	4.1%
2014 All (3 counties combined)		10.7%	83.8%	5.5%

40. Overall, how would you rate your neighborhood as a place to walk?

n=1412		Very pleasant	Somewhat pleasant	Not very pleasant	Not at all pleasant
Gender	Female	49.7%	43.4%	5.0%	2.0%
	Male	51.7%	39.4%	6.3%	2.6%
Age categories	18-34	45.6%	43.8%	7.7%	2.8%
	35-44	46.5%	44.0%	7.9%	1.6%
	45-54	55.6%	38.2%	4.6%	1.7%
	55-64	53.7%	40.7%	3.8%	1.9%
	65-74	51.1%	41.6%	4.7%	2.6%
	75+	54.6%	38.4%	3.5%	3.6%
Education	Less than high school	40.9%	45.1%	1.8%	12.1%
	High school diploma/GED	50.6%	37.9%	9.1%	2.5%
	Vocational school or some college	46.9%	48.5%	2.8%	1.8%
	Associates degree	45.6%	41.6%	11.0%	1.9%
	Bachelor's degree or higher	57.7%	36.3%	4.0%	2.0%
Household income	Less than $20,000	43.4%	46.5%	6.7%	3.4%
	$20,000-$34,999	43.7%	46.9%	5.4%	4.0%
	$35,000-$49,999	46.0%	47.1%	5.1%	1.8%
	$50,000-$99,999	49.6%	43.8%	4.2%	2.3%
	$100,000+	60.6%	30.3%	8.7%	0.5%
County	Meeker	48.4%	46.0%	4.1%	1.5%
	McLeod	56.1%	37.7%	5.5%	0.7%
	Sibley	41.6%	43.0%	8.2%	7.3%
2018 All (3 counties combined)		50.7%	41.4%	5.6%	2.3%
2014 All (3 counties combined)		54.8%	36.6%	6.3%	2.4%

41. In general, how safe from crime do you consider your neighborhood to be?

n=1426		Very safe	Somewhat safe	Somewhat unsafe	Not at all safe
Gender	Female	65.9%	32.3%	1.7%	0.1%
	Male	67.4%	28.4%	4.1%	0.1%
Age categories	18-34	63.5%	32.7%	3.9%	0.0%
	35-44	61.1%	34.2%	4.7%	0.0%
	45-54	71.2%	27.1%	1.7%	0.0%
	55-64	68.5%	29.5%	1.8%	0.2%
	65-74	67.7%	29.5%	2.5%	0.3%
	75+	70.1%	27.3%	2.3%	0.4%
Education	Less than high school	53.2%	44.8%	2.0%	0.0%
	High school diploma/GED	58.3%	38.9%	2.8%	0.0%
	Vocational school or some college	62.9%	31.3%	5.7%	0.1%
	Associates degree	66.2%	33.3%	0.5%	0.0%
	Bachelor's degree or higher	78.4%	20.2%	1.2%	0.2%
Household income	Less than $20,000	56.6%	37.4%	6.0%	0.0%
	$20,000-$34,999	54.1%	43.2%	2.0%	0.6%
	$35,000-$49,999	67.5%	27.3%	5.2%	0.0%
	$50,000-$99,999	67.0%	30.4%	2.7%	0.0%
	$100,000+	74.8%	23.7%	1.5%	0.0%
County	Meeker	63.9%	31.2%	4.7%	0.1%
	McLeod	69.3%	28.8%	1.8%	0.1%
	Sibley	64.5%	32.6%	2.7%	0.2%
2018 All (3 counties combined)		66.7%	30.4%	2.9%	0.1%

Question not asked in 2014.

42. How often are you involved in school, community or neighborhood activities?

n=1422		Weekly	Monthly	Several times a year	About once a year	Less often than yearly	Never
Gender	Female	19.3%	14.2%	25.4%	11.1%	8.9%	21.2%
	Male	14.6%	11.9%	17.1%	12.5%	13.2%	30.7%
Age categories	18-34	11.9%	12.9%	22.4%	15.1%	8.4%	29.3%
	35-44	25.3%	12.2%	24.9%	11.2%	7.5%	19.0%
	45-54	22.9%	21.4%	18.3%	7.8%	12.9%	16.7%
	55-64	11.6%	7.9%	19.2%	14.6%	14.7%	31.9%
	65-74	15.4%	11.9%	27.2%	9.3%	10.8%	25.4%
	75+	16.5%	10.7%	14.5%	10.2%	13.1%	35.0%
Education	Less than high school	5.0%	3.8%	19.8%	1.5%	11.7%	58.2%
	High school diploma/GED	6.8%	8.5%	15.2%	16.0%	11.2%	42.3%
	Vocational school or some college	19.1%	14.6%	20.1%	8.1%	15.7%	22.3%
	Associates degree	12.8%	10.6%	23.1%	18.8%	14.4%	20.3%
	Bachelor's degree or higher	25.4%	16.9%	26.5%	10.3%	4.4%	16.6%
Household income	Less than $20,000	4.5%	7.7%	12.9%	4.7%	20.4%	49.9%
	$20,000-$34,999	8.9%	6.8%	13.6%	8.4%	17.9%	44.4%
	$35,000-$49,999	13.8%	13.2%	21.7%	10.5%	9.2%	31.6%
	$50,000-$99,999	20.2%	13.2%	21.4%	13.4%	11.5%	20.3%
	$100,000+	19.2%	17.9%	26.5%	14.3%	6.5%	15.7%
County	Meeker	19.6%	12.0%	17.5%	12.4%	10.3%	28.2%
	McLeod	14.3%	12.3%	22.1%	12.7%	12.6%	26.0%
	Sibley	19.0%	16.5%	24.8%	8.8%	8.6%	22.2%
2018 All (3 counties combined)		16.9%	13.1%	21.2%	11.8%	11.0%	25.9%

Question not asked in 2014.

43. How much do you agree or disagree with this statement? This is a good community to raise children in.

n=1407		Strongly agree	Agree	Disagree	Strongly disagree
Gender	Female	60.9%	35.7%	2.8%	0.6%
	Male	55.4%	40.9%	3.5%	0.1%
Age categories	18-34	49.0%	50.1%	0.5%	0.4%
	35-44	56.5%	36.2%	7.4%	0.0%
	45-54	64.7%	33.2%	2.1%	0.0%
	55-64	56.9%	38.1%	4.1%	0.9%
	65-74	62.9%	32.7%	3.9%	0.6%
	75+	66.9%	30.3%	2.6%	0.1%
Education	Less than high school	61.0%	35.2%	3.8%	0.0%
	High school diploma/GED	54.7%	42.3%	2.9%	0.2%
	Vocational school or some college	52.8%	42.5%	4.6%	0.1%
	Associates degree	61.4%	36.1%	1.4%	1.1%
	Bachelor's degree or higher	64.7%	32.2%	2.7%	0.4%
Household income	Less than $20,000	58.5%	33.6%	6.5%	1.4%
	$20,000-$34,999	45.7%	49.8%	4.6%	0.0%
	$35,000-$49,999	56.9%	37.0%	5.8%	0.3%
	$50,000-$99,999	59.3%	38.1%	2.5%	0.2%
	$100,000+	62.9%	35.1%	1.6%	0.4%
County	Meeker	57.8%	37.5%	4.7%	0.1%
	McLeod	61.3%	36.1%	2.4%	0.3%
	Sibley	51.4%	44.8%	2.8%	1.0%
2018 All (3 counties combined)		58.1%	38.3%	3.2%	0.4%

Question not asked in 2014.

