



Public Health
Prevent. Promote. Protect.

**Meeker McLeod Sibley
Community Health Services**

**2014 Community Health Survey Results
Hutchinson Area**



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Introduction

In 2009, Meeker McLeod Sibley Community Health Services (MMS) began receiving funding from the Minnesota Department of Health through the Statewide Health Improvement Program (SHIP). SHIP aims to improve the health of Minnesotans by reducing tobacco use and obesity through policy, systems and environmental change strategies. MMS has continued to receive funding through each subsequent funding cycle to date. In 2013-14, funds also became available through SHIP to conduct a community health survey to gather county level data from adults on behavioral health and overall health. This report contains the results from the first iteration of the survey. The survey will be repeated in future years to gather additional county-level and tri-county data and measure changes in health behaviors and overall health over time.

Survey Methodology

Survey Instrument

Staff from the public health agencies representing Meeker, McLeod and Sibley counties along with representatives from Hutchinson Hospital and Meeker Memorial Hospital developed the questions for the survey instrument with technical assistance from the Minnesota Department of Health Center for Health Statistics. Existing items from the Behavior Risk Factor Surveillance System (BRFSS) survey and from recent county-level surveys in Minnesota were used to design some of the items on the survey instrument. The survey was formatted by the survey vendor, Survey Systems, Inc. of New Brighton, MN, as a scannable, self-administered English-language questionnaire.

Survey Administration

An initial survey packet that included a cover letter, the survey instrument, and a postage-paid return envelope was mailed October 23-24, 2014 to 4500 sampled households (1500 from each county). Two weeks after the first survey packets were mailed (November 4), a reminder postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (November 17), another full survey packet was sent to all households that still had not returned the survey. The remaining completed surveys were received over the next six weeks, with the final date for the receipt of surveys being January 7, 2015.

Completed Surveys and Response Rate

Completed surveys were received from 1423 adult residents of the three counties; thus, the overall response rate was 31.6% (1423/4500). County-specific response rates can be found in the next section.

Data Entry and Weighting

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc.

To ensure that the survey results are representative of the adult population of each of the three counties, the data were weighted when analyzed. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household. The weighting also includes an adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult populations of the three counties according to U.S. Census Bureau 2010 estimates. This adjustment did not take place at the city/zip code level, therefore *results are not necessarily representative of the population at the city/zip code level*. Also, because there are not as many respondents for the Hutchinson zip code as there are for each county, the rates are less precise and should be interpreted with caution.

County	Completed Surveys
Meeker	492
McLeod	450
Sibley	481
Zip Code 55350	251

Reading the Data Tables

The tables are organized based on the order questions were asked in the actual survey. A subset of the survey questions are included in this report. Other questions may be available upon request although in some cases, the number of responses are too low to provide a rate estimate. The table headings contain the question as asked in the survey and the corresponding question number, except when the variable was calculated based on one or more survey questions. In these instances, it is noted in the table heading that the table variable is calculated.

Most tables include responses for one question. The response options for the questions are listed in the top row; however each option is not always included as a separate column in the table, sometimes they were combined. In addition to the overall weighted response percent for all three counties combined, each table contains results for Hutchinson.

All results reported in the tables are weighted percentages and are reported across the row (each row adds up to approximately 100% except when respondents were asked to check all that apply). Most questions were asked of all survey respondents but some were asked of a subset of the survey sample based on response to a previous question; these subsets are indicated in parentheses at the beginning of the table heading. Often the number of respondents for these variables is much smaller and can be compared by the *n* number reported at the top left corner of each table. This number indicates the actual number of survey respondents and is not weighted. Other variations in this number are due to respondents not answering all questions on the survey.

