

# A Call for Community Action and Collaboration



Meeker, McLeod, Sibley  
*Healthy Communities*  
[www.mmshealthycommunities.org](http://www.mmshealthycommunities.org)

## Improving the Health of the Community

June 2<sup>nd</sup>, 2016

Hutchinson Event  
Center



**Welcome**



**“Healthy citizens are the  
greatest asset any country  
can have.”**

**Winston Churchill**

# Thank you to the planning committee!

**Glencoe Regional Hospital-** Jon Braband

**Hutchinson Health-** Dr. Steve Mulder and Amy Martin

**Meeker Memorial Hospital-** Lori Rice

**Ridgeview Sibley Medical Center-** Todd Sandberg

**Minnesota Department of Health-** Linda Bauck Todd,  
Sarah Smalls and Mia Robillos

**Meeker-McLeod-Sibley CHS-** Rhonda Buerkle, Allie  
Freidrichs

# Meeting Aims

Develop a shared vision of health in our community by:

**Expanding the understanding of what creates health**

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Develop a shared vision of health in our community by:

**Using population health data to inform a conversation about what we see and know about our community's health**

# Meeting Aims

Develop a shared vision of health in our community by:

**Begin articulating how we as a community partners all play a role in improving our community's health**

# What Creates Health

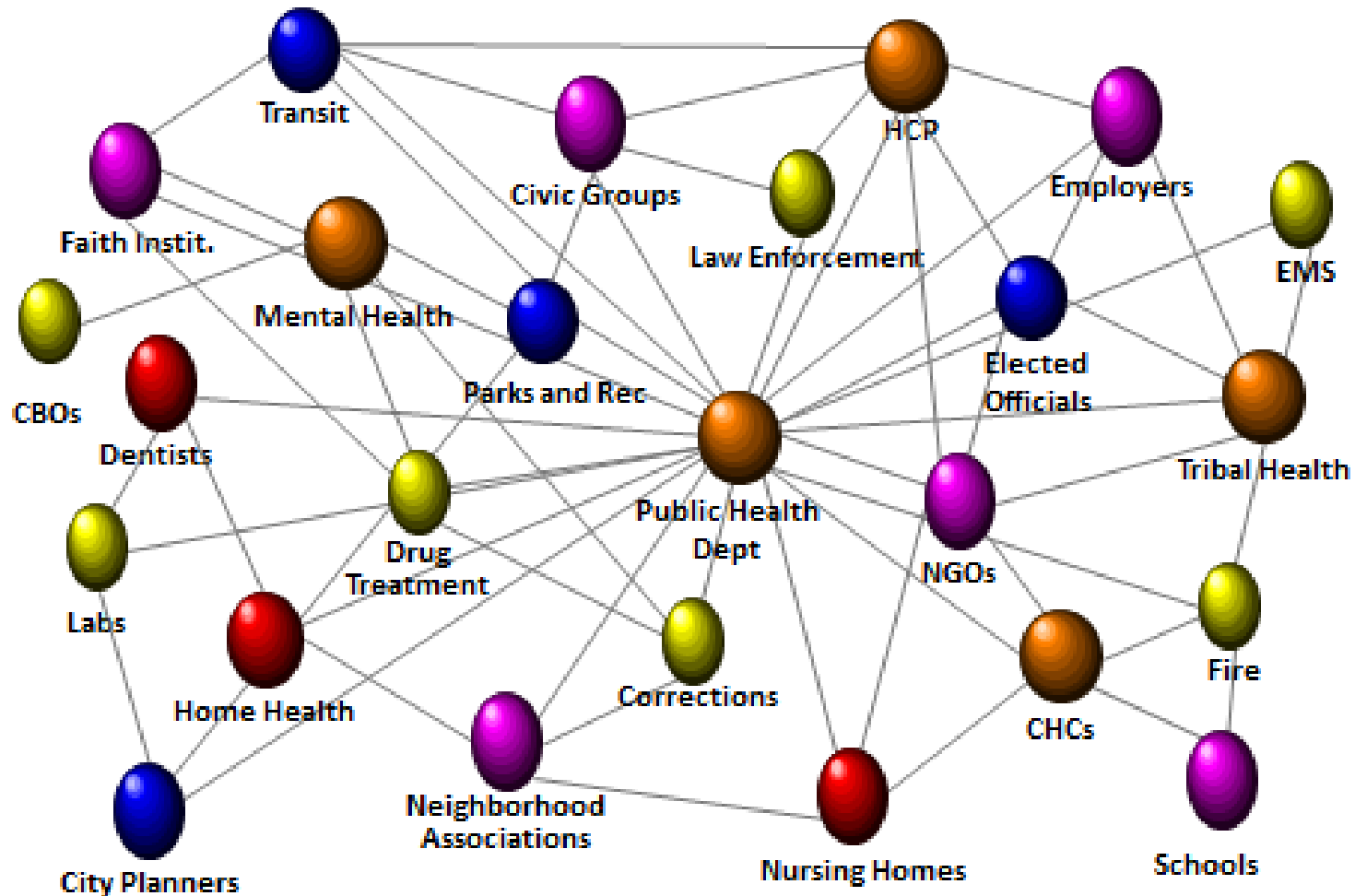


Who plays a role in building a healthy community?