44. Have you heard, seen or read any information about how to prepare your household for a serious emergency such as a flood, widespread disease outbreak, or terrorist incident?

n=1404		Yes	No
Gender	Female	31.7%	68.3%
	Male	36.2%	63.8%
Age categories	18-34	33.9%	66.1%
	35-44	29.4%	70.6%
	45-54	38.4%	61.6%
	55-64	34.3%	65.7%
	65-74	33.3%	66.7%
	75+	33.7%	66.3%
Education	Less than high school	34.5%	65.6%
	High school diploma/GED	22.3%	77.7%
	Vocational school or some college	40.3%	59.7%
	Associates degree	45.8%	54.2%
	Bachelor's degree or higher	31.1%	68.9%
Household income	Less than $20,000	47.0%	53.0%
	$20,000-$34,999	32.1%	67.9%
	$35,000-$49,999	34.9%	65.1%
	$50,000-$99,999	27.8%	72.2%
	$100,000+	40.5%	59.5%
County	Meeker	34.1%	65.9%
	McLeod	34.1%	65.9%
	Sibley	33.5%	66.5%
2018 All (3 counties combined)		35.6%	64.4%
2014 All (3 counties combined)		34.0%	66.1%

45a. There are many things that people might do to prepare for a serious emergency. Have you or anyone else in your household made a phone list for contacting your family members?

n=1423		Yes	No
Gender	Female	34.9%	65.1%
	Male	41.9%	58.1%
Age categories	18-34	34.6%	65.4%
	35-44	22.3%	77.7%
	45-54	37.4%	62.6%
	55-64	43.9%	56.1%
	65-74	47.9%	52.1%
	75+	52.8%	47.2%
Education	Less than high school	56.0%	44.0%
	High school diploma/GED	39.1%	60.9%
	Vocational school or some college	41.6%	58.4%
	Associates degree	35.8%	64.2%
	Bachelor's degree or higher	34.0%	66.0%
Household income	Less than $20,000	60.2%	39.8%
	$20,000-$34,999	46.2%	53.8%
	$35,000-$49,999	43.5%	56.5%
	$50,000-$99,999	31.1%	68.9%
	$100,000+	36.9%	63.1%
County	Meeker	41.7%	58.3%
	McLeod	35.7%	64.3%
	Sibley	39.9%	60.1%
2018 All (3 counties combined)		38.4%	61.6%
2014 All (3 counties combined)		35.9%	64.1%

45b. There are many things that people might do to prepare for a serious emergency. Have you or anyone else in your household stored enough food, water and supplies to meet your household needs for at least three days?

n=1426		Yes	No
Gender	Female	36.8%	63.2%
	Male	49.4%	50.6%
Age categories	18-34	39.7%	60.3%
	35-44	30.1%	69.9%
	45-54	46.0%	54.0%
	55-64	44.2%	55.8%
	65-74	55.0%	45.0%
	75+	49.7%	50.3%
Education	Less than high school	50.1%	49.9%
	High school diploma/GED	43.9%	56.1%
	Vocational school or some college	41.8%	58.3%
	Associates degree	46.9%	53.1%
	Bachelor's degree or higher	41.7%	58.3%
Household income	Less than $20,000	45.1%	54.9%
	$20,000-$34,999	51.1%	48.9%
	$35,000-$49,999	36.1%	63.9%
	$50,000-$99,999	43.7%	56.3%
	$100,000+	41.1%	58.9%
County	Meeker	49.5%	50.5%
	McLeod	39.2%	60.8%
	Sibley	42.6%	57.4%
2018 All (3 counties combined)		43.1%	56.9%
2014 All (3 counties combined)		41.2%	58.8%

45c. There are many things that people might do to prepare for a serious emergency. Have you or anyone else in your household obtained a working battery-operated or hand-cranked radio?

n=1424		Yes	No
Gender	Female	32.3%	67.7%
	Male	37.3%	62.7%
Age categories	18-34	32.5%	67.5%
	35-44	24.6%	75.5%
	45-54	40.1%	59.9%
	55-64	36.0%	64.0%
	65-74	39.6%	60.5%
	75+	39.2%	60.8%
Education	Less than high school	30.8%	69.2%
	High school diploma/GED	31.8%	68.2%
	Vocational school or some college	39.1%	60.9%
	Associates degree	36.4%	63.6%
	Bachelor's degree or higher	32.3%	67.7%
Household income	Less than $20,000	37.6%	62.4%
	$20,000-$34,999	33.8%	66.2%
	$35,000-$49,999	33.3%	66.7%
	$50,000-$99,999	34.0%	66.0%
	$100,000+	36.1%	64.0%
County	Meeker	38.2%	61.8%
	McLeod	31.9%	68.1%
	Sibley	36.7%	63.3%
2018 All (3 counties combined)		34.8%	65.2%
2014 All (3 counties combined)		34.8%	65.2%

45d. There are many things that people might do to prepare for a serious emergency. Have you or anyone else in your assembled an emergency kit with basic medical supplies?

n=1425		Yes	No
Gender	Female	35.7%	64.3%
	Male	45.9%	54.1%
Age categories	18-34	50.7%	49.4%
	35-44	43.8%	56.2%
	45-54	40.5%	59.5%
	55-64	34.7%	65.3%
	65-74	35.7%	64.3%
	75+	30.3%	69.7%
Education	Less than high school	32.6%	67.4%
	High school diploma/GED	33.6%	66.4%
	Vocational school or some college	38.6%	61.4%
	Associates degree	40.7%	59.3%
	Bachelor's degree or higher	49.5%	50.5%
Household income	Less than $20,000	29.7%	70.3%
	$20,000-$34,999	41.6%	58.4%
	$35,000-$49,999	41.5%	58.5%
	$50,000-$99,999	37.1%	62.9%
	$100,000+	50.6%	49.4%
County	Meeker	42.4%	57.7%
	McLeod	39.0%	61.0%
	Sibley	42.6%	57.4%
2018 All (3 counties combined)		40.8%	59.2%
2014 All (3 counties combined)		32.9%	67.1%

46. Are you in a relationship where you are (or have ever been) physically hurt, threatened or made to feel afraid?

n=1418		Yes	No
Gender	Female	3.9%	96.1%
	Male	1.7%	98.3%
Age categories	18-34	3.6%	96.4%
	35-44	5.0%	95.0%
	45-54	2.1%	97.9%
	55-64	2.7%	97.3%
	65-74	1.5%	98.5%
	75+	0.6%	99.4%
Education	Less than high school	2.0%	98.0%
	High school diploma/GED	0.8%	99.2%
	Vocational school or some college	5.0%	95.0%
	Associates degree	4.3%	95.7%
	Bachelor's degree or higher	1.5%	98.5%
Household income	Less than $20,000	6.5%	93.5%
	$20,000-$34,999	2.0%	98.1%
	$35,000-$49,999	2.5%	97.5%
	$50,000-$99,999	4.2%	95.8%
	$100,000+	0.6%	99.5%
County	Meeker	3.2%	96.9%
	McLeod	3.2%	96.8%
	Sibley	1.3%	98.7%
2018 All (3 counties combined)		2.8%	97.2%
2014 All (3 counties combined)		4.8%	95.2%

47. Do you ever drive a car or other vehicle?

n=1421		Yes	No
Gender	Female	97.3%	2.7%
	Male	95.4%	4.6%
Age categories	18-34	94.8%	5.2%
	35-44	99.1%	0.9%
	45-54	98.3%	1.7%
	55-64	97.2%	2.8%
	65-74	97.0%	3.0%
	75+	90.5%	9.5%
Education	Less than high school	82.6%	17.4%
	High school diploma/GED	93.2%	6.8%
	Vocational school or some college	97.9%	2.1%
	Associates degree	94.7%	5.3%
	Bachelor's degree or higher	99.1%	0.9%
Household income	Less than $20,000	76.0%	24.0%
	$20,000-$34,999	89.7%	10.3%
	$35,000-$49,999	97.6%	2.4%
	$50,000-$99,999	99.7%	0.3%
	$100,000+	99.2%	0.8%
County	Meeker	97.4%	2.6%
	McLeod	95.3%	4.7%
	Sibley	97.3%	2.7%
2018 All (3 counties combined)		96.4%	3.6%
2014 All (3 counties combined)		97.0%	3.0%