Results – Data Tables

1. In general, would you say that your health is excellent, very good, good, fair or poor?

n=236		Excellent	Very good	Good	Fair	Poor
Zip Code	55350	10.4%	47.7%	31.9%	9.1%	1.0%
County	Meeker	14.5%	39.3%	37.0%	8.5%	0.7%
	McLeod	7.8%	50.7%	31.6%	8.7%	1.3%
	Sibley	11.7%	44.4%	34.4%	8.6%	1.0%
All (3 counties combined)		10.7%	45.9%	33.8%	8.6%	1.0%

2a. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? High blood pressure/hypertension or pre-hypertension

n=251		No	Yes	Yes, but only during pregnancy
Zip Code	55350	66.2%	32.6%	1.2%
County	Meeker	63.2%	34.6%	2.3%
	McLeod	67.1%	31.4%	1.6%
	Sibley	62.2%	34.8%	3.0%
All (3 counties combined)		64.9%	33.1%	2.1%

2b. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Diabetes or pre-diabetes

n=251		No	Yes	Yes, but only during pregnancy
Zip Code	55350	81.9%	16.4%	1.7%
County	Meeker	81.5%	17.4%	1.1%
	McLeod	84.8%	14.0%	1.1%
	Sibley	82.9%	14.9%	2.2%
All (3 counties combined)		83.4%	15.3%	1.3%

2c. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Overweight

n=251		No	Yes
Zip Code	55350	69.9%	30.1%
County	Meeker	59.6%	40.4%
	McLeod	70.8%	29.2%
	Sibley	63.1%	36.9%
All (3 counties combined)		65.8%	34.2%

2d. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Cancer

n=251		No	Yes
Zip Code	55350	91.1%	8.9%
County	Meeker	93.6%	6.4%
	McLeod	91.8%	8.2%
	Sibley	89.9%	10.1%
All (3 counties combined)		91.9%	8.1%

2e. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Chronic lung disease

n=251		No	Yes
Zip Code	55350	95.7%	4.3%
County	Meeker	94.2%	5.8%
	McLeod	96.0%	4.0%
	Sibley	93.2%	6.8%
All (3 counties combined)		94.9%	5.1%

2f. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Heart trouble or angina

n=251		No	Yes
Zip Code	55350	94.2%	5.8%
County	Meeker	91.3%	8.7%
	McLeod	94.0%	6.0%
	Sibley	91.6%	8.4%
All (3 counties combined)		92.7%	7.3%

2g. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Stroke or stroke-related health problems

n=251		No	Yes
Zip Code	55350	98.4%	1.6%
County	Meeker	97.5%	2.5%
	McLeod	97.9%	2.1%
	Sibley	97.5%	2.5%
All (3 counties combined)		97.7%	2.3%

2h. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? High cholesterol or triglycerides

n=251		No	Yes
Zip Code	55350	71.0%	29.0%
County	Meeker	66.0%	34.0%
	McLeod	72.2%	27.8%
	Sibley	73.4%	26.6%
All (3 counties combined)		70.5%	29.5%

2i. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Arthritis

n=251		No	Yes
Zip Code	55350	78.9%	21.1%
County	Meeker	78.0%	22.0%
	McLeod	75.6%	24.4%
	Sibley	77.5%	22.5%
All (3 counties combined)		76.7%	23.3%

2j. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Depression

n=251		No	Yes
Zip Code	55350	80.9%	19.1%
County	Meeker	79.3%	20.7%
	McLeod	82.9%	17.1%
	Sibley	81.1%	18.9%
All (3 counties combined)		81.4%	18.6%

2k. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Anxiety or panic attacks

n=251		No	Yes
Zip Code	55350	87.6%	12.4%
County	Meeker	83.3%	16.7%
	McLeod	86.0%	14.0%
	Sibley	86.1%	13.9%
All (3 counties combined)		85.2%	14.8%

2l. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Other mental health problems

n=251		No	Yes
Zip Code	55350	99.0%	1.0%
County	Meeker	95.6%	4.4%
	McLeod	98.2%	1.8%
	Sibley	95.2%	4.8%
All (3 counties combined)		96.8%	3.2%

2m. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Obesity

n=251		No	Yes
Zip Code	55350	89.8%	10.2%
County	Meeker	86.0%	14.0%
	McLeod	89.0%	11.0%
	Sibley	86.8%	13.2%
All (3 counties combined)		87.6%	12.4%