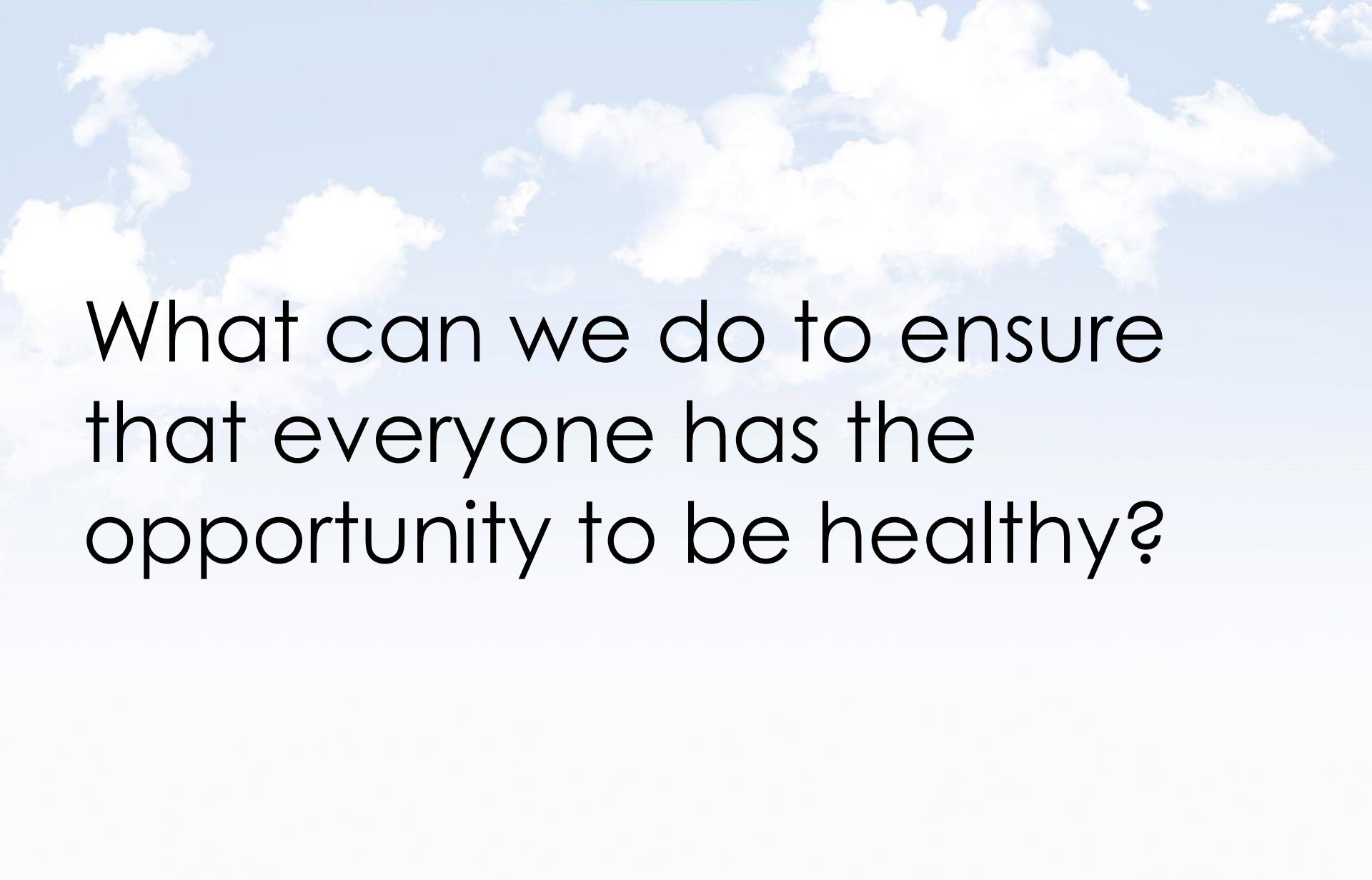


# What Creates Health

## Local Public Health System



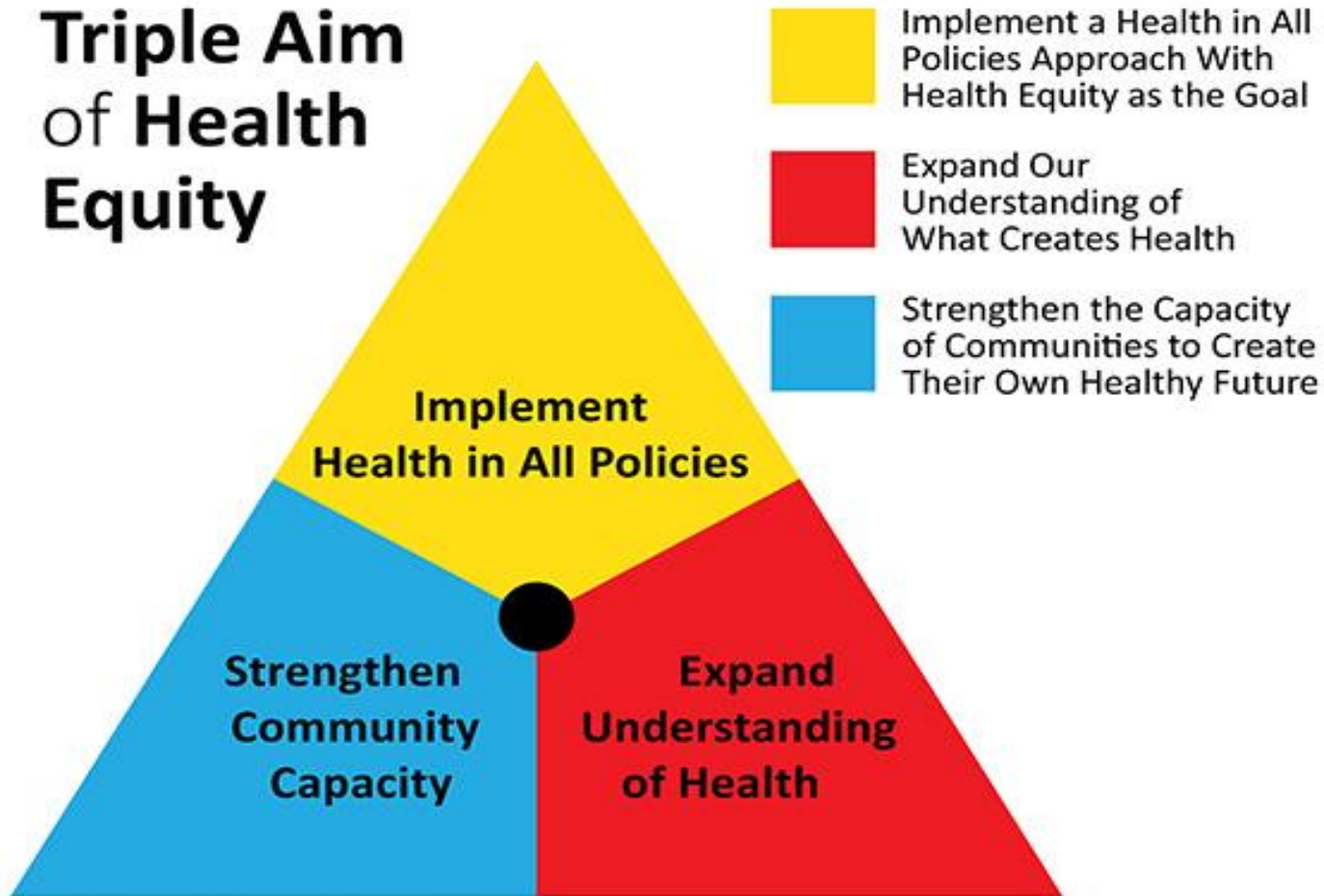
# What Creates Health



What can we do to ensure that everyone has the opportunity to be healthy?

# What Creates Health

## Triple Aim of Health Equity



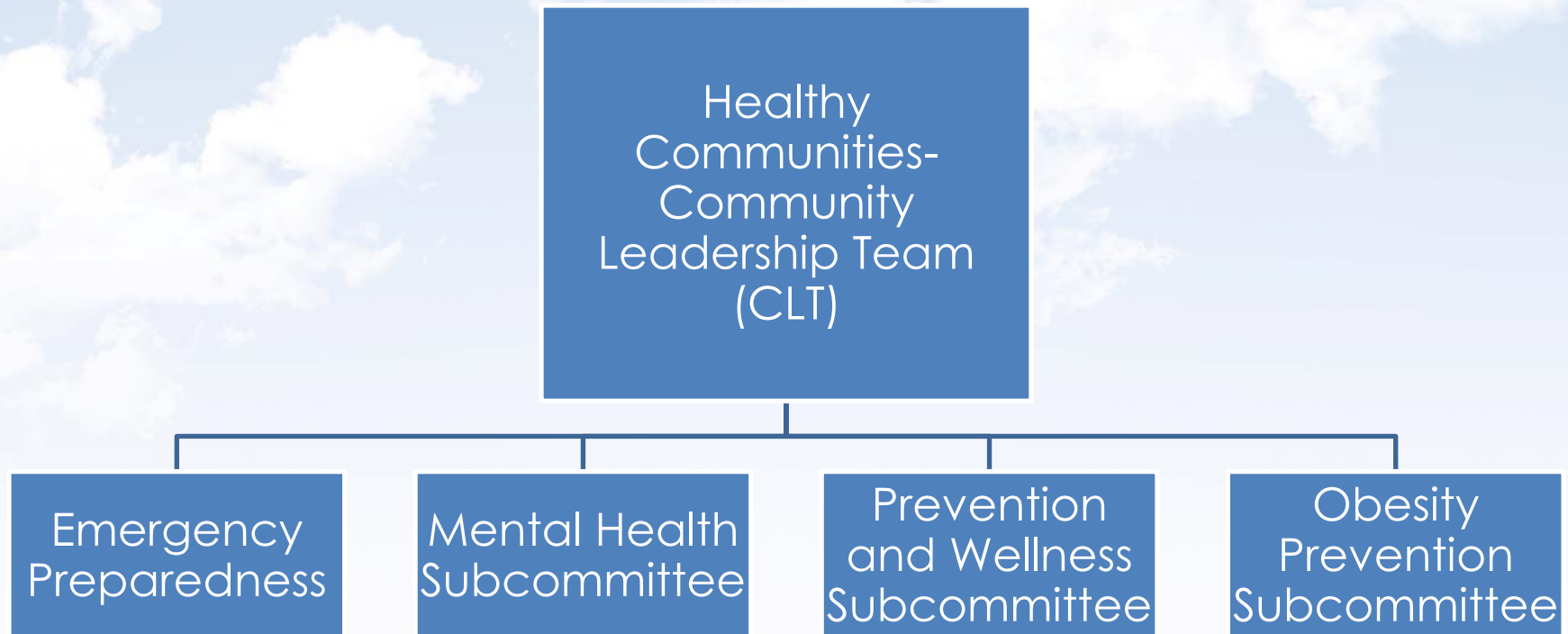
# How to Create Health and A Shared Vision



## Mobilizing for Action through Planning and Partnership (MAPP)

- Communities drive the process
- Provides a framework
- Strengthens local systems

# MMS Healthy Communities Collaborative



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Mental Health:

By 12/31/17, we will increase the number of Mental Health Referrals by 10% for persons in Meeker, McLeod, Sibley counties.