48a. (Of those who drive) When driving a car or other vehicle, how often do you read or send text messages?

n=1263		Often	Sometimes	Never	I don't have a cell phone
Gender	Female	3.9%	34.1%	59.9%	2.0%
	Male	1.5%	42.2%	54.4%	1.9%
Age categories	18-34	7.3%	60.3%	32.5%	0.0%
	35-44	4.4%	51.6%	44.1%	0.0%
	45-54	0.4%	42.1%	57.1%	0.5%
	55-64	0.2%	27.2%	70.4%	2.2%
	65-74	0.2%	12.9%	83.9%	2.9%
	75+	0.2%	0.7%	87.3%	11.8%
Education	Less than high school	0.0%	10.3%	77.4%	12.3%
	High school diploma/GED	0.1%	23.8%	73.7%	2.5%
	Vocational school or some college	1.9%	37.8%	57.9%	2.4%
	Associates degree	1.2%	55.1%	42.4%	1.4%
	Bachelor's degree or higher	6.3%	43.9%	49.3%	0.6%
Household income	Less than $20,000	0.0%	10.7%	81.0%	8.3%
	$20,000-$34,999	0.4%	20.1%	75.3%	4.2%
	$35,000-$49,999	1.7%	27.5%	68.1%	2.8%
	$50,000-$99,999	2.8%	40.3%	56.0%	0.8%
	$100,000+	5.0%	55.5%	38.9%	0.6%
County	Meeker	2.9%	35.8%	59.1%	2.3%
	McLeod	2.4%	36.2%	59.5%	1.9%
	Sibley	3.2%	45.9%	49.2%	1.7%
2018 All (3 counties combined)		2.7%	38.1%	57.2%	2.0%
2014 All (3 counties combined)		2.3%	37.0%	55.9%	4.7%

48b. (Of those who drive) When driving a car or other vehicle, how often do you make or answer a phone call?

n=1249		Often	Sometimes	Never	I don't have a cell phone
Gender	Female	18.9%	58.9%	20.3%	1.9%
	Male	22.8%	61.9%	13.8%	1.5%
Age categories	18-34	41.8%	54.5%	3.7%	0.0%
	35-44	24.9%	72.2%	2.7%	0.3%
	45-54	17.0%	70.4%	12.6%	0.0%
	55-64	13.7%	68.9%	15.5%	2.0%
	65-74	4.2%	53.7%	39.5%	2.7%
	75+	0.0%	28.8%	60.7%	10.5%
Education	Less than high school	4.0%	31.6%	53.8%	10.6%
	High school diploma/GED	8.0%	56.2%	32.7%	3.1%
	Vocational school or some college	15.6%	67.2%	15.3%	2.0%
	Associates degree	31.9%	61.5%	5.3%	1.4%
	Bachelor's degree or higher	32.2%	57.9%	9.9%	0.0%
Household income	Less than $20,000	1.2%	41.4%	49.7%	7.8%
	$20,000-$34,999	5.0%	55.9%	34.9%	4.2%
	$35,000-$49,999	18.7%	50.9%	27.7%	2.8%
	$50,000-$99,999	21.1%	66.7%	11.6%	0.6%
	$100,000+	32.3%	63.8%	3.5%	0.4%
County	Meeker	22.2%	59.2%	16.8%	1.8%
	McLeod	19.1%	61.2%	18.0%	1.7%
	Sibley	22.8%	60.3%	15.2%	1.8%
2018 All (3 counties combined)		20.9%	60.4%	17.1%	1.7%
2014 All (3 counties combined)		20.4%	58.3%	17.1%	4.2%

48c. (Of those who drive) When driving a car or other vehicle, how often do you do other activities such as eat, read, apply makeup or shave?

n=1246		Often	Sometimes	Never
Gender	Female	5.5%	42.5%	51.9%
	Male	5.2%	30.1%	64.7%
Age categories	18-34	7.7%	38.8%	53.5%
	35-44	11.5%	38.7%	49.8%
	45-54	5.1%	40.1%	54.8%
	55-64	2.6%	42.1%	55.3%
	65-74	0.7%	30.6%	68.7%
	75+	0.2%	15.8%	84.0%
Education	Less than high school	0.0%	16.2%	83.8%
	High school diploma/GED	1.3%	32.3%	66.4%
	Vocational school or some college	6.4%	36.9%	56.7%
	Associates degree	1.8%	38.9%	59.3%
	Bachelor's degree or higher	9.1%	39.3%	51.6%
Household income	Less than $20,000	1.6%	20.5%	77.9%
	$20,000-$34,999	0.8%	27.7%	71.5%
	$35,000-$49,999	6.4%	29.1%	64.5%
	$50,000-$99,999	3.7%	40.8%	55.5%
	$100,000+	10.5%	41.3%	48.2%
County	Meeker	6.8%	36.2%	57.0%
	McLeod	4.7%	35.6%	59.7%
	Sibley	4.8%	38.9%	56.4%
2018 All (3 counties combined)		5.4%	36.5%	58.2%
2014 All (3 counties combined)		6.4%	42.2%	51.4%

48d. (Of those who drive) When driving a car or other vehicle, how often do you drive when you have perhaps had too much to drink?

n=1254		Often	Sometimes	Never
Gender	Female	0.1%	5.7%	94.2%
	Male	0.0%	14.2%	85.8%
Age categories	18-34	0.0%	15.3%	84.7%
	35-44	0.0%	6.2%	93.9%
	45-54	0.0%	8.3%	91.7%
	55-64	0.0%	13.7%	86.3%
	65-74	0.3%	5.7%	94.0%
	75+	0.0%	3.4%	96.6%
Education	Less than high school	0.0%	7.2%	92.8%
	High school diploma/GED	0.2%	8.1%	91.7%
	Vocational school or some college	0.0%	10.1%	89.9%
	Associates degree	0.0%	6.3%	93.7%
	Bachelor's degree or higher	0.0%	12.6%	87.5%
Household income	Less than $20,000	0.0%	7.1%	92.9%
	$20,000-$34,999	0.0%	3.0%	97.0%
	$35,000-$49,999	0.0%	8.1%	91.9%
	$50,000-$99,999	0.1%	11.8%	88.1%
	$100,000+	0.0%	10.7%	89.3%
County	Meeker	0.1%	10.5%	89.4%
	McLeod	0.0%	9.2%	90.8%
	Sibley	0.0%	10.4%	89.6%
2018 All (3 counties combined)		0.0%	9.9%	90.1%
2014 All (3 counties combined)		0.0%	8.8%	91.2%