2n. Have you ever been told by a doctor, nurse, or other health care professional that you had any of the following health conditions? Asthma

n=251		No	Yes
Zip Code	55350	88.1%	12.0%
County	Meeker	90.4%	9.6%
	McLeod	87.5%	12.5%
	Sibley	86.7%	13.3%
All (3 counties combined)		88.2%	11.8%

4a. When was the last time you had a flu shot?

n=246		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Zip Code	55350	49.7%	5.5%	7.3%	10.6%	27.0%
County	Meeker	52.3%	11.5%	5.6%	12.8%	17.8%
	McLeod	48.3%	5.9%	6.4%	12.0%	27.4%
	Sibley	54.7%	5.5%	8.0%	12.0%	19.8%
All (3 counties combined)		50.9%	7.6%	6.5%	12.2%	22.8%

4e. When was the last time you your blood pressure checked?

n=249		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Zip Code	55350	90.9%	8.0%	0.9%	0.2%	0.0%
County	Meeker	85.2%	10.5%	2.2%	1.8%	0.3%
	McLeod	89.2%	8.8%	1.0%	1.1%	0.0%
	Sibley	85.2%	8.8%	3.2%	1.8%	1.1%
All (3 counties combined)		87.1%	9.3%	1.8%	1.5%	0.3%

4f. When was the last time your cholesterol checked?

n=246		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Zip Code	55350	63.9%	17.9%	8.6%	3.0%	6.6%
County	Meeker	60.8%	13.5%	7.9%	5.2%	12.7%
	McLeod	63.7%	16.4%	7.4%	3.0%	9.6%
	Sibley	58.3%	14.5%	7.3%	5.7%	14.2%
All (3 counties combined)		61.7%	15.1%	7.5%	4.2%	11.5%

4g. When was the last time you your blood sugar checked?

n=244		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
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		year	2 years	5 years		
Zip Code	55350	58.6%	13.6%	8.0%	4.2%	15.7%
County	Meeker	59.7%	12.8%	8.7%	6.0%	12.8%
	McLeod	58.1%	13.7%	9.1%	5.1%	14.0%
	Sibley	56.0%	13.5%	7.5%	6.8%	16.2%
All (3 counties combined)		58.2%	13.4%	8.7%	5.7%	14.1%

4h. When was the last time you any screening for skin cancer?

n=238		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Zip Code	55350	15.8%	12.3%	10.2%	5.4%	56.2%
County	Meeker	19.5%	7.7%	6.6%	5.1%	61.2%
	McLeod	16.2%	11.2%	7.9%	7.5%	57.2%
	Sibley	17.3%	5.0%	10.7%	6.2%	60.8%
All (3 counties combined)		17.4%	8.8%	8.1%	6.5%	59.2%

4i. When was the last time you any screening for colon cancer?

n=243		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Zip Code	55350	11.8%	10.7%	8.7%	13.6%	55.2%
County	Meeker	17.6%	9.7%	16.1%	8.9%	47.7%
	McLeod	15.4%	9.2%	10.6%	12.8%	52.0%
	Sibley	14.6%	12.1%	14.2%	9.6%	49.6%
All (3 counties combined)		15.9%	10.0%	13.1%	10.9%	50.2%

4j. When was the last time you a prostate exam? (calculated for males only)

n=88		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Zip Code	55350	24.3%	12.3%	10.0%	9.3%	44.0%
County	Meeker	28.5%	9.5%	13.3%	6.8%	41.9%

	McLeod	26.5%	12.1%	7.2%	10.2%	44.2%
	Sibley	22.6%	11.5%	12.5%	11.0%	42.5%
All (3 counties combined)		26.3%	11.1%	10.2%	9.3%	43.1%

4k. When was the last time you a Pap test? (calculated for females only)

n=145		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Zip Code	55350	39.0%	23.8%	15.4%	17.6%	4.3%
County	Meeker	36.1%	27.4%	18.1%	16.1%	2.4%
	McLeod	43.7%	24.0%	12.6%	14.9%	4.8%
	Sibley	43.6%	22.7%	15.3%	14.1%	4.4%
All (3 counties combined)		41.4%	24.7%	14.8%	15.1%	4.0%