Successes: great partner engagement and enthusiasm, recently leveraged a grant for mental health training

Challenges: Difficult identifying data source to measure this objective.

Does it measure how “anyone is better off?”

# MMS Healthy Communities Collaborative

Obesity Prevention and Control:

Complete a pilot referral process between health care and community education organizations by April, 2016.

Successes: engagement of community education and health care, short-term measurable indicators, leveraged funding from CLT

Challenges: low referral and utilization rates, pilot timeline extended



# MMS Healthy Communities Collaborative

Prevention and Wellness:

By December 2017 will increase the number of cardiovascular disease screenings by 5% for men ages 50-65

Successes: able to identify heart disease

Challenges: difficult to identify measurable objective, broad issue, not enough data analysis, difficult to recruit community partners

# Population Data

New data sources:

- Meeker-McLeod-Sibley Community Health Survey 2014
- All Payer Claims Data Base Report
- Focus Groups Results

# Population Data

Organized by Categories:

- Who
- Behavior
- Access
- Outcomes

# Population Data

## Data Background

- Left column for MMS tri county area, except when not available
- Data is for 2014 or the most recent year available prior to 2014
- Data is from almost ten different sources, large portion from MMS community health survey and a large statewide survey
- Year available varies
- Frequency of data collection varies

# Population Data

## Data Analysis

Both state and local survey data analyzed to be representative of the entire population in each geography

- Margin of error
- Analyzed using STATA
- Minnesota Student Survey - almost a census

# Population Data

## Data Analysis

### Comparability

- Questions are sometimes asked differently between local and state survey
- Different data collection modes
- Minnesota Student Survey

# Population Data

## Data Analysis

- Additional demographic breakdowns, by county, age, gender, education level and income available
- Local survey underrepresents Hispanic/Latino population in tri-county area
- Data in surveys self-reported and therefore subject to some biases such as exaggerated response and inaccurate recall

