ACTIVE LIVING IN MEEKER, McLEOD, AND SIBLEY COUNTIES

What adults are saying about priorities in their communities:

3 out of 4 believe lack of physical activity is a moderate or major concern in their county

56% believe kids being able to safely walk and bike to school is a moderate or major concern

Just over half believe lack of convenient and accessible parks, walking trails, and bike paths is a moderate or major concern

1/3 said they or members of their household are very likely to walk or bike more if safe walking/biking routes to schools were developed

How strong is community support for active living initiatives?

89% are supportive, or strongly supportive, of the development of more sidewalks and trails

90% are supportive, or strongly supportive, of adding bike lanes along streets

3 out of 4 believe lack of convenient and accessible parks, walking trails, and bike paths is a moderate or major concern

Just over half believe kids being able to safely walk and bike to school is a moderate or major concern

89% said they and/or members of their household are very likely to exercise more if these changes were implemented

Community support for actions that can improve walking and biking:

86% are supportive of replacing or improving existing paths or trails

9 out of 10 are supportive, or strongly supportive, of accommodating people walking and biking, as well as motorized vehicles, in future transportation projects

Access versus use of active living opportunities:

4 out of 10 Sibley residents report their community does not have walking trails, and close to half report their community does not have bike paths, shared use paths or bike lanes

This is in contrast to McLeod County where...

10% report not having these facilities in their community, and yet, significantly more residents report using them (53% use walking trails, 43% use biking facilities for McLeod residents vs 22% use walking trails, 12% use biking facilities for Sibley residents)

23% from the tri-county region believe poor sidewalk conditions are a moderate or serious concern

Use of walking trails in community:

6% Meeker 16% McLeod 28% Sibley

43% My community does not have this

Use of bicycle paths, shared use paths, or bike lanes in community:

29% Meeker 17% McLeod 10% Sibley

31% My community does not have this

Source: 2015 Meeker McLeod Sibley Community Health Opinion Survey

www.mmshealthycommunities.org