4l. When was the last time you a mammogram? (calculated for females only)

n=155		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Zip Code	55350	38.1%	12.0%	8.6%	6.4%	34.9%
County	Meeker	44.2%	11.8%	8.0%	6.1%	29.9%
	McLeod	43.2%	11.4%	8.2%	4.6%	32.7%
	Sibley	45.4%	11.9%	8.9%	6.8%	26.9%
All (3 counties combined)		44.0%	11.6%	8.3%	5.5%	30.6%

4m. When was the last time you had a general health exam?

n=247		Within the past year	Within the past 2 years	Within the past 5 years	5 years or more	Never
Zip Code	55350	65.7%	21.2%	9.2%	3.7%	0.3%
County	Meeker	61.0%	17.2%	12.4%	8.1%	1.4%
	McLeod	69.4%	19.0%	6.5%	3.7%	1.5%
	Sibley	67.9%	14.3%	8.5%	8.1%	1.1%
All (3 counties combined)		66.5%	17.5%	8.7%	6.0%	1.4%

14. How many days during the past 30 days was your mental health not good?

n=212		0 days	1-9 days	10-19 days	20-29 days	All 30 days
Zip Code	55350	49.7%	36.9%	7.6%	4.8%	1.1%
County	Meeker	50.9%	32.9%	10.2%	3.5%	2.5%
	McLeod	53.5%	35.9%	5.0%	4.2%	1.4%
	Sibley	59.2%	28.2%	7.4%	3.8%	1.3%
All (3 counties combined)		53.9%	33.4%	7.1%	3.9%	1.8%

15. During the past 12 months, did you talk with or seek help from a health professional about mental health issues such as stress, depression, excessive worrying, troubling thoughts or emotional problems?

n=239		Yes	No
Zip Code	55350	7.3%	92.7%
County	Meeker	13.2%	86.8%
	McLeod	10.0%	90.0%
	Sibley	8.0%	92.0%
All (3 counties combined)		10.6%	89.4%

22. Currently have health insurance

n=244		Currently uninsured	Currently insured
Zip Code	55350	0.2%	99.8%
County	Meeker	3.3%	96.7%
	McLeod	0.7%	99.3%
	Sibley	1.9%	98.1%
All (3 counties combined)		1.8%	98.2%

23-25. Total servings of fruits and vegetables eaten yesterday (calculated variable)

n=225		0 servings	1-2 servings	3-4 servings	5-9 servings	10 or more servings
Zip Code	55350	8.6%	25.7%	31.1%	31.0%	3.5%
County	Meeker	6.3%	26.6%	31.9%	30.7%	4.6%
	McLeod	8.4%	27.9%	27.3%	32.8%	3.7%
	Sibley	3.6%	31.2%	29.4%	33.2%	2.6%
All (3 counties combined)		6.7%	28.2%	29.2%	32.2%	3.7%

26a. During an average week, how many times do you do the following? Eat out or order out a meal from a fast food place

n=242		0 times	1-2 times	3-4 times	5-6 times	7 or more
Zip Code	55350	32.3%	50.1%	15.4%	2.2%	0.0%
County	Meeker	39.6%	51.0%	5.6%	3.8%	0.1%
	McLeod	44.6%	44.5%	9.2%	1.2%	0.6%
	Sibley	46.7%	46.8%	6.3%	0.3%	0.0%
All (3 counties combined)		43.5%	47.0%	7.5%	1.8%	0.3%

26b. During an average week, how many times do you do the following? Eat out at a restaurant that is not a fast food place

n=238		0 times	1-2 times	3-4 times	5-6 times	7 or more
Zip Code	55350	42.0%	53.4%	3.4%	1.3%	0.0%
County	Meeker	45.9%	49.8%	3.2%	1.0%	0.2%
	McLeod	42.7%	53.8%	1.8%	1.7%	0.0%
	Sibley	51.2%	44.0%	4.4%	0.3%	0.1%
All (3 counties combined)		45.5%	50.5%	2.8%	1.2%	0.1%