# Highlights of Data Indicators

## Who

*Elderly dependency ratio 27.4%*

*Child dependency ratio 32.3%*

## Behavior

*Exercise habits 24.1%*

*Binge drinking 30.7%*

## Outcomes

*Overweight 74%*

*Mental health concerns 26.4%*



# Highlights of Data Indicators

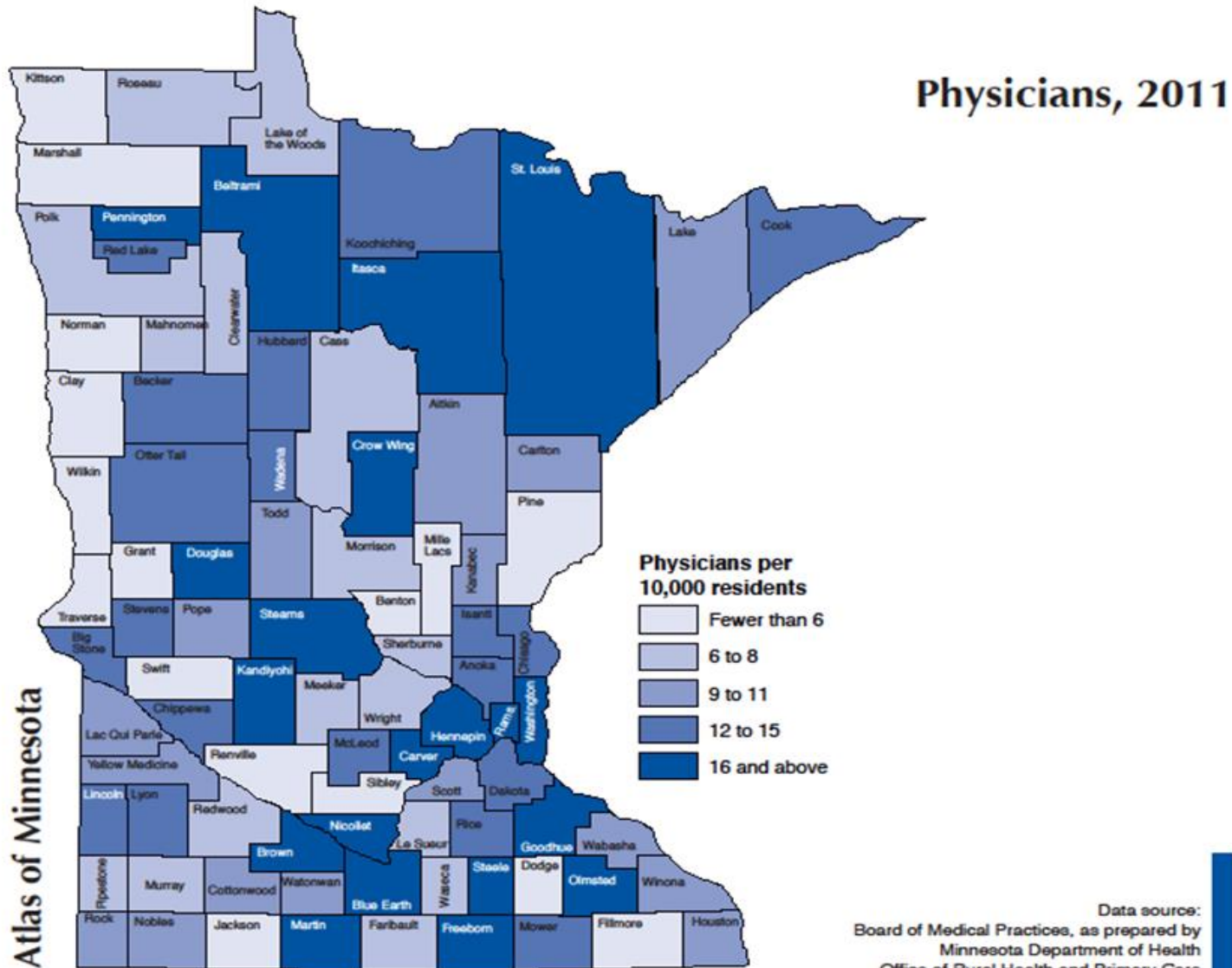
*Access (provider ratios)*

*Mental Health*

*Dental Health*

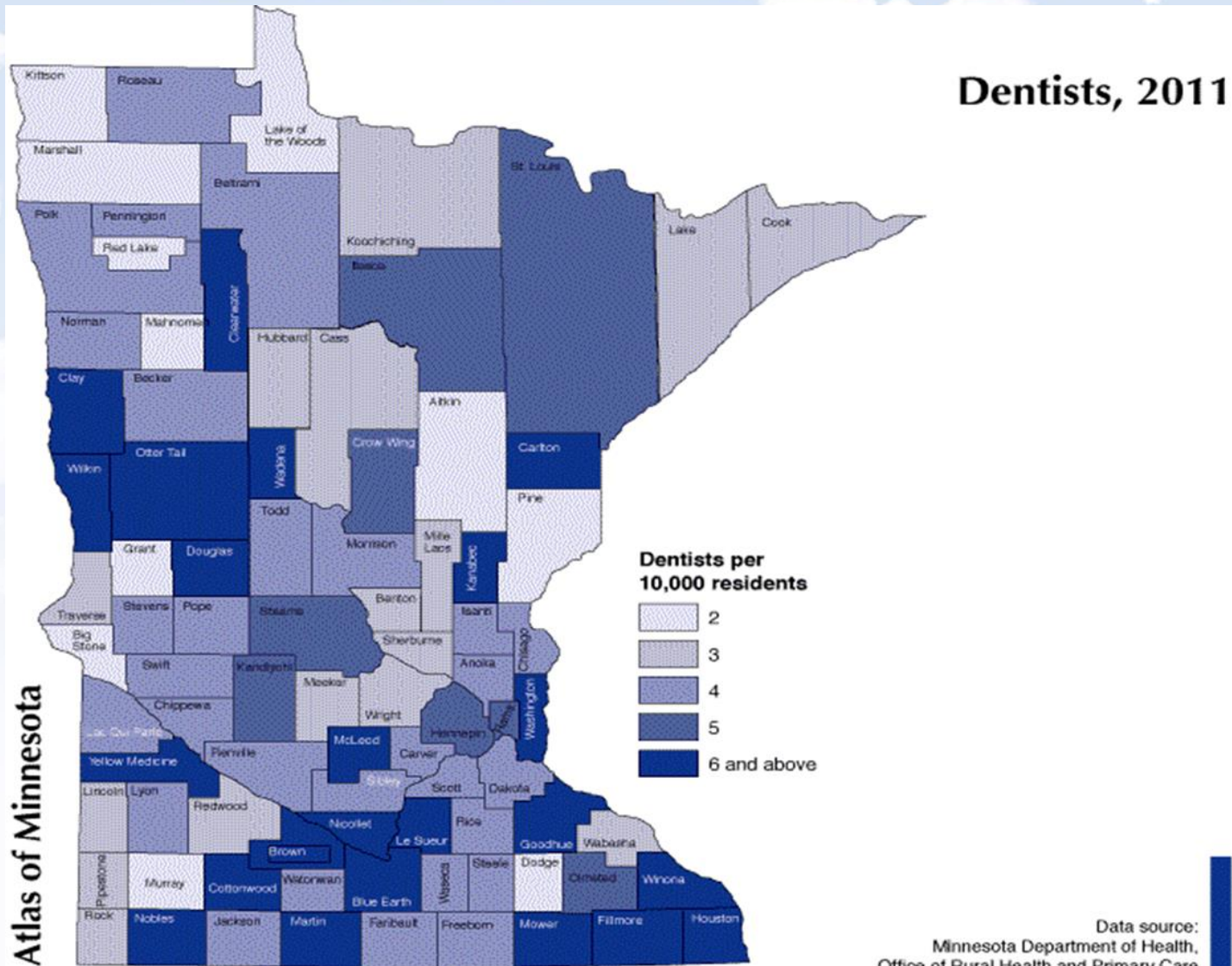
*Healthcare*

# Access to Health Care



Data source:  
Board of Medical Practices, as prepared by  
Minnesota Department of Health  
Office of Rural Health and Primary Care  
© Center for Rural Policy and Development

