

ACTIVE LIVING IN MEEKER, McLEOD, AND SIBLEY COUNTIES

What adults are saying about priorities in their communities:

3 out of 4

believe lack of physical activity is a moderate or major concern in their county



Just over half

believe lack of convenient and accessible parks, walking trails, and bike paths is a moderate or major concern



56%

believe kids being able to safely walk and bike to school is a moderate or major concern



1/3

said they or members of their household are **very likely to walk or bike more** if safe walking/biking routes to schools were developed

How strong is community support for active living initiatives?

89%

are supportive, or strongly supportive, of the development of more sidewalks and trails

39%

said they and/or members of their household are very likely to exercise more if these changes were implemented



9 out of 10

are supportive, or strongly supportive, of accommodating people walking and biking, as well as motorized vehicles, in future transportation projects

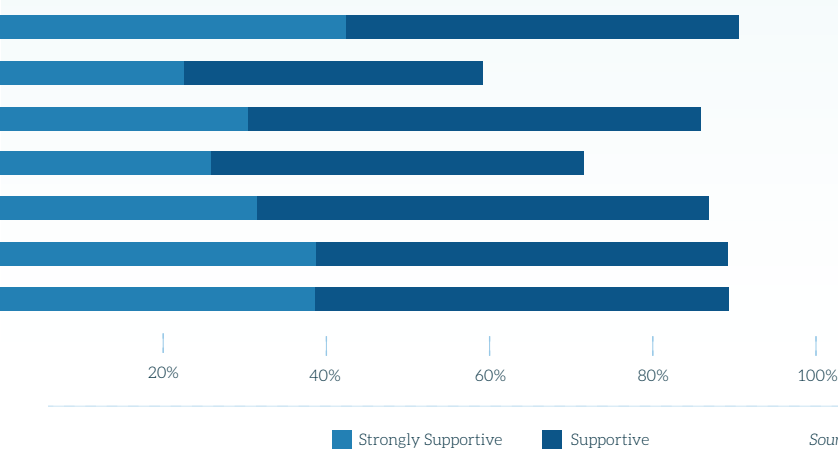
71%

are supportive, or strongly supportive, of adding bike lanes along streets

86%

are supportive of replacing or improving existing paths or trails

Community support for actions that can improve walking and biking:



- 90% Improving access to free or low-cost physical activity opportunities
- 59% Slowing motor vehicle traffic with signs or speed bumps
- 86% Replacing/improving existing paths or trails
- 71% Adding bike lanes along streets
- 87% Repair or widening of existing sidewalks
- 89% Development of more sidewalks or trails
- 90% Accommodating people walking/biking and motorized vehicles in transportation projects

Source: 2015 Meeker McLeod Sibley Community Health Opinion Survey

Access versus use of active living opportunities:

As shown in the charts to the right:



4 out of 10

Sibley residents report their community does not have walking trails, and close to half report their community does not have bicycle paths, shared use paths or bike lanes

This is in contrast to McLeod County where...

10%

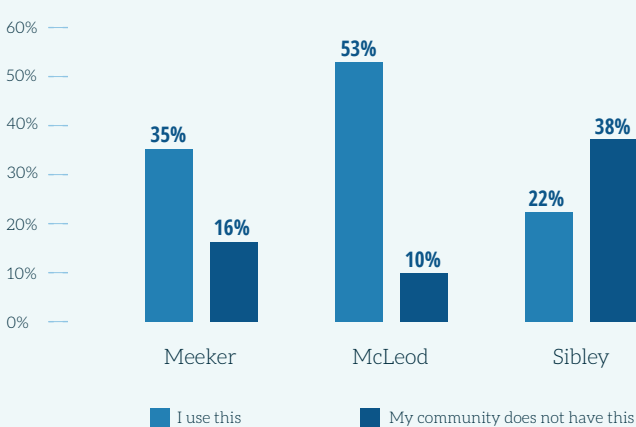
report not having these facilities in their community, and yet, significantly more residents report using them

(53% use walking trails, 43% use biking facilities for McLeod residents vs 22% use walking trails, 12% use biking facilities for Sibley residents)

23%

from the tri-county region believe poor sidewalk conditions are a moderate or serious concern

Use of walking trails in community:



Use of bicycle paths, shared use paths, or bike lanes in community:

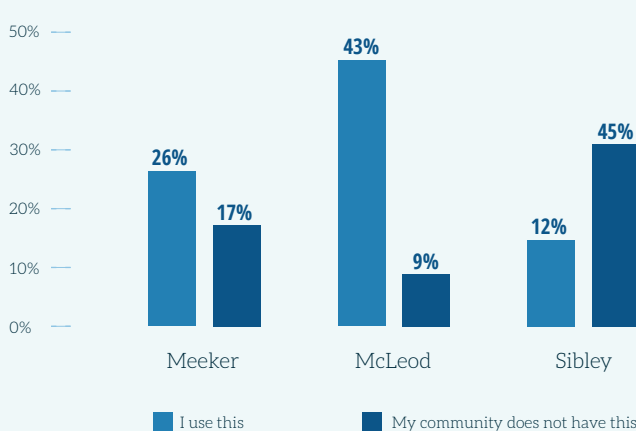


Chart Source: 2015 Meeker McLeod Sibley Community Health Survey