27a. During the growing season, how often do you or others in your household buy or get food from the following place? Farmer's market, fruit/vegetable stand

n=234		Never or less than 1 time /month	About one time / month	About 2-3 times / month	About 1 time / week	Two or more times / week
Zip Code	55350	38.3%	29.8%	17.7%	9.9%	4.4%
County	Meeker	44.7%	24.4%	18.4%	10.3%	2.2%
	McLeod	40.8%	28.4%	18.6%	8.4%	3.8%
	Sibley	45.1%	20.4%	17.6%	14.3%	2.6%
All (3 counties combined)		42.9%	25.5%	18.3%	10.2%	3.1%

27b. During the growing season, how often do you or others in your household buy or get food from the following places? Local farm or CSA

n=220		Never or less than 1 time /month	About one time / month	About 2-3 times / month	About 1 time / week	Two or more times / week
Zip Code	55350	81.9%	8.9%	1.8%	5.3%	2.2%
County	Meeker	77.6%	8.6%	9.0%	2.6%	2.2%
	McLeod	84.4%	7.4%	2.6%	3.4%	2.3%
	Sibley	81.0%	9.2%	4.6%	3.0%	2.2%
All (3 counties combined)		81.6%	8.2%	5.0%	3.0%	2.2%

27c. During the growing season, how often do you or others in your household buy or get food from the following places? Food grown at home or in a community garden

n=230		Never or less than 1 time /month	About one time / month	About 2-3 times / month	About 1 time / week	Two or more times / week
Zip Code	55350	51.9%	10.0%	9.8%	10.3%	18.0%
County	Meeker	36.5%	9.5%	12.2%	9.0%	32.9%
	McLeod	46.9%	8.5%	10.6%	10.6%	23.4%
	Sibley	26.7%	14.4%	11.3%	10.5%	37.1%
All (3 counties combined)		39.5%	10.0%	11.3%	10.1%	29.2%

28. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

n=250		Never	Rarely	Sometimes	Often
Zip Code	55350	79.3%	9.5%	7.4%	3.9%
County	Meeker	73.7%	14.1%	8.2%	4.0%
	McLeod	77.8%	11.5%	6.7%	4.1%
	Sibley	78.5%	8.5%	10.5%	2.4%
All (3 counties combined)		76.7%	11.7%	8.0%	3.7%

29. During the past 12 months, have you used a community food shelf program?

n=251		Yes	No
Zip Code	55350	10.4%	89.6%
County	Meeker	5.2%	94.9%
	McLeod	7.1%	92.9%
	Sibley	3.3%	96.8%
All (3 counties combined)		5.7%	94.3%

30. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

n=249		Yes	No
Zip Code	55350	84.2%	15.8%
County	Meeker	77.6%	22.4%
	McLeod	80.3%	19.7%
	Sibley	75.2%	24.8%
All (3 counties combined)		78.4%	21.6%

31. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity?

n=217		0-4 days	5-7 days
Zip Code	55350	77.7%	22.3%

County			
County	Meeker	74.6%	25.4%
	McLeod	76.6%	23.4%
	Sibley	76.5%	23.6%
All (3 counties combined)		76.0%	24.1%

32. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity?

n=215		0-2 days	3-7 days
Zip Code	55350	77.4%	22.6%
County	Meeker	73.5%	26.5%
	McLeod	77.2%	22.8%
	Sibley	70.5%	29.5%
All (3 counties combined)		74.6%	25.4%

33a. Please indicate whether you use the following resources and facilities in your community.
Walking trails

n=242		I use this	I do not use this	My community does not have this
Zip Code	55350	66.6%	32.7%	0.7%
County	Meeker	35.0%	48.5%	16.5%
	McLeod	53.5%	36.5%	10.0%
	Sibley	22.9%	38.4%	38.7%
All (3 counties combined)		41.3%	40.6%	18.1%

33b. Please indicate whether you use the following resources and facilities in your community.
Bicycle paths, shared use paths or bike lanes

n=243		I use this	I do not use this	My community does not have this
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Zip Code	55350	55.3%	44.1%	0.7%
County	Meeker	26.3%	56.2%	17.5%
	McLeod	43.3%	47.4%	9.3%
	Sibley	12.6%	42.3%	45.1%
All (3 counties combined)		31.6%	49.0%	19.4%