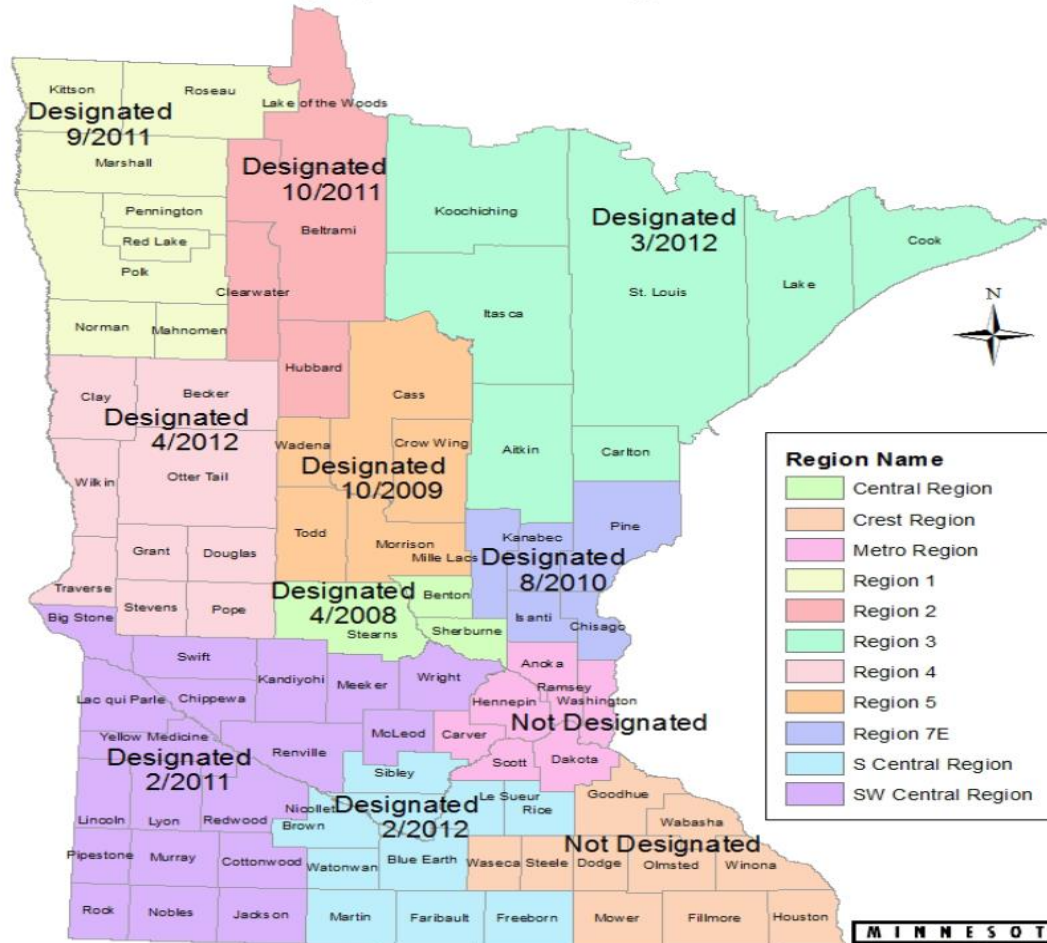
# Access to Health Care



Data source:  
Minnesota Department of Health,  
Office of Rural Health and Primary Care  
© Center for Rural Policy and Development

# Access to Health Care

MN Rational Service Areas - Mental Health  
Geographic HPSA Designations



Source: Minnesota Department of Health  
Office of Rural Health, Jan 2013  
HPSA designations 1\_2013.mxd