49. How often do you wear a seat belt when you drive or ride in a car?

n=1434		Always	Most of the time	Some-times	Seldom	Never
Gender	Female	93.2%	6.1%	0.4%	0.3%	0.1%
	Male	89.3%	8.3%	0.5%	1.5%	0.4%
Age categories	18-34	84.0%	15.5%	0.5%	0.0%	0.0%
	35-44	95.5%	1.3%	0.7%	2.5%	0.0%
	45-54	94.8%	3.2%	0.0%	1.9%	0.1%
	55-64	91.2%	7.4%	0.4%	0.3%	0.8%
	65-74	92.0%	6.9%	0.5%	0.5%	0.0%
	75+	94.4%	3.8%	0.8%	0.3%	0.6%
Education	Less than high school	91.0%	7.8%	0.0%	1.2%	0.0%
	High school diploma/GED	89.6%	5.8%	0.7%	3.3%	0.6%
	Vocational school or some college	92.9%	6.1%	0.7%	0.0%	0.3%
	Associates degree	95.8%	4.2%	0.0%	0.0%	0.0%
	Bachelor's degree or higher	88.8%	10.7%	0.2%	0.3%	0.0%
Household income	Less than $20,000	92.4%	6.8%	0.3%	0.5%	0.0%
	$20,000-$34,999	93.8%	3.9%	0.8%	0.5%	1.0%
	$35,000-$49,999	89.2%	10.7%	0.1%	0.0%	0.0%
	$50,000-$99,999	90.0%	7.9%	0.7%	1.2%	0.3%
	$100,000+	93.8%	4.7%	0.3%	1.3%	0.0%
County	Meeker	90.8%	8.7%	0.4%	0.1%	0.0%
	McLeod	92.3%	5.6%	0.1%	1.8%	0.4%
	Sibley	89.4%	8.8%	1.5%	0.0%	0.3%
2018 All (3 counties combined)		91.2%	7.2%	0.5%	0.9%	0.2%
2014 All (3 counties combined)		86.4%	11.2%	1.6%	0.6%	0.1%

50. Do you have access to at least one working car or other vehicle to use when you need to?

n=1424		Yes	No
Gender	Female	97.9%	2.1%
	Male	97.1%	3.0%
Age categories	18-34	96.8%	3.2%
	35-44	99.1%	0.9%
	45-54	98.7%	1.3%
	55-64	98.1%	1.9%
	65-74	98.9%	1.1%
	75+	91.7%	8.4%
Education	Less than high school	80.0%	20.1%
	High school diploma/GED	97.8%	2.2%
	Vocational school or some college	97.6%	2.4%
	Associates degree	95.2%	4.8%
	Bachelor's degree or higher	99.6%	0.4%
Household income	Less than $20,000	84.7%	15.3%
	$20,000-$34,999	92.1%	8.0%
	$35,000-$49,999	99.0%	1.0%
	$50,000-$99,999	99.7%	0.3%
	$100,000+	100.0%	0.0%
County	Meeker	98.3%	1.7%
	McLeod	96.7%	3.4%
	Sibley	98.1%	1.9%
2018 All (3 counties combined)		97.5%	2.5%
2014 All (3 counties combined)		97.2%	2.9%

51. Do you ever use public transportation such as *Trailblazer Transit* or Meeker County Transit?

n=1430		Yes	No
Gender	Female	4.6%	95.4%
	Male	5.2%	94.9%
Age categories	18-34	5.4%	94.7%
	35-44	3.1%	96.9%
	45-54	5.1%	94.9%
	55-64	3.3%	96.7%
	65-74	4.6%	95.4%
	75+	9.3%	90.8%
Education	Less than high school	16.3%	83.7%
	High school diploma/GED	3.3%	96.7%
	Vocational school or some college	5.7%	94.3%
	Associates degree	5.5%	94.5%
	Bachelor's degree or higher	4.0%	96.0%
Household income	Less than $20,000	19.4%	80.6%
	$20,000-$34,999	7.8%	92.3%
	$35,000-$49,999	5.5%	94.5%
	$50,000-$99,999	2.4%	97.6%
	$100,000+	2.0%	98.0%
County	Meeker	4.7%	95.3%
	McLeod	6.1%	93.9%
	Sibley	2.2%	97.8%
2018 All (3 counties combined)		4.9%	95.1%
2014 All (3 counties combined)		7.5%	92.5%

53. During the past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments or shopping?

n=1396		Often	Sometimes	Rarely	Never
Gender	Female	0.5%	2.0%	4.9%	92.6%
	Male	0.3%	4.6%	6.3%	88.8%
Age categories	18-34	0.0%	5.6%	6.5%	87.9%
	35-44	0.0%	2.4%	6.1%	91.4%
	45-54	0.9%	3.4%	4.1%	91.6%
	55-64	0.8%	2.4%	4.4%	92.3%
	65-74	0.0%	1.7%	5.8%	92.5%
	75+	1.0%	3.1%	6.8%	89.1%
Education	Less than high school	1.5%	8.7%	5.7%	84.2%
	High school diploma/GED	0.7%	3.8%	6.1%	89.4%
	Vocational school or some college	0.7%	3.7%	3.9%	91.8%
	Associates degree	0.0%	5.5%	5.6%	88.9%
	Bachelor's degree or higher	0.0%	1.2%	6.9%	91.9%
Household income	Less than $20,000	1.1%	18.3%	16.0%	64.7%
	$20,000-$34,999	2.3%	6.3%	9.4%	82.1%
	$35,000-$49,999	0.5%	2.6%	2.9%	94.0%
	$50,000-$99,999	0.0%	2.3%	5.1%	92.6%
	$100,000+	0.0%	0.4%	3.4%	96.2%
County	Meeker	0.6%	1.6%	5.9%	91.9%
	McLeod	0.5%	4.1%	5.9%	89.6%
	Sibley	0.0%	4.2%	4.4%	91.5%
2018 All (3 counties combined)		0.4%	3.3%	5.6%	90.7%

Question not asked in 2014.

54. Do you own or rent your home?

n=1074		Own	Rent	Other arrangement
Gender	Female	88.5%	9.5%	2.0%
	Male	90.8%	5.8%	3.5%
Age categories	18-34	85.8%	10.9%	3.3%
	35-44	97.8%	1.5%	0.8%
	45-54	89.2%	6.6%	4.1%
	55-64	91.2%	7.9%	0.8%
	65-74	89.9%	7.3%	2.8%
	75+	82.1%	12.5%	5.4%
Education	Less than high school	66.5%	28.1%	5.5%
	High school diploma/GED	84.7%	11.6%	3.8%
	Vocational school or some college	88.3%	6.9%	4.7%
	Associates degree	93.2%	6.8%	0.0%
	Bachelor's degree or higher	94.7%	4.6%	0.7%
Household income	Less than $20,000	62.9%	28.6%	8.5%
	$20,000-$34,999	74.0%	18.2%	7.7%
	$35,000-$49,999	83.1%	11.6%	5.3%
	$50,000-$99,999	95.7%	4.0%	0.3%
	$100,000+	98.1%	1.1%	0.8%
County	Meeker	92.7%	6.4%	0.9%
	McLeod	87.9%	9.1%	3.0%
	Sibley	88.4%	6.7%	4.9%
2018 All (3 counties combined)		89.6%	7.7%	2.7%
2014 All (3 counties combined)		85.3%	11.4%	3.3%

55. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

n=1036		Yes	No
Gender	Female	5.9%	94.1%
	Male	5.8%	94.2%
Age categories	18-34	11.5%	88.5%
	35-44	0.2%	99.8%
	45-54	2.2%	97.8%
	55-64	5.8%	94.2%
	65-74	4.2%	95.8%
	75+	10.6%	89.4%
Education	Less than high school	25.1%	74.9%
	High school diploma/GED	6.9%	93.1%
	Vocational school or some college	5.3%	94.7%
	Associates degree	7.9%	92.1%
	Bachelor's degree or higher	3.4%	96.6%
Household income	Less than $20,000	24.4%	75.7%
	$20,000-$34,999	13.7%	86.3%
	$35,000-$49,999	9.4%	90.6%
	$50,000-$99,999	3.0%	97.0%
	$100,000+	0.0%	100.0%
County	Meeker	3.8%	96.2%
	McLeod	8.2%	91.8%
	Sibley	3.6%	96.4%
2018 All (3 counties combined)		5.8%	94.2%
2014 All (3 counties combined)		6.3%	93.7%