33d. Please indicate whether you use the following resources and facilities in your community.
Public recreation centers

n=240		I use this	I do not use this	My community does not have this
Zip Code	55350	34.3%	62.9%	2.8%
County	Meeker	12.3%	53.2%	34.5%
	McLeod	29.9%	59.6%	10.5%
	Sibley	10.5%	52.4%	37.1%
All (3 counties combined)		20.5%	56.2%	23.3%

33e. Please indicate whether you use the following resources and facilities in your community.
Parks, playgrounds or sports fields

n=236		I use this	I do not use this	My community does not have this
Zip Code	55350	52.7%	44.7%	2.7%
County	Meeker	40.0%	56.3%	3.7%
	McLeod	47.2%	49.8%	3.0%
	Sibley	37.4%	56.3%	6.3%
All (3 counties combined)		42.9%	53.2%	3.9%

33f. Please indicate whether you use the following resources and facilities in your community.
Schools, colleges or universities that are open for public use for exercise or physical activity

n=237		I use this	I do not use this	My community does not have this
Zip Code	55350	10.4%	66.9%	22.8%

County				
	Meeker	9.0%	71.9%	19.1%
	McLeod	13.5%	65.4%	21.1%
	Sibley	6.7%	61.8%	31.5%
All (3 counties combined)		10.7%	66.7%	22.7%

33g. Please indicate whether you use the following resources and facilities in your community. A shopping mall for physical activity or walking

n=240		I use this	I do not use this	My community does not have this
Zip Code	55350	20.5%	79.4%	0.1%
County	Meeker	10.5%	59.3%	30.2%
	McLeod	15.7%	66.9%	17.4%
	Sibley	10.6%	42.6%	46.9%
All (3 counties combined)		13.0%	59.4%	27.6%

33h. Please indicate whether you use the following resources and facilities in your community. Health club, fitness center, or gym

n=238		I use this	I do not use this	My community does not have this
Zip Code	55350	19.0%	78.8%	2.2%
County	Meeker	17.1%	72.1%	10.8%
	McLeod	15.5%	77.8%	6.7%
	Sibley	14.5%	63.8%	21.7%
All (3 counties combined)		15.8%	73.1%	11.1%

33j. Please indicate whether you use the following resources and facilities in your community. Physical activity classes or activities through Community Education

n=233		I use this	I do not use this	My community does not have this
Zip Code	55350	12.0%	87.8%	0.2%
County	Meeker	11.8%	83.5%	4.8%

	McLeod	11.2%	85.2%	3.6%
	Sibley	8.4%	80.8%	10.8%
All (3 counties combined)		10.7%	83.8%	5.5%

34. Overall, how would you rate your neighborhood as a place to walk?

n=250		Very pleasant	Somewhat pleasant	Not very pleasant	Not at all pleasant
Zip Code	55350	64.3%	33.0%	1.9%	0.8%
County	Meeker	50.9%	38.6%	7.9%	2.6%
	McLeod	58.8%	34.3%	4.9%	2.0%
	Sibley	51.3%	38.9%	7.1%	2.8%
All (3 counties combined)		54.8%	36.6%	6.3%	2.4%

37-38. Smoking status (calculated variable)

n=246		Current smoker	Former smoker	Never smoked
Zip Code	55350	17.5%	31.6%	50.9%
County	Meeker	15.5%	25.5%	59.0%
	McLeod	15.6%	29.3%	55.1%
	Sibley	10.1%	28.7%	61.3%
All (3 counties combined)		14.4%	28.0%	57.6%

43a. Cigar, cigarillo or little cigar smoking status

n=237		Non-smoker	Current smoker
Zip Code	55350	84.3%	15.7%
County	Meeker	91.4%	8.6%
	McLeod	87.6%	12.4%
	Sibley	91.2%	8.8%
All (3 counties combined)		89.5%	10.5%