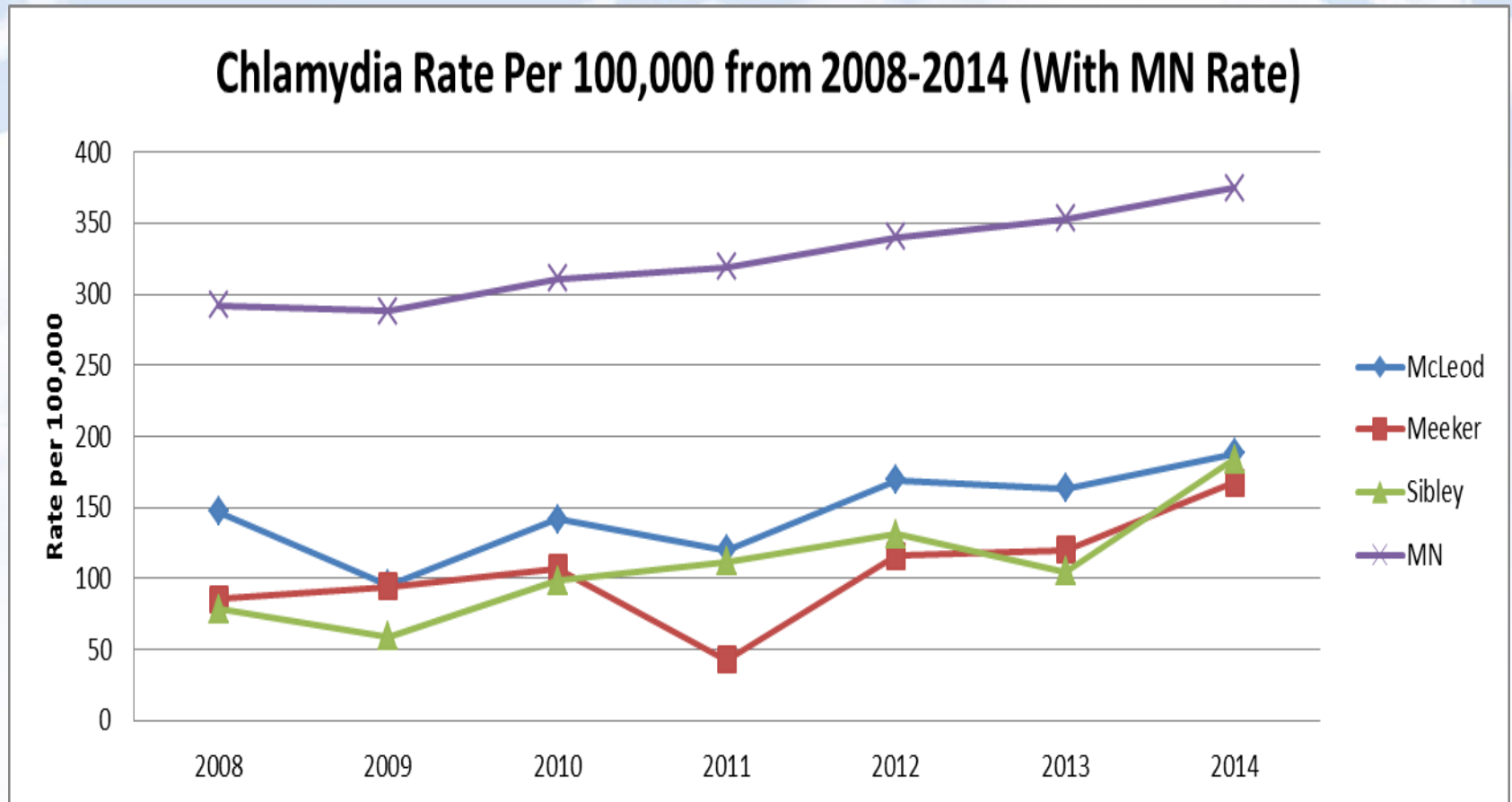


# Highlights of Data Indicators

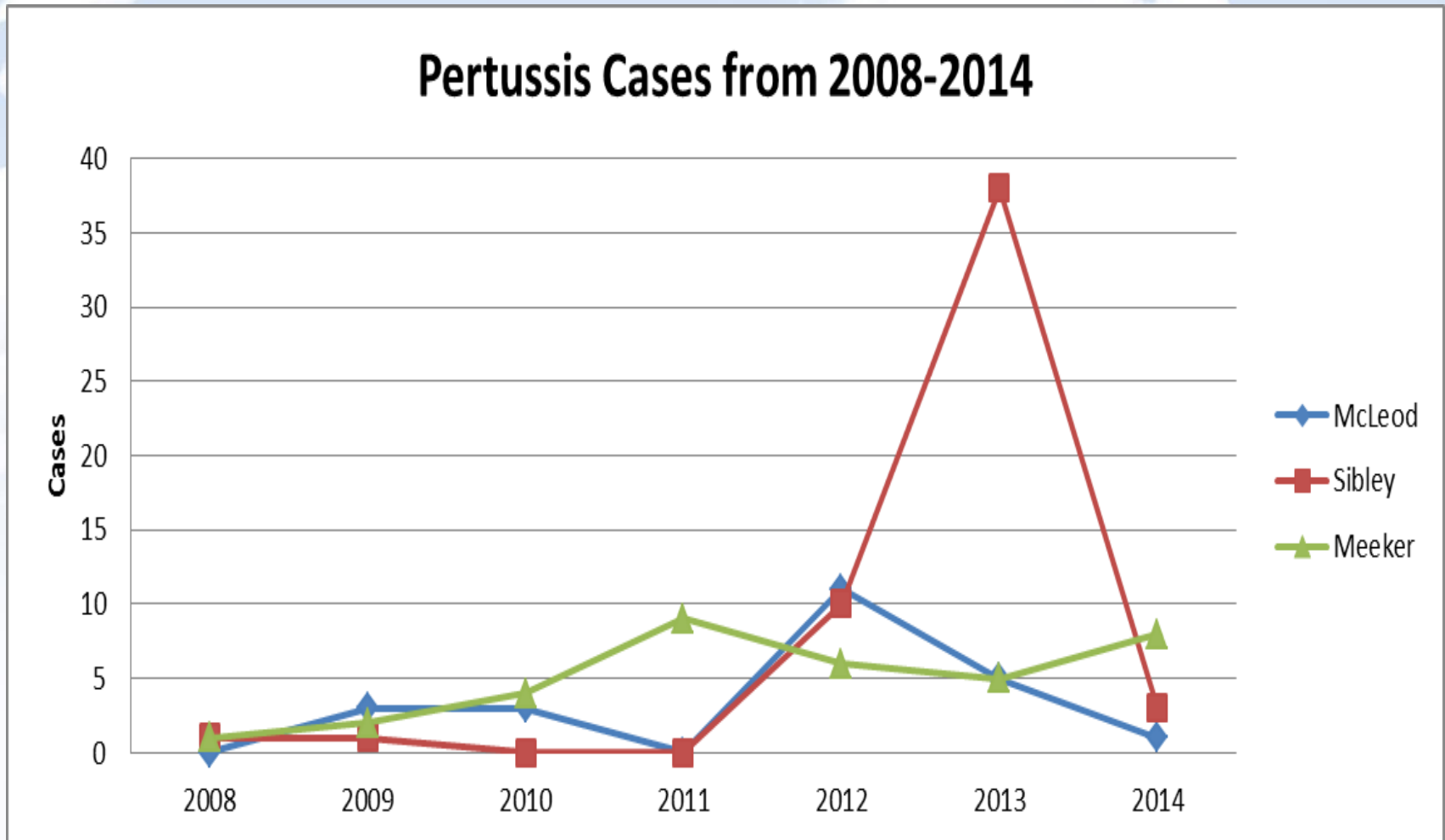
Other indicators of significance:

Diabetes	15.3%
Heart trouble	7.3%
High cholesterol	29.5%
Shingles Vaccine	17.3%

# Highlights of Data Indicators



# Highlights of Data Indicators



# Highlights of Data Indicators



Audience Participation





# Ice Breaker Activity



Considering all the data indicators, including those not presented, what would you prioritize as the top three health issues?