56. (Of those who rent an apartment in a multifamily building) Does anyone ever smoke in any of the following areas in your building?

n=80		Apart-ments	Hall-ways	Laundry rooms	Lobby or lounge areas	Party rooms	On patios or balconies
Gender	Female	28.3%	1.2%	0.0%	0.0%	0.0%	65.3%
	Male	9.4%	24.2%	0.0%	0.0%	0.0%	71.2%
County	Meeker	*	*	*	*	*	*
	McLeod	17.8%	17.7%	0.0%	0.0%	0.0%	72.6%
	Sibley						
2018 All (3 counties combined)		19.1%	12.4%	0.0%	0.0%	0.0%	68.4%
2014 All (3 counties combined)		54.0%	17.7%	1.9%	1.3%	0.4%	45.7%

57. During the past 12 months, how often did you worry about not having enough money to pay your rent, mortgage or other housing costs?

n=1042		Often	Sometimes	Rarely	Never
Gender	Female	4.3%	12.8%	16.1%	66.8%
	Male	4.0%	16.4%	13.5%	66.1%
Age categories	18-34	6.0%	22.7%	23.3%	48.1%
	35-44	2.3%	18.9%	15.4%	63.5%
	45-54	3.5%	12.9%	12.3%	71.3%
	55-64	6.4%	9.4%	10.8%	73.4%
	65-74	2.4%	6.2%	14.1%	77.4%
	75+	1.7%	10.3%	6.6%	81.4%
Education	Less than high school	2.2%	8.1%	22.5%	67.2%
	High school diploma/GED	4.9%	16.6%	13.6%	64.9%
	Vocational school or some college	6.3%	14.9%	12.6%	66.2%
	Associates degree	2.4%	10.3%	24.6%	62.8%
	Bachelor's degree or higher	2.2%	15.1%	13.5%	69.2%
Household income	Less than $20,000	9.1%	22.8%	23.9%	44.2%
	$20,000-$34,999	12.8%	25.3%	18.0%	44.0%
	$35,000-$49,999	4.2%	14.4%	18.7%	62.7%
	$50,000-$99,999	2.9%	17.7%	13.4%	66.0%
	$100,000+	1.0%	4.0%	10.2%	84.8%
County	Meeker	3.8%	11.0%	16.8%	68.4%
	McLeod	2.8%	16.7%	13.9%	66.7%
	Sibley	7.6%	15.6%	13.9%	62.9%
2018 All (3 counties combined)		4.1%	14.6%	14.9%	66.5%

Question not asked in 2014.

58-59. Smoking status (calculated variable)

n=1415		Current smoker	Former smoker	Never smoked
Gender	Female	9.7%	21.9%	68.5%
	Male	12.7%	30.5%	56.8%
Age categories	18-34	7.9%	17.9%	74.2%
	35-44	15.7%	26.7%	57.7%
	45-54	15.8%	24.1%	60.1%
	55-64	14.1%	28.4%	57.5%
	65-74	8.5%	35.9%	55.6%
	75+	2.3%	33.3%	64.4%
Education	Less than high school	10.4%	41.4%	48.2%
	High school diploma/GED	17.9%	27.5%	54.6%
	Vocational school or some college	14.4%	33.9%	51.8%
	Associates degree	10.1%	19.3%	70.6%
	Bachelor's degree or higher	3.3%	18.8%	78.0%
Household income	Less than $20,000	20.1%	19.3%	60.6%
	$20,000-$34,999	15.4%	29.9%	54.7%
	$35,000-$49,999	12.9%	29.7%	57.5%
	$50,000-$99,999	12.0%	27.0%	61.0%
	$100,000+	5.1%	21.6%	73.2%
County	Meeker	14.0%	28.3%	57.7%
	McLeod	10.5%	24.3%	65.2%
	Sibley	8.6%	27.5%	63.8%
2018 All (3 counties combined)		11.2%	26.2%	62.6%
2014 All (3 counties combined)		14.4%	28.0%	57.6%

60. (Of current smokers) During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

n=134		Yes	No
Gender	Female	44.7%	55.3%
	Male	53.2%	46.8%
Age categories	18-34	62.0%	38.0%
	35-44	66.8%	33.2%
	45-54	45.9%	54.1%
	55-64	32.3%	67.7%
	65-74	*	*
	75+	*	*
Education	Less than high school	*	*
	High school diploma/GED	49.2%	50.8%
	Vocational school or some college	54.4%	45.6%
	Associates degree	*	*
	Bachelor's degree or higher	*	*
Household income	Less than $20,000	*	*
	$20,000-$34,999	46.0%	54.0%
	$35,000-$49,999	66.8%	33.2%
	$50,000-$99,999	46.6%	53.5%
	$100,000+	*	*
County	Meeker	28.5%	71.5%
	McLeod	62.4%	37.6%
	Sibley	66.9%	33.1%
2018 All (3 counties combined)		49.7%	50.3%
2014 All (3 counties combined)		45.6%	54.4%

61. (Of current smokers who have tried to quit in the past 12 months), how many times did you try to quit?

n=60		0 times	1 time	2 times	3 times	4 or more times
Gender	Female	0.0%	33.0%	32.1%	8.8%	26.2%
	Male	6.0%	19.1%	27.7%	4.9%	42.3%
County	Meeker	*	*	*	*	*
	McLeod	0.0%	36.4%	24.6%	0.0%	39.0%
	Sibley	*	*	*	*	*
2018 All (3 counties combined)		3.8%	24.3%	29.3%	6.3%	36.3%
2014 All (3 counties combined)		0.7%	24.2%	40.7%	19.7%	14.7%

62. (Of current smokers) If you have tried to quit smoking cigarettes, why hasn't it worked? *(Mark ALL that apply.)*

n=138		Not sure how to quit or where to go	Quit aids	Live w/ some-one who smokes	Don't want to quit	Haven't tried	Other reason
Gender	Female	4.8%	10.1%	26.7%	17.6%	31.7%	9.9%
	Male	2.7%	23.7%	20.3%	19.7%	31.5%	14.5%
County	Meeker	4.8%	14.6%	21.1%	17.6%	49.5%	4.6%
	McLeod	3.0%	21.8%	28.5%	12.0%	20.7%	19.6%
	Sibley	2.5%	14.3%	12.4%	41.3%	19.2%	11.7%
2018 All (3 counties combined)		3.6%	17.8%	23.1%	18.8%	31.6%	12.5%
2014 All (3 counties combined)		4.6%	12.0%	22.3%	23.2%	12.2%	32.9%

63. (Of current and former smokers) The last time you tried to quit smoking (or when you quit for good) did you use…