43c. Smokeless (snuff, snus, or chewing tobacco) status

n=233		Non-user	Current user
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Zip Code	55350	92.5%	7.5%
County	Meeker	93.9%	6.1%
	McLeod	93.5%	6.5%
	Sibley	92.2%	7.8%
All (3 counties combined)		93.4%	6.6%

43d. E-cigarette status

n=234		Non-user	Current user
Zip Code	55350	96.7%	3.3%
County	Meeker	94.4%	5.6%
	McLeod	95.4%	4.6%
	Sibley	95.7%	4.3%
All (3 counties combined)		95.2%	4.8%

44. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

n=248		Yes	No
Zip Code	55350	73.8%	26.2%
County	Meeker	64.8%	35.2%
	McLeod	74.7%	25.3%
	Sibley	75.3%	24.7%
All (3 counties combined)		71.8%	28.2%

45-46. Drinking behavior (calculated variable)

n=248		No drinking	Drinking, not heavy	Heavy drinking
Zip Code	55350	26.2%	62.8%	11.0%
County	Meeker	35.2%	61.1%	3.7%
	McLeod	25.3%	64.3%	10.3%
	Sibley	24.7%	69.8%	5.5%
All (3 counties combined)		28.2%	64.5%	7.3%

47. Binge drinking

n=247		No drinking or no binge drinking	Any binge drinking*
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Zip Code	55350	61.8%	38.2%
County	Meeker	77.5%	22.5%
	McLeod	63.4%	36.6%
	Sibley	70.5%	29.6%
All (3 counties combined)		69.3%	30.7%

* Four or more drinks on any one occasion for females and five or more drinks on any one occasion for males

50a. (Of those who drive) When driving a car or other vehicle, how often do you read or send text messages?

n=217		Often	Sometimes	Never	I don't have a cell phone
Zip Code	55350	2.6%	30.6%	61.3%	5.6%
County	Meeker	1.2%	43.3%	52.1%	3.5%
	McLeod	2.2%	34.9%	57.5%	5.4%
	Sibley	4.4%	32.7%	58.1%	4.9%
All (3 counties combined)		2.3%	37.0%	55.9%	4.7%

50d. (Of those who drive) When driving a car or other vehicle, how often do you drive when you have perhaps had too much to drink?

n=219		Often	Sometimes	Never
Zip Code	55350	0.0%	16.1%	83.9%
County	Meeker	0.0%	5.0%	95.0%
	McLeod	0.0%	11.7%	88.3%
	Sibley	0.1%	7.5%	92.4%
All (3 counties combined)		0.0%	8.8%	91.2%

67-68. Weight status according to Body Mass Index (calculated variable)

n=235		Not overweight	Overweight	Obese
Zip Code	55350	24.8%	43.1%	32.1%
County	Meeker	25.2%	37.6%	37.2%
	McLeod	27.3%	42.2%	30.5%

Sibley	22.0%	42.6%	35.4%
All (3 counties combined)	25.5%	40.9%	33.6%

62-66, 70-71. Demographics

		Frequency	Unweighted percent	Weighted percent
Gender	Female	157	63.6%	48.4%
	Male	90	36.4%	51.6%
Age categories	18-34	26	10.5%	32.0%
	35-44	16	6.5%	14.9%
	45-54	40	16.2%	16.8%
	55-64	60	24.3%	15.6%
	65-74	56	22.7%	11.6%
	75+	49	19.8%	9.5%
Education	Less than high school	17	6.9%	3.6%
	High school diploma/GED	70	28.5%	16.5%
	Trade/Vocational school	41	16.7%	17.9%
	Some college	34	13.8%	13.7%
	Associates degree	23	9.4%	13.1%
	Bachelor's degree or higher	42	17.1%	24.7%
	Graduate/professional degree	19	7.7%	10.5%
Household income	Less than \$20,000	37	15.0%	7.1%
	\$20,000-\$34,999	40	16.2%	11.3%
	\$35,000-\$49,999	39	15.8%	18.7%
	\$50,000-\$74,999	50	20.2%	21.5%
	\$75,000-\$99,999	32	13.0%	14.8%
	\$100,000+	36	14.6%	23.6%
	Missing	13	5.3%	3.0%