# World Café Activity

To create a collaborative dialogue around health issues facing our community

# Opportunities for improving the health of our community



# Next Steps

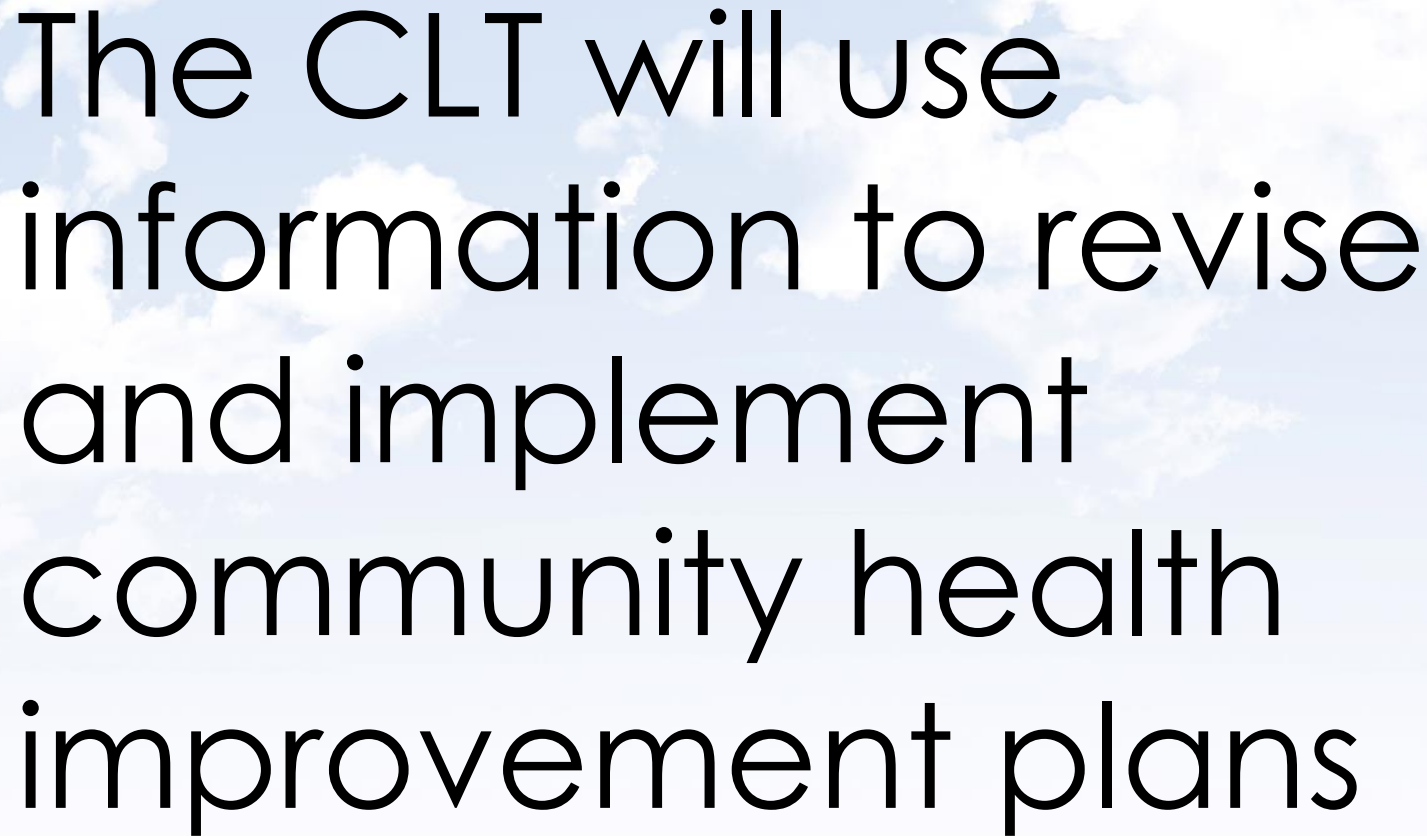


What next steps do we need to take to harness today's energy and move forward?

# Next Steps

A thick, solid green line that curves slightly downwards from left to right, separating the title from the main text.

The CLT will use  
information to revise  
and implement  
community health  
improvement plans

The background of the slide is a light blue sky with scattered white clouds. The text is centered and overlaid on this background.

# Next Steps

## Upcoming CLT Meetings:

August 3 <sup>rd</sup>	9:30-11:00
October 5 <sup>th</sup>	9:30-11:00*
November 2 <sup>nd</sup>	9:30-11:00

# Next Steps



How does your organization want to contribute to building a healthy community?





Thank you for your  
active participation!



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**Like Us on Facebook**