		Nicotine replacement	Prescrip-tion medication	Clinic or class	Telephone help line	On-line counseling	Face-to-face counseling	Other	None of these
N*		401	400	392	391	389	371	390	428
Gender	Female	17.8%	13.1%	3.1%	3.3%	1.9%	2.1%	2.5%	67.0%
	Male	22.5%	21.3%	2.9%	0.2%	0.0%	1.6%	2.5%	67.3%
Age categories	18-34	2.3%	11.2%	3.5%	4.0%	4.0%	4.0%	4.0%	72.4%
	35-44	14.2%	18.3%	5.1%	0.0%	0.0%	0.0%	5.1%	72.1%
	45-54	35.1%	24.1%	2.7%	2.7%	0.0%	0.0%	0.0%	50.6%
	55-64	32.4%	26.2%	2.5%	1.2%	0.0%	3.9%	1.4%	56.8%
	65-74	21.0%	14.7%	0.9%	0.0%	0.0%	0.0%	1.3%	76.8%
	75+	16.4%	3.4%	1.6%	0.0%	0.0%	3.9%	3.2%	84.4%
Education	Less than high school	*	*	*	*	*	0.0%	*	*
	High school diploma/GED	32.6%	20.6%	0.9%	0.7%	0.0%	3.1%	0.9%	57.4%
	Vocational school or some college	17.5%	24.7%	6.2%	0.5%	0.0%	0.6%	3.3%	64.0%
	Associates degree	21.5%	9.4%	1.3%	3.3%	0.0%	0.0%	1.4%	65.9%
	Bachelor's degree or higher	9.8%	5.6%	0.0%	4.0%	4.0%	4.0%	4.0%	84.6%
Household income	Less than $20,000	*	35.2%	*	*	*	*	*	*
	$20,000-$34,999	38.6%	26.8%	0.9%	2.3%	0.0%	5.5%	2.7%	53.9%
	$35,000-$49,999	25.1%	5.9%	0.7%	0.5%	0.0%	0.0%	0.8%	73.4%
	$50,000-$99,999	8.0%	16.5%	5.9%	1.8%	1.8%	1.8%	4.6%	68.5%
	$100,000+	27.9%	21.4%	1.1%	1.8%	0.0%	0.0%	0.0%	68.6%
County	Meeker	23.7%	13.6%	3.7%	1.4%	0.0%	0.2%	1.0%	67.2%
	McLeod	23.0%	23.9%	2.6%	1.6%	1.6%	3.7%	4.2%	62.0%
	Sibley	10.5%	11.2%	2.5%	1.5%	0.0%	0.0%	0.9%	78.1%
2018 All (3 counties combined)		20.5%	18.0%	2.9%	1.5%	0.8%	1.8%	2.5%	67.1%
2014 All (3 counties combined)		20.8%	11.6%	3.8%	2.4%	0.6%	2.7%	2.0%	71.8%

*Because there was a yes/no response for each option, response count varies for each option.

64a. Cigar, cigarillo or little cigar smoking status

n=1356		Non-smoker	Current smoker
Gender	Female	98.4%	1.6%
	Male	92.9%	7.1%
Age categories	18-34	90.5%	9.5%
	35-44	97.8%	2.2%
	45-54	98.0%	2.0%
	55-64	96.2%	3.8%
	65-74	96.9%	3.1%
	75+	97.8%	2.2%
Education	Less than high school	94.6%	5.4%
	High school diploma/GED	94.2%	5.9%
	Vocational school or some college	97.4%	2.6%
	Associates degree	98.5%	1.5%
	Bachelor's degree or higher	93.7%	6.3%
Household income	Less than $20,000	95.4%	4.6%
	$20,000-$34,999	94.8%	5.2%
	$35,000-$49,999	95.8%	4.2%
	$50,000-$99,999	94.5%	5.5%
	$100,000+	97.1%	3.0%
County	Meeker	96.2%	3.8%
	McLeod	94.5%	5.5%
	Sibley	97.2%	2.8%
2018 All (3 counties combined)		95.6%	4.4%
2014 All (3 counties combined)		89.5%	10.5%

64b. Pipe smoking status

n=1350		Non-smoker	Current smoker
Gender	Female	99.5%	0.5%
	Male	99.2%	0.8%
Age categories	18-34	99.2%	0.8%
	35-44	100.0%	0.0%
	45-54	100.0%	0.0%
	55-64	99.6%	0.4%
	65-74	97.7%	2.3%
	75+	99.2%	0.8%
Education	Less than high school	98.4%	1.6%
	High school diploma/GED	99.3%	0.7%
	Vocational school or some college	99.0%	1.0%
	Associates degree	99.7%	0.3%
	Bachelor's degree or higher	99.8%	0.3%
Household income	Less than $20,000	98.7%	1.3%
	$20,000-$34,999	98.1%	1.9%
	$35,000-$49,999	99.8%	0.2%
	$50,000-$99,999	99.2%	0.8%
	$100,000+	100.0%	0.0%
County	Meeker	98.4%	1.6%
	McLeod	99.9%	0.1%
	Sibley	99.4%	0.6%
2018 All (3 counties combined)		99.4%	0.7%
2014 All (3 counties combined)		97.4%	2.6%

64c. Smokeless (snuff, snus, or chewing tobacco) status

n=1350		Non-user	Current user
Gender	Female	99.4%	0.6%
	Male	94.0%	6.0%
Age categories	18-34	92.1%	7.9%
	35-44	97.3%	2.7%
	45-54	97.8%	2.2%
	55-64	97.9%	2.1%
	65-74	99.2%	0.8%
	75+	99.5%	0.5%
Education	Less than high school	90.5%	9.5%
	High school diploma/GED	96.7%	3.4%
	Vocational school or some college	97.3%	2.7%
	Associates degree	97.5%	2.5%
	Bachelor's degree or higher	96.1%	3.9%
Household income	Less than $20,000	99.8%	0.2%
	$20,000-$34,999	98.0%	2.0%
	$35,000-$49,999	92.7%	7.3%
	$50,000-$99,999	96.2%	3.8%
	$100,000+	99.2%	0.8%
County	Meeker	95.8%	4.2%
	McLeod	96.7%	3.3%
	Sibley	97.7%	2.3%
2018 All (3 counties combined)		96.7%	3.4%
2014 All (3 counties combined)		93.4%	6.6%

64d. E-cigarette status

n=1348		Non-user	Current user
Gender	Female	98.0%	2.1%
	Male	97.2%	2.8%
Age categories	18-34	96.3%	3.7%
	35-44	94.6%	5.4%
	45-54	98.3%	1.7%
	55-64	99.0%	1.0%
	65-74	99.4%	0.6%
	75+	99.7%	0.3%
Education	Less than high school	99.4%	0.6%
	High school diploma/GED	97.3%	2.7%
	Vocational school or some college	94.9%	5.1%
	Associates degree	98.9%	1.1%
	Bachelor's degree or higher	99.9%	0.1%
Household income	Less than $20,000	95.8%	4.2%
	$20,000-$34,999	92.4%	7.6%
	$35,000-$49,999	98.2%	1.8%
	$50,000-$99,999	98.4%	1.6%
	$100,000+	98.5%	1.5%
County	Meeker	97.7%	2.4%
	McLeod	97.6%	2.4%
	Sibley	97.5%	2.5%
2018 All (3 counties combined)		97.6%	2.4%
2014 All (3 counties combined)		95.2%	4.8%

64e. Other tobacco product status

n=1349		Non-user	Current user
Gender	Female	94.3%	5.7%
	Male	93.7%	6.3%
Age categories	18-34	93.6%	6.4%
	35-44	93.6%	6.4%
	45-54	93.2%	6.8%
	55-64	91.6%	8.4%
	65-74	96.2%	3.8%
	75+	99.3%	0.7%
Education	Less than high school	99.4%	0.6%
	High school diploma/GED	90.9%	9.1%
	Vocational school or some college	90.9%	9.2%
	Associates degree	97.2%	2.8%
	Bachelor's degree or higher	98.0%	2.0%
Household income	Less than $20,000	88.9%	11.1%
	$20,000-$34,999	91.1%	8.9%
	$35,000-$49,999	92.8%	7.3%
	$50,000-$99,999	94.6%	5.4%
	$100,000+	95.7%	4.3%
County	Meeker	92.6%	7.4%
	McLeod	94.3%	5.8%
	Sibley	95.6%	4.4%
2018 All (3 counties combined)		94.0%	6.0%
2014 All (3 counties combined)		93.5%	6.5%

64a-64e. Any tobacco use (calculated variable)

n=1463		Non-user	Current user
Gender	Female	89.5%	10.5%
	Male	77.3%	22.7%
Age categories	18-34	79.5%	20.5%
	35-44	81.1%	18.9%
	45-54	81.4%	18.6%
	55-64	81.2%	18.8%
	65-74	89.0%	11.0%
	75+	96.4%	3.7%
Education	Less than high school	81.4%	18.6%
	High school diploma/GED	76.0%	24.0%
	Vocational school or some college	80.3%	19.7%
	Associates degree	87.2%	12.8%
	Bachelor's degree or higher	91.1%	8.9%
Household income	Less than $20,000	79.5%	20.5%
	$20,000-$34,999	79.3%	20.7%
	$35,000-$49,999	79.6%	20.4%
	$50,000-$99,999	82.4%	17.6%
	$100,000+	90.5%	9.5%
County	Meeker	78.3%	21.7%
	McLeod	85.1%	14.9%
	Sibley	87.3%	12.7%
2018 All (3 counties combined)		83.4%	16.6%
2014 All (3 counties combined)		76.8%	23.2%

64f. Marijuana status

n=1356		Non-user	Current user
Gender	Female	96.8%	3.2%
	Male	94.3%	5.7%
Age categories	18-34	95.9%	4.1%
	35-44	90.5%	9.5%
	45-54	95.3%	4.8%
	55-64	96.0%	4.0%
	65-74	97.5%	2.5%
	75+	99.9%	0.2%
Education	Less than high school	93.3%	6.7%
	High school diploma/GED	93.8%	6.2%
	Vocational school or some college	92.7%	7.3%
	Associates degree	98.4%	1.6%
	Bachelor's degree or higher	98.7%	1.3%
Household income	Less than $20,000	92.8%	7.2%
	$20,000-$34,999	95.1%	4.9%
	$35,000-$49,999	96.5%	3.5%
	$50,000-$99,999	94.1%	5.9%
	$100,000+	97.7%	2.3%
County	Meeker	93.5%	6.5%
	McLeod	95.7%	4.3%
	Sibley	98.0%	2.0%
2018 All (3 counties combined)		95.5%	4.5%
2014 All (3 counties combined)		97.9%	2.1%

64g. Other illegal drugs

n=1350	Current user
All (3 counties combined)	Total count <5

64h. Prescription drugs that are not prescribed for you or that you take only to get high

n=1351	Current user
All (3 counties combined)	Total count <5

65. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

n=1413		Yes	No
Gender	Female	65.6%	34.4%
	Male	72.0%	28.0%
Age categories	18-34	77.8%	22.2%
	35-44	68.4%	31.6%
	45-54	72.9%	27.1%
	55-64	68.6%	31.4%
	65-74	60.8%	39.2%
	75+	51.3%	48.7%
Education	Less than high school	32.2%	67.7%
	High school diploma/GED	60.9%	39.1%
	Vocational school or some college	69.8%	30.2%
	Associates degree	72.6%	27.4%
	Bachelor's degree or higher	75.5%	24.5%
Household income	Less than $20,000	43.1%	56.9%
	$20,000-$34,999	50.5%	49.5%
	$35,000-$49,999	66.3%	33.7%
	$50,000-$99,999	82.2%	17.8%
	$100,000+	79.9%	20.1%
County	Meeker	66.4%	33.6%
	McLeod	67.7%	32.3%
	Sibley	75.2%	24.8%
2018 All (3 counties combined)		68.8%	31.2%
2014 All (3 counties combined)		71.8%	28.2%

65-67. Drinking behavior (calculated variable)

n=1425		No drinking	Drinking, not heavy	Heavy drinking
Gender	Female	34.3%	55.5%	10.2%
	Male	27.7%	65.4%	6.9%
Age categories	18-34	22.0%	64.9%	13.2%
	35-44	31.6%	60.8%	7.7%
	45-54	26.9%	67.5%	5.6%
	55-64	31.0%	59.4%	9.5%
	65-74	39.2%	53.9%	7.0%
	75+	48.1%	47.5%	4.4%
Education	Less than high school	66.9%	31.3%	1.8%
	High school diploma/GED	38.8%	52.6%	8.6%
	Vocational school or some college	29.9%	61.2%	8.9%
	Associates degree	27.0%	64.8%	8.2%
	Bachelor's degree or higher	24.5%	66.6%	9.0%
Household income	Less than $20,000	56.8%	38.6%	4.7%
	$20,000-$34,999	49.3%	45.5%	5.2%
	$35,000-$49,999	33.4%	57.6%	8.9%
	$50,000-$99,999	17.5%	73.5%	9.0%
	$100,000+	20.1%	70.6%	9.4%
County	Meeker	33.5%	55.4%	11.2%
	McLeod	32.2%	61.5%	6.3%
	Sibley	24.3%	65.8%	9.9%
2018 All (3 counties combined)		31.0%	60.5%	8.6%
2014 All (3 counties combined)		28.2%	64.5%	7.3%

68. Binge drinking

n=1421		No drinking or no binge drinking	Any binge drinking*
Gender	Female	76.3%	23.7%
	Male	67.1%	32.9%
Age categories	18-34	56.1%	43.9%
	35-44	63.2%	36.8%
	45-54	67.0%	33.0%
	55-64	80.8%	19.2%
	65-74	87.3%	12.7%
	75+	94.5%	5.5%
Education	Less than high school	93.2%	6.8%
	High school diploma/GED	69.9%	30.2%
	Vocational school or some college	71.3%	28.7%
	Associates degree	70.2%	29.8%
	Bachelor's degree or higher	72.1%	27.9%
Household income	Less than $20,000	82.9%	17.2%
	$20,000-$34,999	83.4%	16.6%
	$35,000-$49,999	70.8%	29.2%
	$50,000-$99,999	68.2%	31.8%
	$100,000+	67.2%	32.8%
County	Meeker	70.6%	29.4%
	McLeod	73.7%	26.3%
	Sibley	68.4%	31.6%
2018 All (3 counties combined)		71.7%	28.3%
2014 All (3 counties combined)		69.3%	30.7%

* Four or more drinks on any one occasion for females and five or more drinks on any one occasion
for males

74-75. Weight status according to Body Mass Index (calculated variable)

n=1378		Not overweight	Overweight	Obese
Gender	Female	32.9%	27.6%	39.5%
	Male	16.4%	45.0%	38.6%
Age categories	18-34	32.8%	43.1%	24.1%
	35-44	21.6%	35.7%	42.7%
	45-54	24.9%	29.6%	45.6%
	55-64	17.8%	33.5%	48.8%
	65-74	20.8%	33.4%	45.8%
	75+	25.1%	41.8%	33.1%
Education	Less than high school	14.4%	34.8%	50.9%
	High school diploma/GED	23.9%	29.2%	46.9%
	Vocational school or some college	25.0%	35.9%	39.1%
	Associates degree	26.1%	34.7%	39.2%
	Bachelor's degree or higher	23.5%	42.1%	34.4%
Household income	Less than $20,000	14.4%	34.8%	50.9%
	$20,000-$34,999	23.9%	29.2%	46.9%
	$35,000-$49,999	25.0%	35.9%	39.1%
	$50,000-$99,999	26.1%	34.7%	39.2%
	$100,000+	23.5%	42.1%	34.4%
County	Meeker	23.8%	39.1%	37.1%
	McLeod	25.2%	34.8%	40.0%
	Sibley	24.2%	36.1%	39.7%
2018 All (3 counties combined)		24.6%	36.4%	39.1%
2014 All (3 counties combined)		25.5%	40.9%	33.6%

80. (Of those employed, other than self-employed or farmer) Does your employer have a worksite wellness program?

n=645		Yes	No	Not sure
Gender	Female	44.8%	43.0%	12.2%
	Male	33.8%	50.3%	15.9%
Age categories	18-34	37.1%	44.2%	18.7%
	35-44	42.4%	44.8%	12.9%
	45-54	38.4%	49.5%	12.1%
	55-64	43.9%	45.7%	10.5%
	65-74	25.0%	56.5%	18.5%
	75+	0.0%	100.0%	0.0%
Education	Less than high school	0.0%	78.0%	22.0%
	High school diploma/GED	18.6%	52.3%	29.1%
	Vocational school or some college	41.1%	47.5%	11.4%
	Associates degree	48.7%	39.5%	11.8%
	Bachelor's degree or higher	43.9%	45.9%	10.3%
Household income	Less than $20,000	13.8%	64.6%	21.5%
	$20,000-$34,999	14.5%	61.0%	24.5%
	$35,000-$49,999	23.8%	51.2%	24.9%
	$50,000-$99,999	40.3%	44.7%	15.0%
	$100,000+	51.7%	42.3%	6.0%
County	Meeker	37.7%	48.3%	14.0%
	McLeod	41.5%	44.1%	14.3%
	Sibley	35.7%	50.4%	13.9%
2018 All (3 counties combined)		39.1%	46.7%	14.1%
2014 All (3 counties combined)		44.1%	48.1%	7.8%

81. (Of those whose employer has a worksite wellness program) Do you participate?

n=256		Yes	No
Gender	Female	60.0%	40.0%
	Male	36.2%	63.8%
Age categories	18-34	35.3%	64.7%
	35-44	56.6%	43.4%
	45-54	54.7%	45.3%
	55-64	55.9%	44.1%
	65-74	42.6%	57.4%
	75+	*	*
Education	Less than high school	*	*
	High school diploma/GED	48.7%	51.3%
	Vocational school or some college	55.6%	44.4%
	Associates degree	24.6%	75.4%
	Bachelor's degree or higher	57.2%	42.8%
Household income	Less than $20,000	0.0%	100.0%
	$20,000-$34,999	71.4%	28.6%
	$35,000-$49,999	66.7%	33.3%
	$50,000-$99,999	54.5%	45.5%
	$100,000+	39.6%	60.5%
County	Meeker	62.6%	37.4%
	McLeod	43.6%	56.4%
	Sibley	45.4%	54.6%
2018 All (3 counties combined)		49.4%	50.6%
2014 All (3 counties combined)		52.4%	47.6%

82. (Of those who participate in employer's worksite wellness program) What are the reasons you participate in your employer's worksite wellness program?

n=142		Reduces health insurance premiums	Other incentives offered by employer	Trying to stay healthy	Trying to become healthier	Need help with a health issue	Coworkers partici-pate	Other reason
Gender	Female	32.1%	38.0%	50.0%	51.0%	1.5%	19.1%	7.8%
	Male	62.6%	22.6%	58.3%	49.9%	0.0%	0.7%	0.0%
County	Meeker	41.4%	24.0%	49.2%	57.2%	0.0%	11.3%	3.8%
	McLeod	38.5%	35.7%	49.2%	48.8%	0.0%	12.9%	8.5%
	Sibley	52.1%	44.0%	68.6%	42.2%	5.6%	17.1%	0.0%
2018 All (3 counties combined)		42.0%	32.9%	52.7%	50.7%	1.0%	13.1%	5.2%

	Reduces health insurance premiums	Not a response option	Trying to stay healthy	Trying to become healthier	Need help with a health issue	Coworkers partici-pate	Other reason
2014 All (3 counties combined)	57.3%		50.6%	51.5%	1.6%	14.9%	8.2%

69-73, 77-79. Demographics

		Frequency	Unweighted percent*	Weighted percent*
Gender	Female	928	63.7%	50.1%
	Male	530	36.4%	49.9%
Age categories	18-34	112	7.7%	24.3%
	35-44	142	9.7%	15.8%
	45-54	159	10.9%	18.1%
	55-64	373	25.6%	18.3%
	65-74	335	23.0%	12.5%
	75+	337	23.1%	11.0%
White/ Of Color*	White	1422	98.2%	98.1%
	Non-White	26	1.8%	7.9%
	Hispanic/Latino	10	*	*
	American Indian	6	*	*
	Asian or Pacific Islander	3	*	*
	Black or African American or African	3	*	*
	Other race	16	*	*
Sexual orientation*	Heterosexual or straight	1361	93.4%	93.9%
	Gay, lesbian, bisexual, or transgender	23	6.6%	6.1%
Education	Less than high school	75	5.2%	2.8%
	High school diploma/GED	419	28.8%	42.6%
	Trade/Vocational school	253	17.4%	16.6%
	Some college	219	15.0%	14.9%
	Associates degree	135	9.3%	12.8%
	Bachelor's degree or higher	242	16.6%	19.8%
	Graduate/professional degree	113	7.8%	10.0%

		Frequency	Unweighted percent*	Weighted percent*
Household income	Less than $20,000	163	11.9%	6.9%
	$20,000-$34,999	243	17.8%	12.8%
	$35,000-$49,999	236	17.3%	14.5%
	$50,000-$74,999	305	22.3%	22.7%
	$75,000-$99,999	197	14.4%	18.2%
	$100,000+	223	16.3%	24.9%
Employment status*	Employed	662	46.5%	64.7%
	Self-employed/farmer	152	10.7%	13.3%
	Unemployed	14	1.0%	1.1%
	Homemaker/stay at home parent	60	4.2%	5.1%
	Student	8	0.6%	2.0%
	Retired	624	43.9%	22.9%
	Unable to work	62	4.4%	3.7%

*Missing data not listed or included in calculated percents.

Appendix A

Calculated Variables

Variable	Description
Total servings of fruit eaten yesterday	Total servings of fruits eaten yesterday are derived by adding responses to the following questions: Q28. *How many servings of fruit did you have yesterday?* Q29. *How many servings of fruit juice did you have yesterday?*
Total servings of fruits and vegetables eaten yesterday	Total servings of fruits and vegetables eaten yesterday are derived by adding responses to the following questions: Q28. *How many servings of fruit did you have yesterday?* Q29. *How many servings of fruit juice did you have yesterday?* Q30. *How many servings of vegetables did you have yesterday?*
Smoking status	Smoking status is derived from the responses to: Q58. *Have you smoked at least 100 cigarettes in your entire life*? and Q59. *Do you now smoke cigarettes every day, some days or not at all?* Current smoker: a person who has smoked at least 100 cigarettes in his or her entire life and now smokes cigarettes every day or some days. Former smoker: a person who has smoked at least 100 cigarettes in his or her entire life but does not smoke now. Never smoked: a person who has smoked fewer than 100 cigarettes in his or her entire life.
Drinking behavior	Drinking behavior was derived from the responses to: Q65. *During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?* Q66. *During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?* Q67. *During the past 30 days, on the days when you drank, about many drinks did you drink on average?* No drinking: a person who has not had any alcoholic beverages in the last 30 days Drinking, not heavy: a person who has had at least one alcoholic beverage in the last 30 days and less than one drink per day if female and less than two drinks per day if male Heavy drinking: a female who has had on average one or more drinks per day for the last 30 days, or a male who has had on average two or more drinks per day for the last 30 days
Weight status according to Body Mass Index	Body Mass Index (BMI) is calculated from self-reported height (q74) and weight (q75) using the formula: BMI= (weight in kilograms)/(height in meters)^2 Classification of Weight status according to BMI: Not overweight: BMI<25.0 Overweight: BMI between 25.0 and 29.9 Obese: BMI≥30.0